



# The Upper Cumberland Shopper Inc.



**FREE**

"The Upper Cumberland's Marketplace since 1995"

Feb. 27 - March 12, 2026 • Vol. 32, No. 4

"Do not those who plot evil go astray? But those who plan what is good find love and faithfulness." Proverbs 14:22 (NIV)

## RITCHASON

AUCTIONEERS  
EST. 1989

LIVE ONSITE AUCTION  
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9 AM CT.



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MARCH 6TH!

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BUILT. TESTED. PERFECTED.



- Built for landscapers who demand maximum productivity, durability, and comfort on large-scale jobs
- 52", 61" and 72" deck options
- 38.5hp and 40-hp engine options



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#### MOYERS SUPPLY & REPAIR SERVICE

3757 BLACK BURN MT RD • SPARTA, TN 38583

931.738.9108

# EARLY SPRING 2-DAY EQUIPMENT AUCTION

1234 HWY 68, SWEETWATER, TN 37874

**LIVE AND ONLINE AUCTION**  
**DAY 1 – MARCH 11 • DAY 2 – MARCH 12**



**CALL NOW  
TO CONSIGN FOR  
THIS AUCTION!!**

**Check our website regularly for updates**

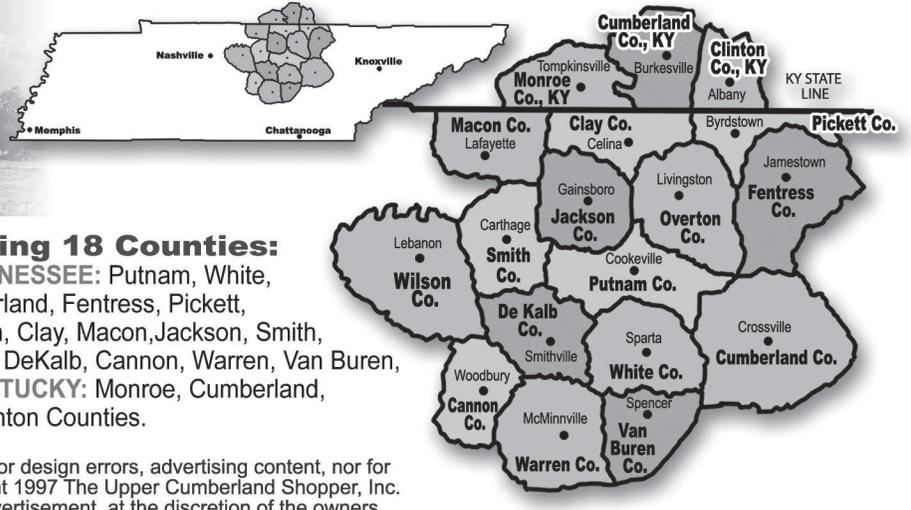
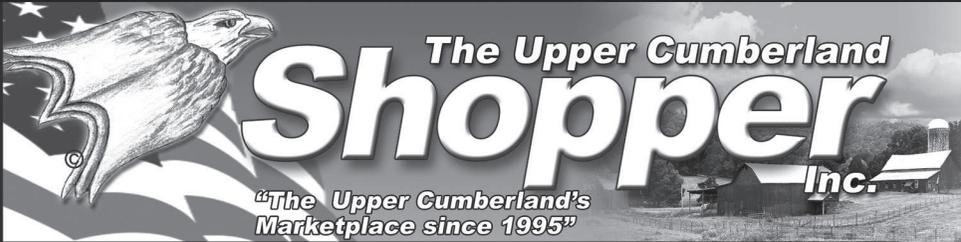
**LAST DAY TO  
CONSIGN IS FEB. 27**  
Accepting equipment M-F  
9am-5pm est.



**VISIT OUR WEBSITE FOR DETAILS**  
[www.EKAuctioneers.com](http://www.EKAuctioneers.com)  
Auction License: 5722 • 10% BP

**EK**  
**Auctioneers**  
[www.EKAuctioneers.com](http://www.EKAuctioneers.com)  
 1234 HWY 68, Sweetwater, TN 37886  
**865-607-6698**  
 Edward Knight, Auctioneer [ed@ekauctioneers.com](mailto:ed@ekauctioneers.com)

**Bid live On-Site or Simulcast Online at [www.EKAuctioneers.com](http://www.EKAuctioneers.com)**



**Advertising Information Can Be Obtained By:**

**Phone:** 931-372-9978 • **E-Mail:** theucshopper@gmail.com  
**Mail:** 3900 Clouse Drive, Cookeville, TN 38506  
**Classified Ads:** Form inside back cover of each issue

**Serving 18 Counties:**  
**IN TENNESSEE:** Putnam, White, Cumberland, Fentress, Pickett, Overton, Clay, Macon, Jackson, Smith, Wilson, DeKalb, Cannon, Warren, Van Buren,  
**IN KENTUCKY:** Monroe, Cumberland, and Clinton Counties.

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**The Breath of Life**

“Jesus told them another parable: “The kingdom of heaven is like a man who sowed good seed in his field. But while everyone was sleeping, his enemy came and sowed weeds among the wheat, and went away. When the wheat sprouted and formed heads, then the weeds also appeared. “The owner’s servants came to him and said, ‘Sir, didn’t you sow good seed in your field? Where then did the weeds come from?’ ““An enemy did this,’ he replied. “The servants asked him, ‘Do you want us to go and pull them up?’ ““No,’ he answered, ‘because while you are pulling the weeds, you may uproot the wheat with them. Let both grow together until the harvest. At that time I will tell the harvesters: First collect the weeds and tie them in bundles to be burned; then gather the wheat and bring it into my barn.”

Matthew 13: 24-30 (NIV)

**Community Events Calendar**



EMAIL: THEUCSHOPPER@GMAIL.COM FOR A FREE LISTING OF YOUR EVENT!

- ONGOING:** Heart of the Cumberland hosts support groups for those who have lody a love one. Visit our website at: heartofthecumberland.org
- Feb. 28 Chattanooga Ballet**  
**Location:** CPAC, 10 E. Broad St., Cookeville, TN.  
**Time:** 7:30 pm. Tickets available at the box office.
- Feb. 28 Race to Build Hope 2026 5K Race**  
**Location:** Overton County, TN. **Time:** Check in at 7 am - Race at 8 am. Support affordable housing in the Upper Cumberland and register early to guarantee you receive a swag bag. Early registration starts 2/28 and ends 3/5. Winners will receive a medal. Contact Putnam Habitat for more info.
- March 21 Cookeville's Largest Yardsale**  
**Location:** Putnam Co. Fairgrounds, Cookeville, TN.  
**Time:** 9 am - 4 pm. Three massive events this year with March 21st being the first date. Diverse vendors selling furniture, tools, vintage items, clothing and more.
- March 28 Cumberland Tulip Festival**  
**Location:** 3520 Gainesboro Grade, Cookeville, TN. **Time:** 9 am - 5 pm. Celebrate the season of color, sunshine, and blooms hosted at Little Creek Farms.
- March 7 Art Madness**  
sponsored by Cookeville Art Studio  
**Location:** 186 S. Walnut Ave. Suite A, Cookeville, TN.  
**Time:** 10 am - 12 noon. Cost is \$20 for 2 hours and includes all supplies. For info & to register call 931-526-2424.
- March 11 Co-Ed Darts League Night**  
**Location:** Stix Billiards & Lounge,
- Feb. 28 4th Annual Cookeville Chocolate Festival**  
**Location:** Jaimie's Eats and Sweets, 50 W. Broad St., Cookeville, TN.  
**Time:** 7th: 10 am 28th: 4 pm. Explore Cookeville's Historic Westside and all that it has to offer! Grab a \$5 map and explore the listed businesses to unlock exclusive discounts.
- Feb. 28 Free Food Giveaway**  
for Veterans every Sat. from 5:00 am until it's all gone. At Uncle Pete's Restaurant. 1210 Sparta Pike, Lebanon, TN.
- Feb. 28 Coffee with a Vet:** everyone is welcome to come have coffee with a vet every Thursday morning at Big I's Donuts at 8 am. All veterans are welcome. For info contact Rich Buford at 360-393-1147.

**MILLER CONCRETE & MASONRY**

Stamped Concrete, Sidewalks, Veneer Stone, and Much More



Serving The Entire Upper Cumberland Region

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**931-206-4029**

The Shopper Calender Alert: Sunday, March 8<sup>th</sup>



**THE KID'S CLOSET**  
HUGE Selection of Quality Kids Clothes, Toys, Accessories, & More at Low, Affordable Prices

**\$SAVE BIG Here!**  
We Also Buy Gently Loved Items

Hours: Mon.-Fri. 9am - 6pm • Sat. 9am-4pm • Closed Sunday

205 S. Church St. Livingston, TN  
931-397-4364 • thekidscloset2024@gmail.com

find us on Facebook



# ABSOLUTE AUCTION

295 ROCKBRIDGE SCHOOL ROAD  
TOMPKINSVILLE, KY  
LIVE AND ONLINE BIDDING AVAILABLE  
AT RSMILLSAUCTIONS.COM

MARCH  
SATURDAY  
14<sup>TH</sup>  
9:00 AM



FOR MORE INFO CALL AUCTIONEER : RUSSELL MILLS 270-237-7625

OVER 600+  
LOTS

TRACTORS - TRAILERS - FARM MACHINERY  
PROJECT & PARTS TRACTORS  
FARM EQUIPMENT PARTS - TRUCKS - JEEP  
FOR COMPLETE LIST OF ITEMS VISIT OUR WEBSITE



ALL BIDDERS MUST REGISTER  
WITH PHOTO ID.  
10% BUYERS PREMIUM ON SITE,  
PAYMENT IN FULL DAY OF AUCTION  
WITH CASH OR CHECK.  
ALL PERSONAL PROPERTY SOLD  
AS IS WHERE IS WITH NO  
WARRANTY EXPRESSED OR  
IMPLIED.  
ALL ANNOUNCEMENTS MADE DAY  
OF AUCTION TAKE PRECEDENCE  
OVER ALL ADVERTISEMENTS.  
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## MILLS REAL ESTATE & AUCTION CO. LLC

SCOTTSVILLE - GLASGOW - TOMPKINSVILLE - BOWLING GREEN

Russell Mills Auctioneer 270-237-7625 Sandy Mills Broker 270-618-9560

270-618-7800

A COMPANY YOU CAN TRUST, WITH PROVEN RESULTS

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# Multiple Estates Online Auction

BIDDING OPEN SUNDAY FEB. 15<sup>TH</sup> — THURS. MARCH 5



MikeWalkerAuctions.com



**WALKER** 15% Buyer's Premium  
AUCTION & REALTY, LLC 615-308-9009  
Mike Walker Principal Auctioneer #2361 / Cynthia Walker Auctioneer #7007

POWERED BY **Walker Auctions**  
SOLD IN ONE HOUR

The Shopper Calender Alert  
Sunday, March 8<sup>th</sup>



• AHF PRODUCTS •  
**CROSSVILLE TILE OUTLET**  
Manufacturer's Quality Seconds

Great Selection at BIG SAVINGS	First Grade & Quality Factory Seconds
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ELEVATE YOUR SPACE

MON-SAT 8AM-4PM • 931-484-4248  
297 SWEENEY DR. CROSSVILLE, TN  
(I-40, EXIT 320)

**BLUE GRASS** BLUEGRASS STOCKYARDS OF ALBANY, LLC

Get top prices for your livestock. Call us today about our BG beef value added programs. We are happy to come visit your farms and talk about getting the most money for your cattle, whether you have 1 head or 1,000.

RANDALL CYPHERS - 270.459.0369  
PAUL PARMLEY - 606.307.3535  
RONNIE VITATOE - 931.397.7964  
GALEN RICHARDSON - 606.307.3717  
KELBY GRAVES - 270.427.0754

Sales every Wednesday at 9:30 CST

Jeffery Cyphers (Cell) 270.459.1193 • Brittany Elder (Office) 606.387.4681

1274 Hwy. 90 West Albany, KY 42602 **www.bgstockyards.com**  
606.387.4681

MACON COUNTY FAIRGROUNDS • LAFAYETTE, TENNESSEE

# ESTATE AUCTION

SALLY WELLS BUILDING  
BID ON-SITE OR ON-LINE

ALL DAY SALE  
LIFETIME COLLECTION

KNIVES / KNIVES / KNIVES (FIGHTIN ROOSTER. CASE XX & OTHERS GUNS (LONG GUNS - PISTOLS / SMITH & WESSON, COLT, WINCHESTER & OTHERS)

LOTS OF AMMO PLUS OTHER MILITARY RELATED ITEMS WE HAVE OVER 1,000 ITEMS TO SELL @ THE

MR. JAMES "FAT DADDY" GENTRY ESTATE AUCTION

**THIS IS AN ON-LINE / ON-SITE AUCTION**  
BID ON-LINE @ [WWW.BENBRAYREALESTATE.COM](http://WWW.BENBRAYREALESTATE.COM)

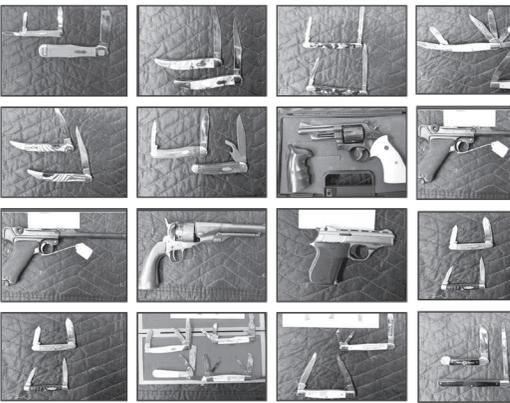
BEGINNING FRIDAY, FEBRUARY 20 OR ATTEND THE ON-SITE AUCTION

**SAT., MARCH 7, 8:00 A.M.(C.S.T.)**

ON-SITE AUCTION LOCATION: MACON COUNTY FAIRGROUNDS, SALLY WELLS BUILDING, RUSSELL DRIVE, LAFAYETTE, TN 37083

**DIRECTIONS TO AUCTION SITE:** Travel Hwy. 52 By-Pass W. to red light and Old Hwy. 52; left onto Old Hwy. 52, left onto Russell Drive to Sally Wells Building and the Macon County Fairgrounds.

**KNIVES • KNIVES • KNIVES:** (Approx. 1000 Knives) including a large Fightin Rooster collection (stags & pearl) plus Case XX and others, including several military knives.  
**GUNS:** (Approx. 125 Long Guns & Pistols) including Smith & Wesson, Colt, Remington, Winchester and several military rifles.  
**AMMO:** Lots of ammo, various calibers & gauges. **GUNS:** (Approx. 125 Long Guns & Pistols) including Smith & Wesson, Colt, Remington, Winchester and several military rifles.  
**SELLER:** Mr. James "Fat Daddy" Gentry Estate.  
**TERMS:** Cash or good check (positive ID required).  
**BUYERS PREMIUM:** 10% Buyers Premium added to final bid to establish purchase price.  
**AUCTION AGENT:** Ben Bray 615-666-2232.



Information in this ad is believed to be correct but not warranted. Any announcement made day of sale takes precedence over all other advertising.

**Better Homes and Gardens**  
REAL ESTATE

**BEN BRAY & ASSOCIATES**

PRIVATE SALES AND AUCTIONS

672 Hwy. 52 By-Pass W. • Lafayette, TN 37083 • (615) 666-2232  
125 E. Prince St., Suite 102 • Gallatin, TN 37066 • (615) 899-6089  
BEN BRAY, AUCTIONEER - Lic. #4817, Broker Lic. #262922  
Auction Firm Lic. #194 • Real Estate Lic. #250140  
Ky. Lic. #7189 • Ky. Real Estate Lic. #24023  
[www.benbrayrealestate.com](http://www.benbrayrealestate.com)

**AGENTS**  
Landon Colter ..... 615-633-5378  
Nick Hill ..... 615-388-1186  
Jennifer Sullivan ..... 615-476-2062  
Danielle Eldridge ..... 615-489-7865  
Whitney Shrum ..... 615-489-6821  
Kyle Woodard ..... 615-388-7715  
Jennifer West ..... 615-830-4956  
A.J. Holiday ..... 615-578-0465  
Danya Cox ..... 615-655-4196  
Karen Burrow ..... 615-948-5973  
Stephanie Gray ..... 615-651-9471  
Devin Shrum ..... 615-670-3522  
Blaine Higgins ..... 615-561-8567  
Greg Russell ..... 615-655-4368  
Trevor Swindle ..... 615-670-4724  
Bryce Nichols ..... 615-670-8525

10820 BUGTUSSLE ROAD • FOUNTAIN RUN, KY

# ABSOLUTE AUCTION

EXCELLENT FARMLAND  
CREEK FRONTAGE

HOUSE & TOOL SHED  
SOME OF MONROE COUNTY'S BEST

213.76 ACRES / 14 TRACTS • 6000' ROAD FRONTAGE  
CREEK FRONTAGE • 3 BR / 2 BATH MFG. HOME  
TOOL SHED • CHICKEN COOP

"EXCELLENT FARM W/CROPLAND / GRASSLAND / WOODLAND"

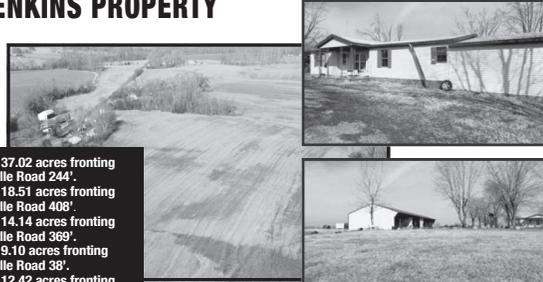
JENKINS PROPERTY

**SAT., MARCH 14**  
**10:00 A.M. (C.S.T.)**

LOCATION: 10820 BUGTUSSLE ROAD  
FOUNTAIN RUN, KENTUCKY

**DIRECTIONS FROM FOUNTAIN RUN:** Travel Hwy. #87 (Akersville Road) to the Akersville Community, left onto Bugtussle Road to property and sale site. **DIRECTIONS FROM GALLATIN:** Travel Hwy. #382 (Bugtussle Road) to TNKY state line and Bugtussle Road, right onto Bugtussle Road to property and sale site. **DIRECTIONS FROM LAFAYETTE:** Travel Akersville Road crossing into Kentucky to the Akersville Community, right onto Bugtussle Road to property and sale site (signs posted).  
**REAL ESTATE:** Ladies and gentlemen, 213.76 Super Choice Acres of Excellent Farmland that offers a good combination of cropland, grassland and woodland. It also has an abundant water supply with frontage along Barren River plus utility water along Bugtussle Road and Akersville Road. Other improvements include a 3 BR/2 bath mfg. home, 40x150 tool shed and chicken coop. This farm has over 6000' of road frontage along Bugtussle Road and Akersville Road that has been surveyed, platted and staked to be SOLD in (14) Tracts.

**TRACT #1:** 37.02 acres fronting Akersville Road 244'.  
**TRACT #2:** 18.51 acres fronting Akersville Road 408'.  
**TRACT #3:** 14.14 acres fronting Akersville Road 369'.  
**TRACT #4:** 9.10 acres fronting Akersville Road 30'.  
**TRACT #5:** 12.42 acres fronting Akersville Road & Bugtussle Road 590'.  
**TRACT #6:** 7.46 acres fronting Bugtussle Road 696'.  
**TRACT #7:** 31.60 acres fronting Bugtussle Road 503'.  
**TRACT #8:** 27.22 acres fronting Bugtussle Road 780'.  
**TRACT #9:** 8.84 acres fronting Bugtussle Road 419'.  
**TRACT #10:** 25.61 acres fronting Bugtussle Road 277'.  
**TRACT #11:** 2.77 acres fronting Bugtussle Road 507'. This tract improved w/a 3 BR/2 bath mfg. home, 40x150' tool shed and chicken coop.  
**TRACT #12:** 4.08 acres fronting Bugtussle Road 371'.  
**TRACT #13:** 4.57 acres fronting Bugtussle Road 452'.  
**TRACT #14:** 4.42 acres fronting Bugtussle Road 489'.



**SELLER:** Brent & Margaret Jenkins.  
**TERMS:** 10% (non-refundable) deposit down day of sale and balance with the deed or Macon Bank & Trust is offering non-qualifying terms by paying a total of 20% down and financing the remaining 80% payable monthly @ 9% locked for 36 months and amortized up to a 20 year repayment plan depending on the amount of your purchase. These terms are available on all tracts except Tract 11 (house tract). Questions on bank terms, call Macon Bank & Trust @ 615-666-2121.  
**BUYERS PREMIUM:** 5% Buyers Premium added to bid to establish final purchase price.  
**AUCTION AGENT:** Ben Bray 615-666-2232.  
**NOTE FROM AGENT:** Opportunity is Knocking...this could be an once in a lifetime opportunity! Selling @ Absolute Auction is 213 Super Choice acres offering some of Monroe Co., KY best farmland... cropland, grassland and woodland; 3 BR/2 bath mfg. home, tool shed & chicken coop plus Barren River frontage. Mark your calendar and make your plans, we will see you @ the auction!

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REAL ESTATE

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Blaine Higgins ..... 615-561-8567  
Greg Russell ..... 615-655-4368  
Trevor Swindle ..... 615-670-4724  
Bryce Nichols ..... 615-670-8525

The world is changed by your example, not by your opinion.  
- Anonymous

A key ring is a handy little gadget that allows you to lose all your keys at once. - Anonymous

## SOMETHING TO SELL?

**The Shopper CLASSIFIEDS** has your buyers!

Classified Form is inside the back cover

Ph. 931-372-9978

[theucshopper@gmail.com](mailto:theucshopper@gmail.com)

Large Circulation - 14,000 Copies • Affordable Rates • \$4 for 4 weeks coverage

## ANIMALS

Come meet some great Forever Friends that need Homes at the Putnam Co. Animal Shelter located at: 2600 Gainesboro Grade, Cookeville, TN Call 931-526-364 for hours and make sure to bring pet id# with you. **Miami:** female, Pit Bull /German Shepherd mix dog, puppy. **Eddie:** male, orange, domestic medium hair mix cat, 5 years old. **Pixie:** female, Tabby domestic shorthair mix cat, 1 years old. **Regiff:** male, English Pointer mix dog, 3 years old. Make room for a sweet companion!

*Puppy & Kitten season is upon us and our shelters are FULL. Please remember to Spay & Neuter your pets.*

**Macon Spay Neuter Assistance.** We offer Affordable High-Quality Spay & Neuter Services with Bi-Monthly Transports. **Greatly reduced rates.** Call 615-670-0448 for appointment. [www.ms-na.org](http://www.ms-na.org). Non-Profit 501(c)(3). Macon County.

## CARS

**2006 Lincoln Zephyr.** Good condition, 100k miles, new tires, serviced well. \$6,500. Call 615-642-6191.

**1969 Ford 351ci Windsor V8 engine.** 290hp, fresh. **1968 Ford FE 428ci V8,** fresh. Too much to list, both are professionally built. Call 931-349-2616 - Cookeville, TN.

## CARS

**2008 Chevrolet 3500 Cargo Van.** Jasper crate engine, Onan generator, good condition. \$10,000 OBO. 423-505-6734.

**2011 Ford Flex.** Extra clean. New engine, transmission, brakes, shocks, struts. Tip top shape. \$18,000. 931-349-2616.

**You Don't Have to Spend a crazy price for a Battery.** Good car & truck batteries for only \$50 + tax with exchange. B&K Auto Sales, 2595 W. Broad St. Cookeville. Call 931-372-1380.

Find it all in The Shopper!  
Buy - Sell - Trade

**2001 Chrysler Sebring LX Convertible.** Raymond Johnson Call 931-265-6258.

**1964 Cadillac Sedan DeVille.** 6 windows, 500ci V8 engine, 200R GM transmission. Needs paint and new upholstery. \$2,500. 931-349-2616.

**1958 Ford Thunderbird.** 300hp, AC, automatic, runs well, good condition. \$18,500. 423-505-6734.

## EMPLOYMENT

**Class A CDL Drivers Wanted:** \$800 to 1,200 per week. Home at least 2 days a week. Please call Gary at 615-260-6854.

## EMPLOYMENT

**Now Hiring: Layout Person for Stone Monuments.** Experience would be helpful, but will train. Cookeville, TN. Call 931-261-7769.

**Now Seeking Self Motivated, apprentice/helper** for professional plumbing company. Call 931-271-0216.

## FARMING

**Farm Implements: 2 finish mowers,** pull type disc, cultivator, single plow, round hay baler, tractor parts. Old John Deere tractor for parts. 931-224-2144.

**6' Pull Type Disc.** Good cond. \$300. 615-642-6191.

**John Deere 660 Hay Rake.** Five bar, field ready - \$1,900. Call 615-708-9276.

**Mixed Grass Square Hay Bales.** \$5 per bale. No Texts: 931-337-1000.

**1956 John Deere 420 Tractor.** In good shape, 3 point hitch. Call 931-265-6258.

**Tractor Pull Bog.** Ready to pull behind a tractor. \$650. 931-265-6258.

**Massey Ferguson 135 Tractor.** With 6' bushhog, 3 point hitch. Tractor not running, engine in good shape. \$2,000. Call 423-505-6734.

Sunday, March 8<sup>th</sup>

Spring Forward  
DAYLIGHT SAVING TIME

## McCORMICK EQUIPMENT SALES



245 County Farm Rd.  
Cookeville, TN 38501  
**931-528-4604**

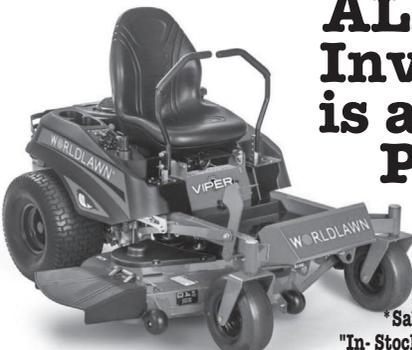
**36<sup>th</sup> Anniversary**  
1990 - 2026



**Husqvarna**  
READY WHEN YOU ARE

# ALL 2025 Inventory is at **SALE** Prices

\*Sale prices are on "In-Stock" 2025 models only




Authorized Husqvarna & WorldLawn Dealer – Sales & Service

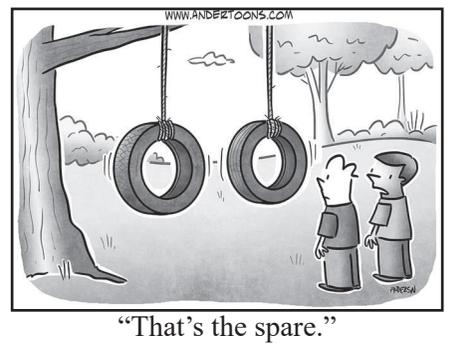
# DARE TO CARE

WE ALL NEED TO DO OUR PART

**RECYCLE**

- Paper
- Plastic
- Cardboard
- Metal
- Fiberboard
- & MORE

REDUCE, REUSE, RECYCLE



## CUSTOM HOME & 1.98+/- ACRES

2015 CHEVY TRAX LT + FURNITURE + HOUSEHOLD ITEMS

### ONLINE ONLY ESTATE AUCTION

#### BIDDING ENDS THURSDAY • MARCH 12 • 12 NOON



ONSITE PREVIEW:  
THURSDAY • FEBRUARY 26 • 4 - 6 PM

580 Gamaliel Rd.  
Red Boiling Springs, TN 37150

Situated on 1.98± acres, this custom home offers space, functionality, and opportunity. The property is improved with a circular driveway surrounding the home and includes an attached one-car garage that provides access to the drive-out basement. The interior features 4 bedrooms, 1 full bathroom, and 2 half baths, along with a dedicated office space and convenient main-level laundry. Outdoors, you'll find an inground swimming pool complete with slide and privacy fence, offering a great setting for relaxation or entertaining.

*In addition to the real estate, a variety of personal property will also be sold, including a 2015 Chevy Trax LT, furniture, household items, and more!*







For More Images, Survey Plat, & Bidding Visit  
**EAGLEAUCTIONS.COM**



AMONETT'S EAGLE AUCTION & REALTY, LLC

117 S. Jefferson Ave., Cookeville, TN 38501  
**931-526-5335**  
25-096  
TWF 6105 KY 2965 IN AU1200022

www.eagleauctions.com

Lee J. Amonett • Broker/Auctioneer • (931) 252-1907

Terms: 10% Buyer's Premium. RE: 20% Deposit at conclusion of sale, with balance due in 30 days. Current Years Taxes Pro-Rated. Possession with Deed. Home built prior to 1978, buyer to sign a 10 day waiver on inspection for lead based paint. PP: Payment & Pickup will be SATURDAY, MARCH 14 from 9 AM - 1 PM located at 580 Gamaliel Rd., RBS, TN. Payment in Full at the time of pickup. All Property selling "As Is, Where Is" both surface and subsurface with no warranties. Bidders should complete their own due diligence prior to the sale. Announcements & Updates Take Precedence Over All Other Advertising.

# JD & Kubota Tractors • Trucks • Farm Equipment

## BIDDING ENDS THURSDAY • MARCH 12 • 10 AM



PREVIEW DATE: TUESDAY • MARCH 3 • 9 AM - 2 PM



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TERMS: 10% BUYER'S PREMIUM. SEE COMPLETE TERMS @ EAGLEAUCTIONS.COM



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# ABSOLUTE AUCTION

SATURDAY, MARCH 14<sup>TH</sup> @ 10AM  
 2126 OLD JAMESTOWN HWY, CROSSVILLE, TN

## VOLUNTEER MUFFLER SHOP LIQUIDATION

**ABSOLUTE AUCTION OF MECHANIC & MUFFLER SHOP**  
**THE BUILDING IS NOT FOR SALE**

BLUE BULLET PIPE BENDER, HOBART WELDER, LINCOLN WIRE-MATIC 255 WELDER, BENDPAK PIPE BENDER, 14,000 LB. EXTRA LENGTH CAR LIFT, 12000 LB BEND PACK 4 POST CAR LIFT, DOUBLE BARREL WOOD BURNING STOVE, AIR COMPRESSOR, REFRIGERATOR, STEP LADDER, HAND TOOLS, SOCKET SETS, AND LOTS MORE.



TERMS: Page Auction & Realty LLC and its auctioneer(s) and employee(s) are representing the seller(s) as the sellers Agent(s). All properties are sold "AS IS, WHERE IS AND WITH ALL FAULTS", without any warranties expressed, implied or guaranteed of any kind. Agent represents the seller only and does not inspect properties on bidder's behalf. All measurements, square footage & age are approximate and not guaranteed. Seller and or Agent makes no warranty as to accuracy of information. All information is deemed reliable, but not guaranteed, buyer to verify ALL information, to their satisfaction before bidding. PAGE REALTY AND AUCTION RESERVES THE RIGHT TO WITHDRAW AN ITEMS IN THE AUCTION. It is important that you familiarize yourself with these terms & conditions of Sale. If you do not agree with any of the terms and conditions stated, DO NOT BID. You will be bound by these terms and conditions. Good luck and good bidding. Agent/Auctioneer may withdraw, extend, or rearrange any property and or item(s) at their sole discretion at any time.



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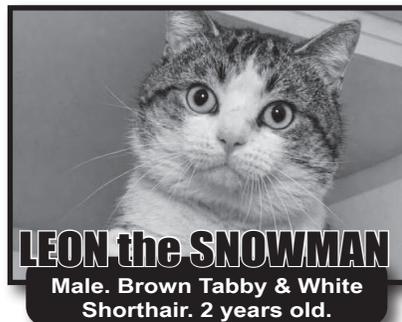
John  
 3:3-8

Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again." "How can someone be born when they are old?" Nicodemus asked. "Surely they cannot enter a second time into their mother's womb to be born!"  
 Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit. You should not be surprised at my saying, 'You must be born again.' The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

## Cookeville Putnam County



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**HOURS: M-T & TH-F 12PM-4PM**  
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Keep in mind the present you are constructing. It should be the future you want. - Alice Walker

About aging - it's scary when your body starts making the same sounds your coffee maker. - Anonymous

# 3 AUCTIONS SATURDAY MARCH 28<sup>th</sup>

**10 AM - 365 WALLOP LN., CROSSVILLE  
5.13± AC W/ CREEK & OUTBUILDINGS**



**LIVING ESTATE OF PATRICIA L. BUKER**

Here's a unique piece of property with a beautiful creek, fenced pasture, a small horse barn, a mini-barn and (2) 3-sided sheds. We will also sell a GMC Safari van (not running, no title, no keys).  
**Directions:** Starting at I-40 exit 317 head north on Hwy. 127 6.7 mi. Left onto Clear Creek Rd. .7 mi. Left onto Wallop Dr. .3 mi. Right onto Wallop Ln. Property on the left.

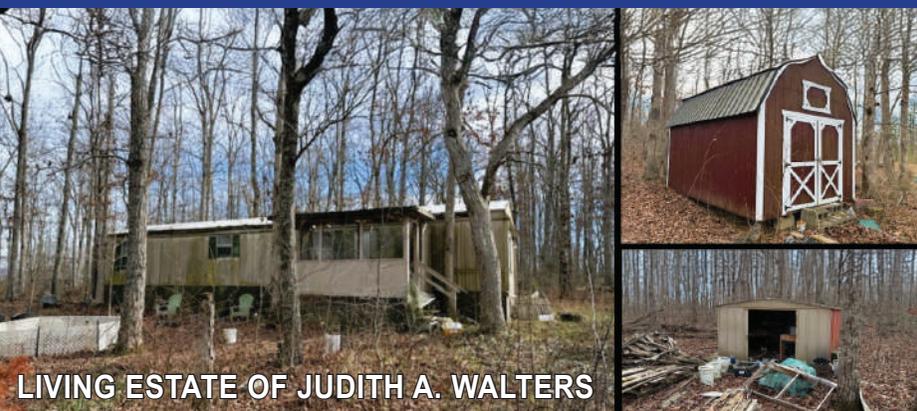
**11:30 AM - 97 ROBERTS DR., CROSSVILLE  
SPLIT LEVEL 4 BR 1.5 BATH HOME W/ GARAGE**



**LIVING ESTATE OF MARGIE M. RAWLINS**

Here's a great fixer upper in the heart of Crossville. This 1900+ SF home on a 90x230 lot has loads of potential and is waiting for an industrious buyer.  
**Directions:** From the Hwy 70 & Miller Ave. intersection head toward Sparta St. .7 mi. Right onto 4th St. .7 mi. Left onto Roberts Dr. Property on the left.

**1 PM - 132 KILLARY RD., CROSSVILLE  
SINGLE WIDE MOBILE HOME W/ MINI BARN**



**LIVING ESTATE OF JUDITH A. WALTERS**

14x66 mobile situated on about 0.6 acres. Needs TLC. Has well, mini-barn, and small metal shed. Nice level wooded lot.  
**Directions:** From the Hwy. 70 & Miller Ave. intersection head toward Sparta St. 1.3 mi. Right onto TN-101/Lantana Rd. 6.4 mi. Left onto Vandever Rd. 4.6 mi. Left onto Ormes Rd. .4 mi. Slight right onto Breckenridge Dr. .6 mi. Left onto Timothy Dr. .5 mi. Left at the 1st cross street onto Burk Dr. Left onto Killary Dr. Property on the left.

**Terms:** These sales are subject to court approval. 10% down day of sale, balance due upon closing within 10 days of court approval. All closing costs to be paid for by buyer including deed prep. Possession with deed. Taxes to be prorated.

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303 W. Main St. McMinnville, TN 37110

All printed information believed to be correct, announcements made auction date take precedence over all printed material.

## ABSOLUTE AUCTION

**Saturday  
March 7, 2026  
10:00 AM**

**601 JONES STREET, OLD HICKORY, TN 37138**

**BRICK HOUSE • FULL BASEMENT  
4 BEDROOM • 2 BATH • CORNER LOT**



Home Consists of Living Room, Dining Room, Eat-In Kitchen with Built-In Cabinets, Hardwood Floors. Knotty Pine Paneling. Downstairs has a Large Bedroom with Walk-in Shower, One-Car Garage & Large Work Area. Home has Access to Two Streets, One Leading to a Two-Car Carport at the Rear of the Home Allowing Easy Access to the Upper Level of Home. All This Situated on a Beautiful Corner Lot - Jones Street and Jones Point - Dead End.

**ANTIQUES • FURNITURE • GLASSWARE**

**FURNITURE:** Antique Corner Cupboard - Glass 16 Pane Top Doors • Davis Cabinet • Cumberland Valley Bed Room Suit • Antique Curved Front Oak Curio • Spoon Carved Dresser w/ Marble Insert • Antique Record Cabinet • Harp Base End Tables • Round Coffee Table w/ Carved Farm Scene • Glass Front Display Cabinet • Vintage Philco Radio Cabinet - Tube Type • Dining Table w/ 4 Curved-Back Chairs • Large China Cabinet • Antique 3-Piece Parlor Set (Love Seat, Platform Rocker & Straight Chair - Upholstered) • Chifforobe • Cedar Chest • Extra Large Hand made Cedar Chest • Knee Hole Desk • Fern Stand • Lamp Table • Antique Oak Curved Bottom Chair • Floor Lamp • Nightstand • Sofa • Sofa Table • Maple Drop Leaf Table w/ 4 Curved-Back Chairs

**EQUIPMENT / TOOLS / MISC.:** Yard Machine 13.5 HP Riding Mower • Murray 6 HP Push Mower • Shop Vacuum • 2 wheel dolly • Aluminum ext. Ladder • Fiberglass Step Ladder • Shovel • Pruners • Bench vise • Hand grinder • 18 Speed Men's Shimano Bike

**GLASSWARE / HOUSEHOLD / PERSONAL PROPERTY:** Hand-Painted Plates Austria • Moritz Zdekauer Austria China • Set • Pink Depression dishes • White Hall Glasses • Amber Glasses, Plates, Sherberts • Homer Laughlin China Virginia Rose • Fostoria Relish Dish, Boat, Glasses, Butter Dishes, Oval Server • Giraffe Cookie Jar • Small TN Pottery Crock • Silver Plate Flatware, Serving Pieces • Rogers Brothers Sterling Flatware • Salters • Beer Stein • Pictures and Frames • Butter Churn • Oval Mirror • Concrete Flower Pots • Cast Iron Kettle Flower Pot • Blue Vases • Glass Slipper • Cake Stand • Vintage Record Albums 33rpm • Vintage Books, Many Autobiographies

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### Spring is in the air...

Spring parasite prevention requires an integrated approach combining strategic deworming at turnout, rotational grazing, and environmental management to break the parasite lifecycle. Key actions include managing pasture height (above 4 inches), using multispecies grazing (e.g., sheep and cattle), and monitoring with FAMACHA scoring to target treatments.

#### Internal Parasite Prevention (Worms/Parasites)

**Strategic Turnout & Grazing:** Avoid putting livestock on pasture until it is at least 4 inches high to reduce the ingestion of larvae that migrate up grass stems.

**Rotational Grazing:** Divide pastures into 10+ paddocks, moving animals every 3.5 days to disrupt the parasite life cycle, allowing a ~35-day rest period for larvae to die.

**Mixed-Species Grazing:** Alternate grazing between sheep/goats and cattle/horses. Cattle act as "vacuum cleaners," consuming larvae that are harmful to small ruminants.

**Targeted Deworming:** Use FAMACHA scoring every 3-6 weeks to identify anemic animals needing treatment, rather than treating the whole herd.

**Nutritional Support:** Boost immunity by feeding 130% of the daily protein requirement to ewes and does around kidding/lambing.

**Alternative Control:** Utilize nematophagous fungi (e.g., BioWorma) in feed to destroy larvae in manure.

# ANOTHER JOHN SANDERS AUCTION

## AUCTION

SATURDAY, MARCH 14TH • 10:30 AM CST

5651 SOUTH YORK HIGHWAY • GRIMSLEY, TN  
FENTRESS COUNTY

**PUBLIC AUCTION!**

**SPACIOUS 4 BED/2.5 BATH HOME!**

**DIRECTIONS FROM CHATTANOOGA:**

Take I-75 North, Take Exit 52 only TN-305 N., Left on Hwy 68 E. towards Spring City, Take 1st Exit onto State Hwy 58 toward Kingston, Left towards Nashville on I-40 W., Take Exit 317 towards Jamestown on US-127 North & WATCH FOR



**AUCTION PREVIEW! SUNDAY, MARCH 8TH 2-4 PM CST**

If space is what you're looking for this home has it both inside and out! 4 Bed/2.5 Bath home on 4.04± Acres with 2-car attached garage as well as a 2-car detached garage/workshop building just waiting for you!

**TERMS & CONDITIONS OF THE AUCTION & SALE**  
**REAL ESTATE:** 20% DOWN PAYMENT, Non-refundable, day of sale. Earnest money may be cashier, business or personal check with a bank letter guaranteeing funds - payable to Crye-Leike, Realtors. Balance due at closing within 30 days.  
**PERSONAL PROPERTY:** Cash or good check day of sale. No credit or debit cards will be accepted. Must be paid in full on the day of sale. If credit card is utilized a 5% credit card fee will apply.  
**BUYER'S PREMIUM:** A buyer's premium of 10% will be added to the successful bidder's high bid to determine the total contract price. Buyer's premium applies to all real and personal property.  
**CLOSINGS:** The successful bidder will sign a real estate sales contract and any other forms as required by state law at the auction. Closings shall be within 30 days of the auction. All closings shall take place as set forth in the sales contract.  
**DISCLAIMER:** All property sells AS IS, WHERE IS, WITH NO WARRANTIES EITHER WRITTEN OR IMPLIED. Any announcement from the auctioneer on the day of sale will take precedence over any other statements, either oral or written. All information included herein was derived from sources believed to be correct, but is not guaranteed.



**SEE YOU AT THE AUCTION!**  
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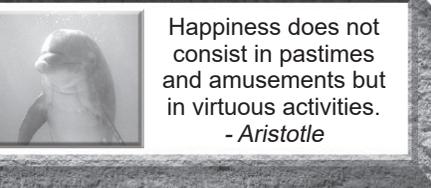
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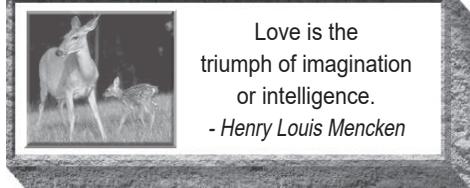
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Happiness does not consist in pastimes and amusements but in virtuous activities.  
 - Aristotle



Love is the triumph of imagination or intelligence.  
 - Henry Louis Mencken

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## CHILDREN'S CONSIGNMENT SALE



**MARCH 18-21, 2026**

Wednesday & Thursday 9am-7pm  
 Friday 9am-5pm  
 ½ Price Day on Saturday 8am-1pm

For more information call  
**931-261-0498**  
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Sale will be held at  
 Algood Middle School  
 540 Dry Valley Rd.  
 Algood, TN



When someone is said to be 'mending the jug' it means he or she has been given an impossible task.

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**SATURDAY APRIL 4TH** BIG TRUCKS, BIG EQUIPMENT, & MORE!

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ALL ITEMS MUST BE PAID FOR IN FULL ON SALE DAY. ACCEPTABLE FORMS OF PAYMENT INCLUDE CASH, CASHIER'S CHECK, PERSONAL OR COMPANY CHECK ACCOMPANIED BY BANK LETTER GUARANTEE, AND CREDIT CARDS ARE ACCEPTED FOR SALES UP TO \$3,000 WITH A 3% CONVENIENCE FEE.

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# 2026 Spring Farm Consignment AUCTION

Saturday, March 28, 2026 @9:00 A.M.

2877 Hwy 52E-Bethpage, TN (Oak Grove area)

## Tractors-Trailers Heavy Equipment-Storage Containers

Contact the office at 615-325-4597 to consign your farm items. The sooner you let the office know of your consignments and pictures sent in, the more advertising you will receive.

**FIRST COME-FIRST TO SELL**  
Items consigned can be brought to sale site on March 18, March 19, March 20, March 21, March 23, March 24, and March 25 ONLY.

We will not be accepting any items that are not farm or construction related. We will not be accepting tires, wheels, or household items.

**Online Bidding Will Be Available**

**NOW ACCEPTING CONSIGNMENTS!**

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**MISCELLANEOUS**

**Lawn Mower for sale.** Craftsman, 42", 17 hp, 3 years old - \$500. Cookeville, TN. Call 615-804-7746.

**Looking for elderly female in good health, that needs a place to live to help take care of my wife with dementia.** Call 931-287-1978.

**Browning .300 Winchester Mag** with 220 rounds of ammo, Nikon scope, bipod and case included - \$850. Call 931-349-4397.

**Caregiver Looking to stay with elderly people at home.** Cook, clean, do laundry and care for them. My hours are 7 am - 5 pm. Mon, Thur., Fri., Sat., and Sun. for \$10 hour. Have stayed with dementia and Alzheimer's people. My patience is very good. Have references. Call 931-319-3237.

**MISCELLANEOUS**

**Small vintage wood stove** - \$200. Call or Text 931-510-0940 for pictures.

**Dolls, BB (Beanie Baby)** for sale. 8 limited edition Barbies, 50+ BB (Beanie Babies), mint condition, 1 Princess Diana BB, full set, no duplicates, Cookeville, TN. Call 615-804-7746.

**Gooseneck type trailer:** 18', with loading ramps, good condition, good tires - \$2,000. Call 615-708-9276

**For Sale: 2024 John Deere Lawn Mower.** 40" cut, only 8 1/2 hours, brand new - \$2,500. Call 615-563-2772.

**Wanted to Buy: Russian Dragunov Tiger Rifle,** caliber 7.62x54R. Call 865-850-2729.

**CASH for Comic Book Collections.** My son and I collect comic books and looking for a collection to buy. The older the better! Send pics or contact us at comicdad48@hotmail.com or text/call 615-802-2500.

**3 Horse Saddles, \$75 each. American Indian figurines, \$10 to \$35 each,** 35 to choose from. 931-224-2144.

**Native American Terra Cotta and Rare Points and Blades.** Caddo, Quapaw, Mississippian bowls, jugs, etc. Many arrowheads are Paleo period, will consider antique guns part trade. Call 731-412-9514.

**MISCELLANEOUS**

**2- 100 pound anvils, \$575 each; Natural gas or propane logs; Dual fuel torpedo heater.** Call 423-505-6734.

**Handmade Wooden Caskets.** Locally owned and operated in Tompkinsville, KY. www.thewoodencasketky.com 270-427-8073.

**1856 Wells Fargo Silver Ingots** for sale. Call 731-412-9514.

**Welcoming Campers at Shepherds Holler near Dale Hollow State Park.** Electric and primitive. On site camper rental available. 574-806-2778.

**We Pay CASH for your Junk Car.** No title required. Werner Scrap Metal. Bryan Werner, Call 931-260-8558.

**2 Edelbrock Carburetors:** Mdl 1406, 600 C.F.M., electric choke, zero miles, tested on my engine, too small for my app - \$110 each. Call 615-489-1023 or philpmelon@yahoo.com

**In Need of Donations of guitars, banjos, fiddles, and some wind instruments** for music therapy for veterans. Call 615-804-4404.

**Deuteronomy 8:17-20**

You may say to yourself, "My power and the strength of my hands have produced this wealth for me." But remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today. If you ever forget the Lord your God and follow other gods and worship and bow down to them, I testify against you today that you will surely be destroyed. Like the nations the Lord destroyed before you, so you will be destroyed for not obeying the Lord your God.

# Crabtree & Crace Jewelers

**1 Carat Diamond Hoop Earrings** NOW ONLY \$699

**3 Carat Diamond Solitaire Rings** NOW ONLY \$1,999

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Misfortune shows those who are not really friends.  
- Aristotle

Failures are finger posts on the road to achievement.  
- Charles F. Ketterling



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**Income - Producing Rentals in Albany City Limits**

Lakes and Land Realty/Auction




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Cats are smarter than dogs. You cannot get eight cats to pull a sled through snow.  
- Anonymous



The healthy, the strong individual, is the one who asks for help when he needs it.  
- Rona Barrett

**Education News And Notes**

**New Tools Help Teachers Improve Student Literacy**

(NAPS)—Many people don't know this, but a few short videos can make a big difference in education in America.

**The Problem**  
The National Assessment of Educational Progress, an organization that measures academic performance of students from across the country, has long term data that shows 9-year-old students scored, on average, five points lower in reading in 2022 than did their pre-pandemic peers in 2020. The declines represent the largest drops in decades.

Fortunately, educators don't have to combat this issue alone. As part of the Discover Literacy education program, the Dollar General Literacy Foundation, National Afterschool Association and Discovery Education created five short, animated videos to help teachers and other school professionals master best practices for literacy instruction.

"The 5 Basic Skills of Literacy" series offers concise two-minute explainer videos that delve into the foundations of the science of reading. Each video focuses on one of the five fundamental components of effective reading instruction:

- **Phonological Awareness:** Understanding the sound structures of language.
- **Phonics:** Connecting letters to sounds and forming words.
- **Fluency:** Reading smoothly, accurately, and with expression.
- **Vocabulary:** Recognizing and understanding the meaning of words.
- **Comprehension:** Grasping the meaning and interpretation of what's read.

To further support educators, there are 15 compact "microlearning" modules. Each takes just 6 to 8 minutes to complete and provides turnkey strategies and activities to use with students. Upon completion of each module a certificate of completion is issued.

They're part of the Discovery Education and the Dollar General Literacy Foundation's new education initiative—



**A few minutes of literacy learning a day contributes to a lifetime of success.**

Discover Literacy—designed to support the development of critical literacy skills in K-2 students. It offers teachers, students, and caregivers access to a powerful suite of in-school and after-school digital resources at no cost.

Flexibly designed for students at all reading levels, these resources are easy to use with little to no prep; they can provide equitable access to high quality literacy education for students from every background.

**Who They Are**  
Discovery Education is the worldwide edtech leader whose state-of-the-art digital platform supports learning wherever it takes place. Through its award-winning multimedia content, instructional supports, and innovative classroom tools, Discovery Education helps educators deliver equitable learning experiences engaging all students and supporting higher academic achievement.

The Dollar General Literacy Foundation provides financial support to schools, nonprofit organizations and libraries.

**Learn More**  
For further facts, visit [www.discoverliteracydg.com](http://www.discoverliteracydg.com). You can view the videos at [www.dlc.com/DG-NAPS-Videos](http://www.dlc.com/DG-NAPS-Videos).

**Are You Pregnant? Worried?**

**There Is Hope in Adoption**

Hope Center Adoption and Family Services is a private adoption agency located in Cookeville, TN. As an agency, we have been helping families make the life giving decision of adoption since 2018.

**Ways We Can Help You...**

- Free Pregnancy Counseling
- Connection to Community Resources
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- Connection to Legal Counsel
- Financial Assistance for Pregnancy
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**hopecenteradoption.com**  
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(0) 931-651-1412 (C) 931-252-7159



# Tennessee Classic Sportsman Show

# GUN AND KNIFE SHOW



White County Fairgrounds Agriculture Building  
565 Hale Street • Sparta, TN

**SATURDAY, MARCH 21, 2026 • 9AM – 4PM**  
**SUNDAY, MARCH 22, 2026 • 9AM – 3PM**

**\$50<sup>00</sup> reserves 6ft. Table for Both Days**



Professional  
Armed Guards  
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24 Hours

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under 12 FREE  
with Adult

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While we help children from birth to age 22, the majority of the children who receive services from Youth Villages are between 12 and 17.

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## Health Alert For Seniors

### What to Know About RSV

(NAPS)—You may remember the old saying, “An ounce of prevention is worth a pound of cure.” That’s never been more true than it is right now about good health and older adults, especially when it comes to protecting yourself during what is commonly known as respiratory disease season (fall through early spring).

Last year saw the devastating effects of an increase in COVID, flu, respiratory syncytial virus (RSV) and pneumonia on the wellbeing of older Americans. Fortunately, most people had access to vaccines for all but RSV last year. And in good news for this year, for the first time ever, there is a vaccine approved by FDA for preventing RSV in older adults.

#### The Problem

RSV is a serious respiratory virus whose full toll on seniors is just now being recognized. Each year, RSV results in up to 160,000 hospitalizations among people aged 65 and over and leads to as many as 10,000 deaths in older people in the U.S., according to the Centers for Disease Control and Prevention (CDC).

It can also prove serious for anyone with chronic conditions such as asthma, COPD, heart or other lung problems, certain autoimmune conditions and those receiving chemotherapy or radiation treatments. It is easily spread from contact with a contaminated surface as well as through the air (when someone infected sneezes or coughs), so anyone at any age can get it.

#### A Solution

RSV vaccines are now approved and available throughout the U.S. and the cost is covered fully for Medicare beneficiaries. These vaccines can truly pro-



**A new vaccine can help protect older adults and infants from respiratory syncytial virus.**

tect your health across your lifespan as they are now available for adults aged 60 years or older, as well as for infants through maternal immunization.

#### What Else You Should Know

It is always a good idea to review your health plan. When contacting Medicare, make certain that you are contacting the actual government agency itself. Only government agencies can use the .gov ending and the best number to use to reach trained Medicare experts is 1-800-633-4227. It’s easy to remember—it’s 1-800-Medicare.

The National Association of Nutrition and Aging Services Programs (NANASP) created a resource outlining the five things to know about RSV to help get the word out about this important opportunity to protect the health of older adults. English and Spanish versions can be found at <https://www.nanasp.org/vaccines>.

It’s a good idea to talk to your pharmacist or healthcare provider about whether you should get the RSV vaccine, and any other recommended vaccines.



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Spring maintenance focuses on reversing winter damage and preventing summer issues by cleaning gutters, servicing the A/C, inspecting the roof, sealing gaps, and cleaning dryer vents. Key tasks include cleaning decks, checking sprinklers, repairing siding, and ensuring proper water drainage away from the foundation.

**Gutters & Downspouts:** Clear debris to prevent water damage to the roof and foundation.

**Roof & Siding:** Inspect for loose/missing shingles, damaged siding, or mold.

**Landscaping:** Trim trees/shrubs away from the house, aerate, and fertilize the lawn.

**Pressure Washing:** Clean walkways, driveways, siding, and decks.

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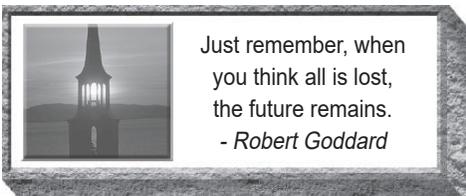
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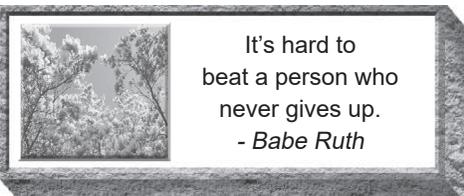
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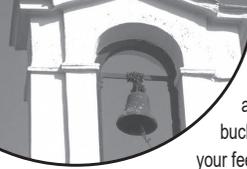


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## Ephesians 6:10-15



Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace.

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## Native Plants

by Lisa Luck



Native plants are plants that have grown in specific areas for thousands of years. The benefit of living that long in one location is that the plants can evolve and change over time to thrive in the conditions that locale has to offer. Sunlight, rainfall, soil conditions and other factors unique to an area have an effect on the genetics, chemistry and physical aspects of the plant. As the native plant adapts, it contributes to the ecosystem. Native plants sequester carbon and provide nutrients for insects, birds and mammals. Pollinators depend on the nectar to thrive. Over time, both plants and animals evolve together and become dependent on one another for survival. Plants depend on animals to disperse their seeds, while birds, insects and mammals depend on the food the plants can provide. Together, the ecosystem thrives.

Native plants require less care than other plants not adapted to your environment. They do not require pesticides to protect them as many of them have ways to protect themselves. They do not require fertilizer because they are able to utilize the existing nutrients in the soil. They also require less watering because, again, they are used to whatever rainfall is local for them. Native plants help prevent erosion as many of the plants have deeper root systems.

If you want native plants in your yard, determine which plants will fit best in the space based on the local conditions. Decide which plants you want to purchase to create a habitat that will support the insects, butterflies, bats or birds you want to attract. Different animals require specific plants. Native plants can be purchased online or at local plant nurseries. Find local stores by searching online for where to buy native plants near you.

One website that can assist you in determining which plants are native to your location is <https://nativeplantfinder.nwf.org>. Native grasses, flowers, shrubs and trees are listed according to zip code. Each plant has a photo and description for those plants that are unfamiliar to you. The benefits they provide are listed along with a list of the animals that benefit from them and the conditions the plants prefer. This tool can help you plan and plant a garden this year.

A garden filled with native plants is an attractive addition to your yard. It can help alleviate the stress locally as many areas are stripped and cleared for parking lots, roads or to build neighborhoods. The blooming flowers and healthy shrubs invite many new inhabitants by providing homes and food. Many of the insects attracted to the plants become a gourmet diet for birds and ensure the survival of new families. Bees get nectar from native blooms to make honey. Many of the plants will seed themselves and grow back in the spring making it easier to maintain your native plant garden. Another benefit of native plants is that seeds and berries are consumed by birds who rely on foraging throughout the winter. Planting native plants supports the local environment.

Lisa Luck is a writer living in Cookeville, TN



Not long ago I was stopped by a police officer who motioned to me to pull to the side of the street. When I looked up to see what was going on I saw two large trucks coming toward me with a home that had been cut in half and placed on two trailers. The two halves were slowly being moved to a new location where they would be joined together and the home would look the same as it had in the past. It was almost unnerving as I waited patiently for them to pass by. For years it rested comfortably on a corner across from an elementary school. Soon it would have a new address in a new neighborhood and perhaps new owners. How things have changed. Years ago people rarely moved from one home to another. There was a certain permanence in life that brought a sense of security to families. Now, moving from one place to another is a routine part of life that seems to go with the turmoil in the world. Everywhere we look, we see signs of instability. We awaken each morning wondering what devastating news awaits us. What once was a world that made sense is now a world that longs for the "good old days." Psalm 93, however, gives comfort to the Christian. It begins with a burst of hope and assurance, a promise of peace and predictability. "The LORD reigns." And it ends with a reminder of His faithfulness: "Your statues stand firm...for endless days!"

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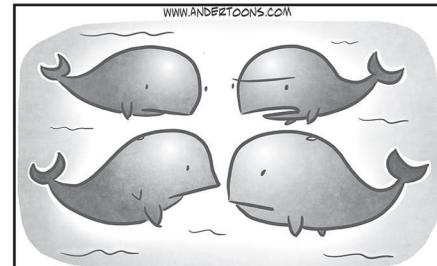
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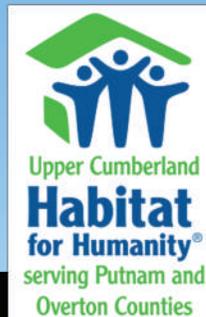
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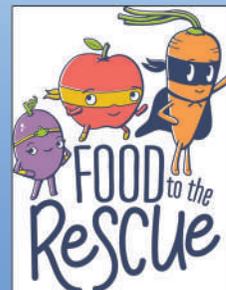
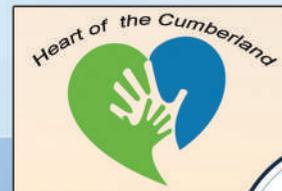
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## Forging a Path: Women Welders

(NAPS)—“It is not for the faint of heart,” Erica Bridges said.

Bridges is a Welding Technology student at Texas State Technical College (TSTC). She was referring to her field of study and to welding in general.

“I encourage it, though,” she added. “This is a really good money-making (career). The people that you will meet, they’re just one-of-a-kind people.”

In the heavily male-dominated industry of welding, only 5.1% of the workers are female, according to a 2022 U.S. Bureau of Labor Statistics report. In the fall 2023 semester, TSTC had a total of 94 women and 970 men enrolled in Welding Technology.

#### What To Know

To help others understand, some female welding students, instructors and alumni from TSTC recently spoke of their experiences in welding and their love for it. They also talked about some of its challenges.

TSTC welding instructor Samara Flener has seen positive changes in her 20-plus years of working in the industry, but said preconceived notions about female welders still remain.

“That climate has improved, (but) some days you have to put on your Teflon suit, go out there, get the job done, and let it slide off,” she said.

TSTC Welding Technology alumna Tatum McFarland echoed Flener’s mentality about being among the few females in the industry.

“It hasn’t been easy,” McFarland said. “And you just kind of got to grow a backbone, more or less, to be able to work with (men).”

Haylee Phillips, a first-semester TSTC Welding Technology student, said that before beginning the welding program, she was worried about how she would be perceived by the male students.

“I was intimidated at first,” she said. “Especially a few weeks before school, I was like, ‘They’re going to treat me all weird because I’m a girl.’ But if you shut it off and go to learn, you’ll succeed.”

Another TSTC Welding Technology student, Alondra Ramos, is pursuing welding despite a lack of encouragement from her parents.

“I didn’t have a lot of support coming into the welding industry and doing this,” she said. “I’m here to prove them wrong in a lot of stuff. I always got pushed down, but I’ve always tried my hardest to come out on top and to prove everybody wrong.”

#### What It’s Like

Flener acknowledged the fact that being a welder can be grueling.

“Welding is not for everybody,” she said. “Some aspects of welding can be



**Six of the 94 female welding students at Texas State Technical College who are about to enter the primarily male-dominated industry of welding. (Photo courtesy of TSTC.)**

extremely physically demanding, and you have to be able to work in that environment.”

Phillips feels the same way but said the effort is worth it.

“It’s hard,” she said. “I mean, it’s hot all the time. I’m sweating from the minute I walk into the shop in the morning until I leave in the evening. You’re lifting heavy stuff, your arms get super tired, and you’re in uncomfortable positions. I think there are a lot of women who just aren’t interested in that type of lifestyle for a career path. But me, I mean, I know the money that comes with it, so I’m willing to suffer a little bit.”

#### Why They Do It

Despite the challenges, each woman spoke to a love of welding that outweighs any obstacles.

“It’s like an escape from the world; it’s like you’re at peace,” Ramos said. “Most of my stress goes away when I’m under the (welding) hood. I love it.”

Phillips said, for her, it is the satisfaction of being able to look at something that she has had a hand in building.

“It’d be cool to see a rocket that I welded something on go up into space and be like, ‘I was a part of that,’” she said. “I get to look at my work and see what it’s for, and see that I helped. That’s pretty cool.”

Flener encouraged those with a love for welding to pursue it despite any roadblocks that may come their way.

“Regardless of who you are, if you love it, seek out those opportunities that will allow you to be in an environment that works for you,” she said. “Don’t be afraid to try out a job, and if it doesn’t work out, move on to the next thing. Don’t call it failing. It’s figuring out where you fit.”

#### Where To Learn More

For further information, go to [tstc.edu](http://tstc.edu).  
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# Recipe Korner

## Time-Saving Slow Cooking

(NAPSA)—On those busy days when you don't have much time, a slow cooker can be the solution to getting a hot, wholesome meal on the table. Simply add all the ingredients in the morning, turn on the device, and you get to come home to a wholesome, hot meal, especially good on chilly days.



So many recipes, especially ones for slow cookers, soups, stews, and roasts call for an onion. That is because onions stand up to slow cooking and enhance the flavor of everything cooked with them.

**Slow Cooker French Onion Country Apple Soup with Cinnamon Cheese Toast** can make for a great hot meal on a cold night when you don't have time to cook.

Onions are one of the most versatile vegetables. Use these tips for buying and storing them.

Choose onions with dry outer skins, free of spots or blemishes. They should be firm and have no scent. Avoid bulbs that have begun to sprout.

Not sure what color to use? Really, you can use all three any way you like, but these guidelines will help.

Yellow onions are all-purpose, great raw or cooked. Most well-known sweet onions are yellow. Red onions are best for roasting or grilling. White onions are commonly used in Mexican and Italian cuisine, prepared salads, and sauces.

Whole, unpeeled, onions should be stored in a cool, dry, well-ventilated place, out of direct sunlight. Lack of air circulation will reduce their storage life. Do not store with potatoes.

Cut onions should be refrigerated and can be stored in a sealed container for up to 7 days.

Here's a recipe that will appeal to both children and adults: It's a fresh take on classic onion soup that combines onions with apples.

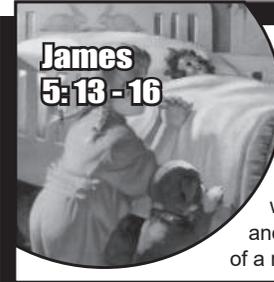
- ½ cup apple cider
- 1 tablespoon Worcestershire sauce
- 1 teaspoon brown sugar
- ½ teaspoon salt
- ¼ teaspoon dried thyme
- ½ teaspoon black pepper, freshly ground
- 6 slices French bread, cut ½-¾-inch thick
- 1 teaspoon ground cinnamon
- 1½ cups hickory-smoked Gruyère cheese, shredded
- 6 slices turkey bacon, cooked and crumbled (optional)

Heat oil in a large skillet. Add onion slices and cook on medium heat until transparent, stirring frequently to avoid sticking. Add apples and garlic; stir until warmed through. Transfer the onion-apple mixture to a slow cooker and add in beef broth, apple cider, Worcestershire sauce, brown sugar, salt, thyme and black pepper. Cook on low for 6-8 hours. Before serving, place French bread slices on a baking sheet. Top each with ¼ cup Gruyère cheese, sprinkle lightly with cinnamon and broil for 1-2 minutes, until just browned. Garnish soup with turkey bacon crumbles and apple slices. Serve bread alongside each bowl of soup.

**Slow Cooker French Onion Country Apple Soup with Cinnamon Cheese Toast**  
*Serves 4-6*

- ¼ cup olive oil
- 4 large yellow onions, thinly sliced into rings
- 3 apples, peeled and diced
- 3 cloves garlic, minced
- 2 tablespoons all-purpose flour
- 5 cups low-sodium beef broth

Recipe and image provided by the National Onion Association. For more facts and great recipes visit [www.onions-usa.org](http://www.onions-usa.org) and [www.usapple.org](http://www.usapple.org).



**James**  
5:13-16

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

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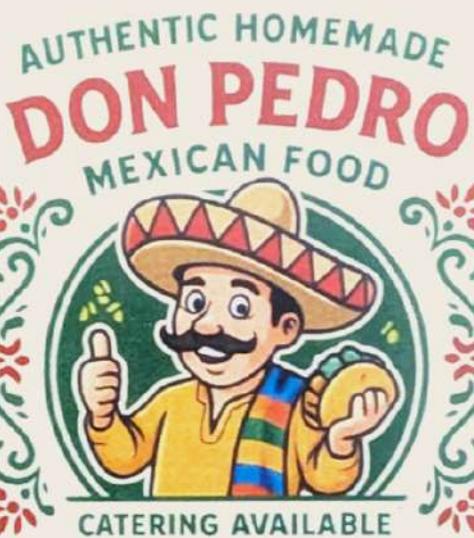
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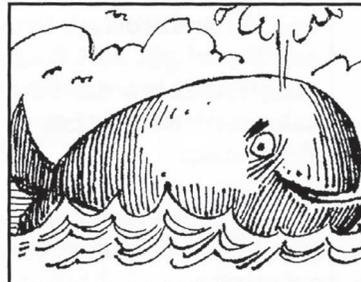
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- Matthew 12: 37 - 39

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## What You Need to Know About Cataracts

(NAPS)—By age 80, most people either have cataracts or have had cataract surgery. That's because most cataracts are the result of natural aging. You may not notice that you have a cataract at first. But over time, they can make your vision blurry or hazy, colors fade, you can't see well at night, or you may see double images. The good news is that cataract surgery can restore your sight. With a high success rate of more than 90 percent, cataract surgery enables people to see better after their cataract is removed.

Here are the top six things ophthalmologists—physicians who specialize in medical and surgical eye care—want you to know about cataracts:

1. Cataracts can be removed with surgery. Surgery is the only way to cure cataracts. Early on, you may be able to cope with reduced vision from cataracts by using brighter lights, wearing anti-glare sunglasses, or using magnifying lenses for reading. But if cataracts start getting in the way of everyday activities such as reading, driving, or watching TV, an ophthalmologist will need to remove the clouded natural lens and replace it with an artificial lens, also called an intraocular lens (or IOL), to correct blurry vision.

2. You can slow development of early cataracts. You can take steps to protect your eyes from cataracts. Using 100% UV blocking sunglasses, quitting smoking, maintaining control over high blood sugar, and eating a healthy diet can help prevent cataracts.

3. People with diabetes are more likely to get cataracts. Natural aging is the most common cause of cataracts, but some people are at higher risk for cataracts than others. People who have diabetes with high blood sugar levels can get cataracts quicker and at a younger age than those with normal blood sugar levels. Improving glucose levels may help delay cataracts.

4. Eye color affects your risk of developing cataracts. Studies show that people with dark brown eyes have a higher risk of developing cataracts than people with lighter eyes. However, UV light is a known contributor to cataract development no matter what color your eyes are. Wearing sunglasses whenever



Keep an eye on your sight. Blurry vision, faded colors and double images can all be symptoms of cataracts—which can be cured.

outdoors is recommended for everyone.

5. Treating cataracts may decrease your risk of dementia. Though the link between eye health and dementia is unclear, recent studies suggest people who had cataract surgery were 30 percent less likely to develop dementia.

6. You may eventually need a follow-up procedure. Some people will again develop hazy vision years after cataract surgery. This is usually because the lens capsule has become cloudy. The capsule is the part of your eye that holds the IOL in place. Your ophthalmologist can use a laser to open the cloudy capsule and restore clear vision, a procedure called a capsulotomy.

Regular eye exams are important to maintaining your best vision, even after cataract surgery. The American Academy of Ophthalmology recommends scheduling a visit to the ophthalmologist every year after cataract surgery if you're older than 65, or every two years if under 65.

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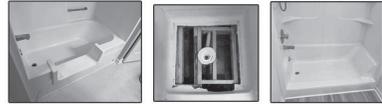
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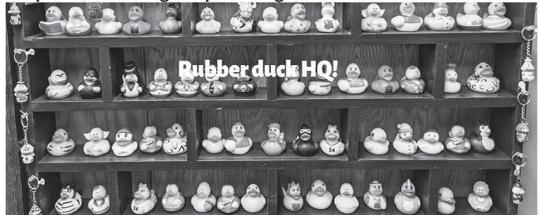
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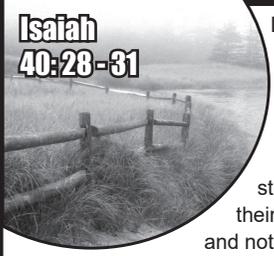
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**Isaiah  
40:28-31**

Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak.

Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.'

**The Race...is never truly won.**

Getting married, having children, rearing them, and then retiring into the sunset in a happy glow is never completely achieved without trial or turmoil.

As a teenage, I remember how little I thought my parents really knew. I can remember looking at them when they gave 'bits' of wisdom, and wondering what planet they had just visited. As a young adult, I began to realize how little I really knew. As a mature adult, I now know - that there is so much more to know!

When we can gain perspective on what we need to know and who is really in charge - that is when we are truly running an honest race.

As our children grow we can see those 'bits' that we have planted in them start to sprout and show fruit. It's this fruit that will truly determine if we have won our race.

Have we planted seeds of love, peace, integrity, motivation, and compassion? Or is there hatred, dissension, dishonestly, and disinterest? Our prize is our children's prosperity, and their children's prosperity in this life. We are responsible for owning our lives and investing in theirs.

It's a wonderful place to be when you can look back at where your children stumbled and then look forward to see how strong they are walking in this life.

We must always keep our focus on the finish line but never get so frustrated that we quite the race early. It's not how fast you get to the finish line, but how well you ran your race. This is what our children learn from us...that finishing with excellence is their trophy in life!



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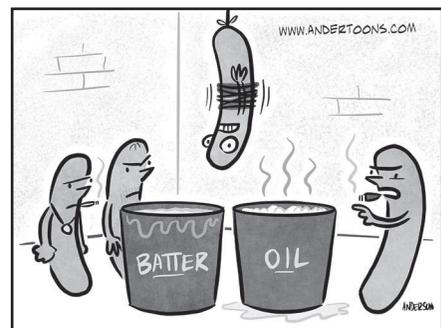


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Our Christ-centered community groups provide peer support for the entire family from various situations of loss. A mom or dad grieving the loss of their child can find others who share what should never be and who are the only ones who can truly understand what each other are going through. A child whose brother, sister, mother or father left this world far too soon can come to an age-appropriate group while other family members are down the hall in their own groups. For a suicide loss survivor needing hope, a widow or widower who has lost their life partner and is searching for a new normal, or a son or daughter who has to let go of a beloved aging parent - our community peer support groups are a safe place for all to grieve.

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**Romans 12:2-6**

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will.

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us.

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**One Veteran's Successful Battle with a Hidden Cause of Chronic Back Pain**

(NAPS)—As a veteran and lifelong athlete, Willie Williams was used to pushing through pain. A graduate of the United States Military Academy at West Point who served with the prestigious 101st Airborne Division Willie spent years jumping out of planes, competing in a variety of sports, and later tending to his land in Spring Branch, Texas. But when he began suffering from a specific type of chronic pain, called vertebro-genic back pain, even such simple tasks as bending over and brushing his teeth became too difficult.



**Willie Williams found help for his aching back.**

"I worked through the pain, but I remember once having to stop in the middle of a basketball game because I couldn't move. I felt frozen," said Willie. "That's how acute the pain was."

**What is Vertebrogenic Back Pain?**

Vertebrogenic back pain is a form of chronic low back pain caused by damage within the spine itself, specifically the thin layers of tissue between the spinal bones and discs. Over time, normal wear and tear or disc degeneration can stress these layers, causing inflammation and pain.

Williams's battle with back pain is not uncommon. Nearly 1 in 4 of U.S. adults live with chronic pain.<sup>1</sup> Experts estimate about one in six of these cases may be vertebrogenic in nature.<sup>2</sup> Yet despite how common it is, this type of pain is often misdiagnosed because chronic pain may come from several different sources.

Many people spend years trying to find relief through physical therapy, chiropractic care, injections, medications or even opioids—often with limited success. Without a clear diagnosis, it's difficult to find a treatment that truly addresses the root cause. Fortunately, doctors can diagnose vertebrogenic back by using an MRI to look for specific changes with endplate inflammation called Modic changes.

**Finally Finding Relief**

For decades, Willie managed his pain with medication and various treatments, but with limited relief. That was until 2024 when his doctor told him about Boston Scientific's Intracept Procedure, a minimally invasive, FDA-cleared option designed to treat chronic, vertebrogenic pain. It works by using targeted radiofrequency energy to stop the basivertebral nerve from carrying pain signals to the brain. To date, more than 60,000 people have now been treated with this procedure.

"Like Willie, many patients are not aware that there is a specific solution for this type of back pain," said Dr. Tristan Lai of the Pain and Wellness Institute of Texas, who is an Air Force veteran and Willie's physician. "The Intracept Procedure offers an effective solution, providing pain relief which can significantly improve the quality of life for my patients and get back to living life with minimal pain."

"I didn't like taking all the medications, so I was open to learning about all of the available options," Willie said. "I just wanted to be able to bend over without pain."

About a week after receiving the treatment, Willie was back to doing the things he loves—playing racquetball and tending to his yard—without pain. Everyday tasks became manageable again.

"My wife loves that I can help her plant flowers in the garden now and traveling has become so much easier," Willie said. "Even when you think you are managing your pain, it can limit you. I don't want to be limited in what I can do."

Boston Scientific's Intracept Procedure is now covered by a growing number of insurers including TRICARE, Medicare Advantage plans and other major private payers such as HealthPartners, expanding access to millions of eligible patients across the U.S.

Individual results may vary, and individuals with chronic pain should consult their doctor about the risks and benefits of any medical procedure. To learn more about vertebrogenic back pain and Boston Scientific's Intracept Procedure, visit [www.Pain.com](http://www.Pain.com).

*Results from case studies are not necessarily predictive of results in other cases. Results in other cases may vary. Talk to your doctor about the risks and benefits of the Intracept Procedure and if it is an option for you.*

Scientists lit a hole filled with natural gas on fire in 1971, expecting it would burn for only a few days. The hole has been burning for the past 40 years and is called "The Door to Hell."





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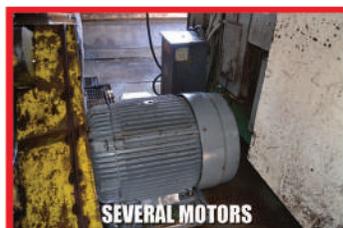
**(1) OF (2) PRECISION CHIP PACKS**



**HURDLE 2 HEAD BLOCK PORTABLE MILL**



**ANOTHER PICTURE OF HURDLE 3 HEAD BLOCK**



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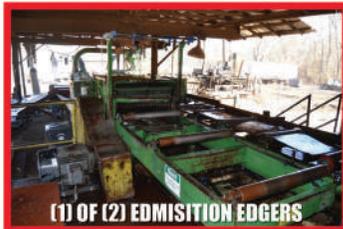
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