



The Upper Cumberland Shopper Inc.

FREE "The Upper Cumberland's Marketplace since 1995"



February 13 - 27, 2026 • Vol. 32, No. 3

"For God so loved the world that he gave his one and only Son that whoever believes in him shall not perish....." John 3:16 (NIV)

TRISTAR
AUCTION GROUP

**EARLY SPRING 2-DAY VIRTUAL
HEAVY EQUIPMENT & TRUCK AUCTION**

FEBRUARY 26 & 27 @ 9AM CST



FEBRUARY 26 - LIVE

DUMP TRUCKS, EQUIPMENT, SERVICE TRUCKS & MORE



FEBRUARY 27-TIMED ONLINE ONLY

FACTORY DIRECT EQUIPMENT, ATTACHMENTS, & MORE



www.TriStarAuction.com 615-301-1600

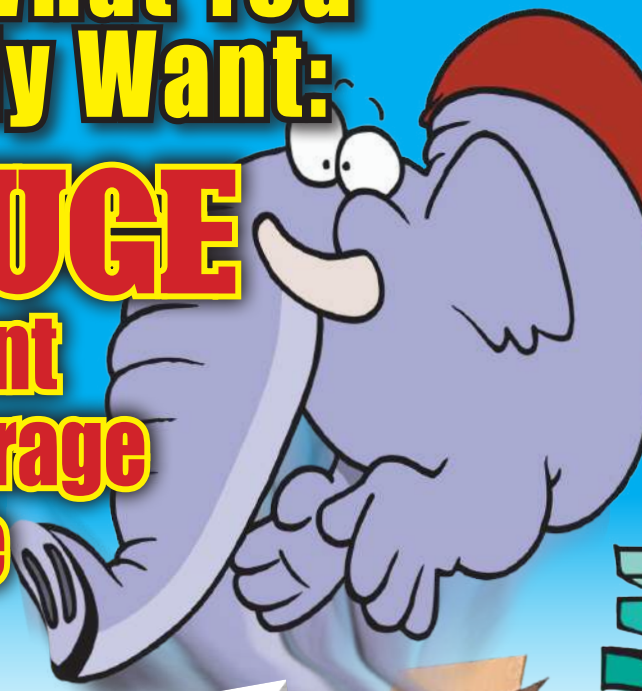
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Principle Auctioneer Daniel Pruitt TN LIC#: 6382- KY LIC #: 280710
Premium- 10% up to \$40,000, \$40,001 and Above \$4,000 CAP

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Commercial Building & 0.55+/- Acres Zoned CL Local Commercial Garage • High Traffic



Bidding Ends Thursday Feb 19th 3pm

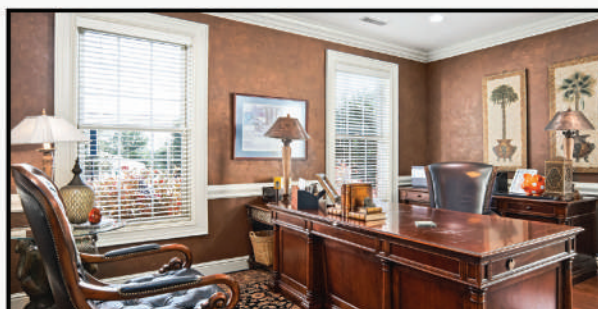
Online Only Auction

818 East 10th Street Cookeville, TN



CLINT CONNER REAL ESTATE BROKER/AUCTIONEER (931)644-7149

We are proud to offer a custom-built commercial building along with a brick detached building. The main building includes 11 offices and 4 half bathrooms, plenty of parking with spaces available at both the front and back of the building, an appealing entrance area for clients and visitors, a fully furnished kitchen, and two additional rooms that can serve as meeting spaces or be adapted to fit your needs. Also improved with a lawn irrigation system & interior sound system on the inside. Located on a high-traffic route and just five minutes from downtown Cookeville, TN, & with an entrance from E 10th St & Brown Ave, this property offers a wide range of potential uses. Bid now and don't miss this ABSOLUTE auction!



**To register to bid, for plat,
& complete terms, visit:**

TNbid.com



931.498.BIDS
931.644.7149

AUCTIONS & REAL ESTATE

#6589
TNBID.COM

4500 Cookeville Hwy Cookeville, TN



The Upper Cumberland Shopper Inc.

"The Upper Cumberland's Marketplace since 1995"

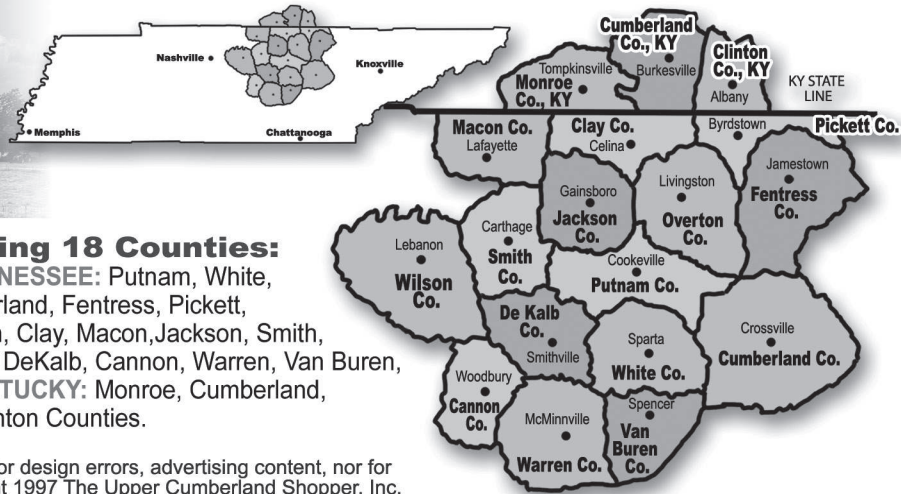
Advertising Information Can Be Obtained By:

Phone: 931-372-9978 • **E-Mail:** theucshopper@gmail.com

Mail: 3900 Clouse Drive, Cookeville, TN 38506

Classified Ads: Form inside back cover of each issue

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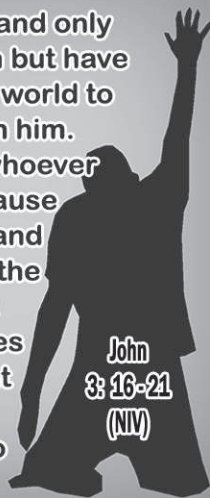


Serving 18 Counties:

IN TENNESSEE: Putnam, White, Cumberland, Fentress, Pickett, Overton, Clay, Macon, Jackson, Smith, Wilson, DeKalb, Cannon, Warren, Van Buren, **IN KENTUCKY:** Monroe, Cumberland, and Clinton Counties.

The Breath of Life

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son. This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God."



Community Events Calendar



EMAIL: THEUCSHOPPER@GMAIL.COM FOR A FREE LISTING OF YOUR EVENT!

ONGOING:

Widows Lunch: Heart of the Cumberland will have a monthly widows lunch at 12:30 p.m. every first Tues. of the month at McAlisters Deli on Interstate Dr. in Cookeville. Every widow or widower is welcome to attend the support group.

Wilson Co. Veterans Center: 112 Hartman Dr. Lebanon, TN. VVA 1004 meeting 1st Mon- 11:30pm. American Legion 2nd Mon-5:30pm. VFW 50015 3rd Mon., 5:30pm. Free meal provided before meetings Info: 615-804-4404

Coffee with a Vet: everyone is welcome to come have coffee with a vet every Thursday morning at Big I's Donuts at 8 am. All veterans are welcome. For info contact Rich Buford at 360-393-1147.

Free Food Giveaway for Veterans every Sat. from 5:00 am until it's all gone. At Uncle Pete's Restaurant. 1210 Sparta Pike, Lebanon, TN.

Feb. 14 Valentines Murder Mystery Dinner
Location: 8400 Silver View Ln, Silver Point, TN. **Time:** 5 - 10 pm. Join us for an elegant evening cloaked in mystery at Leeric Lodge on Center Hill Lake, where the chandeliers glow, the dinner begins, and someone is hiding a deadly secret. A fully immersive, spine tingling murder mystery experience where you are a part of the story. Tickets \$150/each Call 615-684-9643.

Feb. 14 FREE Movie
Location: Putnam Co. Library, 50 E. Broad St., Cookeville, TN. **Time:** 12 noon. Featuring 'Wicked: For Good' with free popcorn.

Feb. 15 Wedding Expo
Location: Putnam Co. Convention Ctr, 600 Tennessee Ave., Cookeville, TN. **Time:** 12 noon - 3 pm. All things bridal presented by The Pink Bride Wedding. For more info visit: thepinkbride.com

Feb. 21 & 22 The Putnam Co. Spring Home Show

Location: Putnam Co. Convention Ctr, 600 Tennessee Ave., Cookeville, TN. **Time:** 10 am - 6 pm. Food trucks, vendors and home improvement booths.

Feb. 28 4th Annual Cookeville Chocolate Festival
Location: Jaimie's Eats and Sweets, 50 W. Broad St., Cookeville, TN. **Time:** 7th: 10 am 28th: 4 pm. Explore Cookeville's Historic Westside and all that it has to offer! Grab a \$5 map and explore the listed businesses to unlock exclusive discounts.

March 21 Cookeville's Largest Yardsale
Location: Putnam Co. Fairgrounds, Cookeville, TN. **Time:** 9 am - 4 pm. Three massive events this year with March 21st being the first date. Diverse vendors selling furniture, tools, vintage items, clothing and more.

CONTACT INFO TO PLACE YOUR EVENT CAN BE FOUND ON PAGE ~3~ IN THE INFORMATION HEADING. ADS WILL BE EDITED FOR SPACE CONSIDERATIONS.

The Wooden Casket LLC

270-427-8912

www.TheWoodenCasketKY.com

203 N. Main St.
Tompkinsville, KY

The Shopper Calendar Alert:
Sunday, February 14th



Get Your AC Serviced TODAY (931) 268-1634

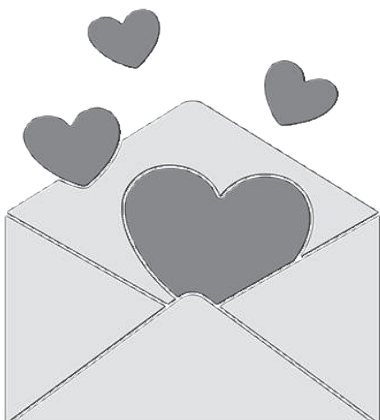
Uncle E's Cycle's and Automotive Repair

Service, Repair, and Custom Work Veteran Owned and Operated

Harleys and all Automotive

Including ATV & UTV
American V Twin / All Makes Metrics
All Makes Automotive & Diesel
Welding / Fabrication

161 Wade Subdivision Lane
(just off Hwy. 56, behind K & K)
Gainesboro, TN
931-268-1634



REAL ESTATE AUCTION

5 Properties Selling at One Location!

FEBRUARY 21 @ 11AM

Live Auction Location

787 Pine Thicket Rd • Sparta, TN

**787 Pine Thicket Rd
Sparta, TN**

1.24 acres • 067 019.03
Multiple
income-producing
residences



1

787 Pine Thicket Rd | Sparta, TN



2

Dibrell St • Sparta, TN

0.08 acres • 59A C 054.00
SELLING ABSOLUTE



3

Hwy 111 N • Sparta, TN

0.55 acres • 003 036.10
SELLING ABSOLUTE



4

N Main St • Sparta, TN

0.66 acres • 0490 B 009.00
SELLING ABSOLUTE



5

N Main St • Sparta, TN

0.9 acres • 0490 B 005.00
SELLING ABSOLUTE



10% buyer premium will be added to all winning bid amounts. 20% down payment is due the day of sale.
Closing must occur within 30 days of sale day.

ALL PROPERTIES LISTED WILL SELL AT ONE LOCATION (PINE THICKETT RD). Auction will begin at 11 am and properties will sell individually. Any announcements made the day of the sale take precedence over previously advertised information.

AdcockAuctionsTN.com
ONLINE BIDDING AVAILABLE!

615-464-7673

EARLY SPRING 2-DAY EQUIPMENT AUCTION

1234 HWY 68, SWEETWATER, TN 37874

**LIVE AND ONLINE AUCTION
DAY 1 – MARCH 11 • DAY 2 – MARCH 12**



Check our website regularly for updates

LAST DAY TO
CONSIGN IS FEB. 27
Accepting equipment M-F
9am-5pm est.



VISIT OUR WEBSITE FOR DETAILS

www.EKAuctioneers.com

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Auctioneers**

www.EKAuctioneers.com

1234 HWY 68, Sweetwater, TN 37886

865-607-6698

Edward Knight, Auctioneer ed@ekauctioneers.com

Bid live On-Site or Simulcast Online at www.EKAuctioneers.com

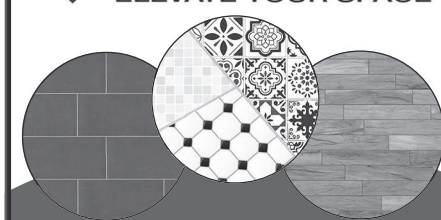


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297 SWEENEY DR. CROSSVILLE, TN (I-40, EXIT 320)



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Get top prices for your livestock. Call us today about our BG beef value added programs. We are happy to come visit your farms and talk about getting the most money for your cattle, whether you have 1 head or 1,000.

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PAUL PARMLEY - 606.307.3535
RONNIE VITATOE - 931.397.7964
GALEN RICHARDSON - 606.307.3717
KELBY GRAVES - 270.427.0754



Sales every Wednesday at 9:30 CST

Jeffery Cyphers (Cell) 270.459.1193 • Brittany Elder (Office) 606.387.4681

1274 Hwy. 90 West
Albany, KY 42602

www.bgstockyards.com
606.387.4681

FACTS ABOUT SPRING

Australia celebrates its first day of Spring in the southern hemisphere on the same day that the United States celebrates the first day of Fall in the northern hemisphere.

Something to SELL?

Get Your Message Out There!

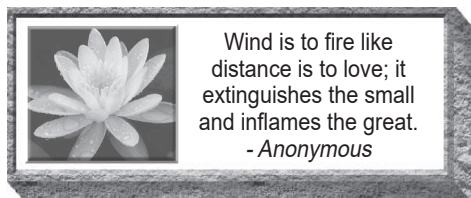
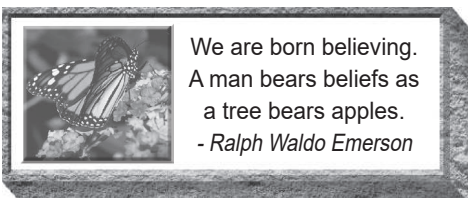
Sell it with a classified ad in



The Shopper

Large Circulation - 14,000 Copies
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Classified Form is inside the back cover • Ph. 931-372-9978 • theucshopper@gmail.com



ANIMALS

To Give Away: FREE Golden Retriever Puppies to Forever Homes due to relocating: 1 Male, 1 Female. Preferably email me first at: stephaniechristensen59@gmail.com before text 352-533-2411.

Come meet some great Forever Friends that need Homes at the Putnam Co. Animal Shelter located at: 2600 Gainesboro Grade, Cookeville, TN Call 931-526-364 for hours and make sure to bring pet id# with you. **Miami:** female, Pit Bull /German Shepherd mix dog, puppy. **Eddie:** male, orange, domestic medium hair mix cat, 5 years old. **Pixie:** female, Tabby domestic shorthair mix cat, 1 years old. **Regift:** male, English Pointer mix dog, 3 years old. Make room for a sweet companion!

Please remember to Spay & Neuter your pets.

FREE TO GOOD HOME: One Long Hair white, black & brown male **Guinea Pig** with cage, water bowl, bedding. **Two Gerbils**, males, one white, one brown, with cage, water bowl, bedding. Call 931-284-9957.

Macon Spay Neuter Assistance. We offer **Affordable** High-Quality Spay & Neuter Services with Bi-Monthly Transports. **Greatly reduced rates.** Call 615-670-0448 for appointment. www.ms-na.org. Non-Profit 501(c)(3). Macon County.

ANIMALS

7 Puppies, free to good home. 8 weeks old, wormed, Husky / Retriever mix. 931-310-9592.

CARS

2006 Lincoln Zephyr. Good condition, 100k miles, new tires, serviced well. \$6,500. Call 615-642-6191.

1969 Ford 351ci Windsor V8 engine. 290hp, fresh. **1968 Ford FE 428ci V8**, fresh. Too much to list, both are professionally built. Call 931-349-2616 - Cookeville, TN.

2008 Chevrolet 3500 Cargo Van. Jasper crate engine, Onan generator, good condition. \$10,000 OBO. 423-505-6734.

2008 Chevrolet 3500 Cargo Van: Newer Jasper V8 engine, Onan commercial generator - \$11,000 OBO. Call 423-505-6734.

Buy - Sell - Trade

2011 Ford Flex. Extra clean. New engine, transmission, brakes, shocks, struts. Tip top shape. \$18,000. 931-349-2616.

You Don't Have to Spend a crazy price for a Battery. Good car & truck batteries for only \$50 + tax with exchange. B&K Auto Sales, 2595 W. Broad St. Cookeville. Call 931-372-1380.

CARS

2003 Dodge Hi-Top Conversion Van: 3 local owners, 27K miles - \$7,000 Firm Price. Call 931-742-9718 leave message will call back.

2001 Chrysler Sebring LX Convertible. Raymond Johnson 931-265-6258. **1969 351 Windsor V8 Ford.** new and complete, including water pump. \$5,000. Call 931-349-2616.

1964 Cadillac Sedan DeVille. 6 windows, 500ci V8 engine, 200R GM transmission. Needs paint and new upholstery. \$2,500. 931-349-2616.

Buy - Sell - Trade

1958 Ford Thunderbird. 300hp, AC, automatic, runs well, good condition. \$20,000. 423-505-6734.

EMPLOYMENT

Class A CDL Drivers Wanted: \$800 to 1,200 per week. Home at least 2 days a week. Please call Gary at 615-260-6854.

Now Hiring: Layout Person for Stone Monuments. Experience would be helpful, but will train. Cookeville, TN. Call 931-261-7769.

Now Seeking Self Motivated, apprentice/helper for professional plumbing company. Call 931-271-0216.

945 E. BADDOUR PARKWAY • LEBANON, TENNESSEE



ESTATE AUCTION

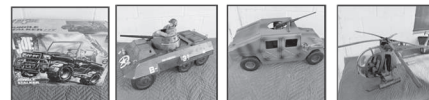


100'S OF VINTAGE TOYS (1960'S AND NEWER) NOS (G.I. JOE, MODEL CARS, NASCAR AND MORE) 1000'S OF SPORTS CARDS (FOOTBALL, BASEBALL, HOCKEY, BASKETBALL, NASCAR, G.I. JOE, MARVEL, STAR WARS, STAR TREK) COMIC BOOKS (SUPERMAN, SPIDERMAN, HULK, X-MEN, NASCAR AND OTHERS)
MR. JAMES "FAT DADDY" GENTRY ESTATE

SAT., FEB. 21, 9 A.M. (C.S.T.)

LOCATION: EDUCATION BUILDING @ THE WILSON CO. FAIRGROUNDS, LEBANON, TN

DIRECTIONS FROM LEBANON AND E. BADDOUR PARKWAY (HWY. 70): Turn off of E. Baddour Parkway onto James E. Ward Center Road turning right @ end of road and following James E. Ward Center Road to the Education Building on the right (watch for signs).



SELLER: Mr. James "Fat Daddy" Gentry Estate
AUCTION AGENT: Ben Bray 615-666-2232
TERMS: Cash or good check (positive ID required). 10% Buyers Premium added to final bid to determine purchase price.

MACON COUNTY FAIRGROUNDS • LAFAYETTE, TENNESSEE

FARM EQUIPMENT AUCTION

SAT., FEB. 28, 9 A.M. C.S.T.

RECEIVING EQUIPMENT
FEB. 23-FEB. 27, 8:30 AM TILL 4:30 PM



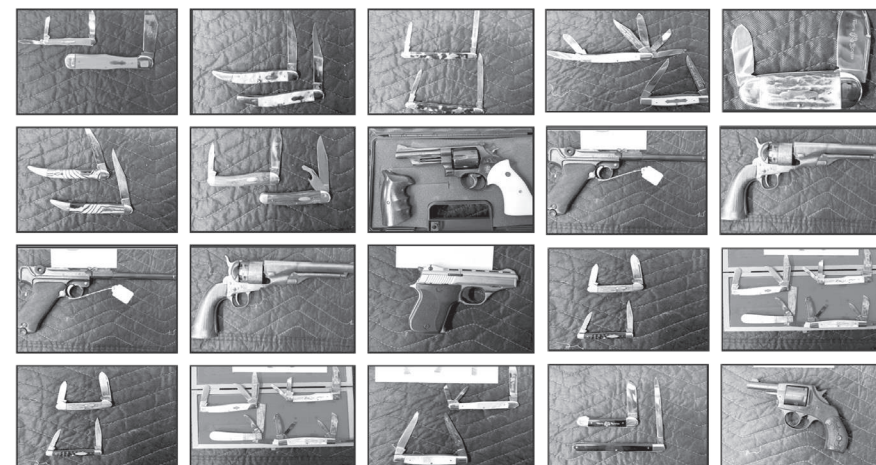
MACON COUNTY FAIRGROUNDS • LAFAYETTE, TENNESSEE

SAT., MARCH 7, 8:00 A.M. (C.S.T.)

ON-SITE AUCTION LOCATION: MACON COUNTY FAIRGROUNDS, SALLY WELLS BUILDING, RUSSELL DRIVE, LAFAYETE, TN 37083

BID ON-LINE @ www.benbrayrealestate.com
BEGINNING FRIDAY, FEBRUARY 20 OR ATTEND THE ON-SITE AUCTION

KNIVES / KNIVES / KNIVES (FIGHTIN ROOSTER. CASE XX & OTHERS) GUNS (LONG GUNS - PISTOLS / SMITH & WESSON, COLT, WINCHESTER & OTHERS)
LOTS OF AMMO PLUS OTHER MILITARY RELATED ITEMS
WE HAVE OVER 1,000 ITEMS TO SELL @ THE
MR. JAMES "FAT DADDY" GENTRY ESTATE AUCTION
THIS IS AN ON-LINE / ON-SITE AUCTION



SELLER: Mr. James "Fat Daddy" Gentry Estate.

TERMS: Cash or good check (positive ID required).

BUYERS PREMIUM: 10% Buyers Premium added to final bid to establish purchase price.

AUCTION AGENT: Ben Bray 615-666-2232.

Information in this ad is believed to be correct but not warranted. Any announcement made day of sale takes precedence over all other advertising.

Better Homes and Gardens
REAL ESTATE

672 Hwy. 52 By-Pass W. • Lafayette, TN 37083 • (615) 666-2232

125 E. Prince St., Suite 102 • Gallatin, TN 37066 • (615) 899-6089

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Auction Firm Lic. #194 • Real Estate Lic. #250140

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www.benbrayrealestate.com

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Necia Borders 615-633-8906
Devon Bray 615-476-9232
Katie Jones 270-618-1617
Nicole Miller 937-750-2161
Katie Blankenship 615-388-3224
Annette Morgan 615-633-6298
Cameron Roberts 615-388-5576
Nicole Carver 615-655-3621
Jared Sullivan 615-670-7097
Kelsey Goolsby 270-427-9555
Landon Colter 615-633-5378
Nick Hill 615-388-1186
Jennifer Sullivan 615-476-2062
Danielle Eldridge 615-489-7865
Whitney Shrum 615-489-6821
Kyle Woodard 615-388-7715
Jennifer West 615-830-4956
A.J. Holiday 615-578-0465
Karen Burrow 615-578-0465
Danya Cox 615-655-4196
Karen Burrow 615-948-5973
Stephanie Gray 615-651-9471
Devin Shrum 615-670-3522
Blaine Higgins 615-561-8567
Greg Russell 615-655-4368
Trevor Swindle 615-670-4724
Bryce Nichols 615-670-8525

HUGE ONLINE EQUIPMENT AUCTION

BIDDING OPEN UNTIL FEBRUARY 18, 5:30PM CST

MINI EXCAVATORS, SKID STEERS, AUGERS, TRENCHERS, MULCHERS, TRENCHERS, & MORE



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See our website for terms and further information www.taylorauction.net

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or www.auctionzip.com
ID 1680

Through Jesus, therefore, let us continually offer to God a sacrifice of praise - the fruit of lips that openly profess his name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.

Have confidence in your leaders and submit to their authority, because they keep watch over you as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you. Pray for us. We are sure that we have a clear conscience and desire to live honorably in every way.

Hebrews 13: 15 - 18



Crabtree & Crace Jewelers

1 Carat Diamond Hoop Earrings
NOW ONLY \$699

3 Carat Diamond Solitaire Rings
NOW ONLY \$1,999

Storewide Savings 30-50%
Large Assortment of Leviau, Lafont, & Citizens Watches

BUYING

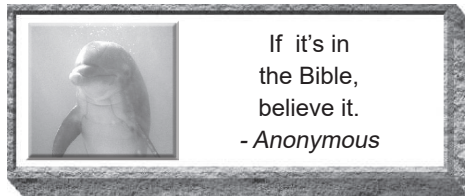
Coins, Watches, Diamonds, Gold, Silver, and Any Type of Jewelry and Collectibles

Financing & Layaway Available
Jewelry & Watch Repair In Store

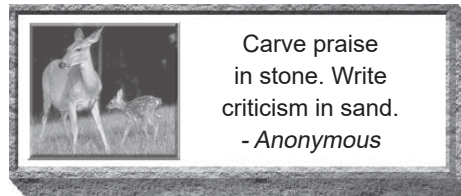
1 Carat Diamond Earrings
NOW ONLY \$599

Silver Jewelry Department 30%-50% OFF!

470 NEAL STREET, COOKEVILLE, TN • 931-525-7325



If it's in the Bible, believe it.
- Anonymous



Carve praise in stone. Write criticism in sand.
- Anonymous



ONLINE ONLY ABSOLUTE AUCTION

Multiple Lots @ Spring Creek Airport

BIDDING ENDS THURSDAY • FEBRUARY 26 • 10 AM

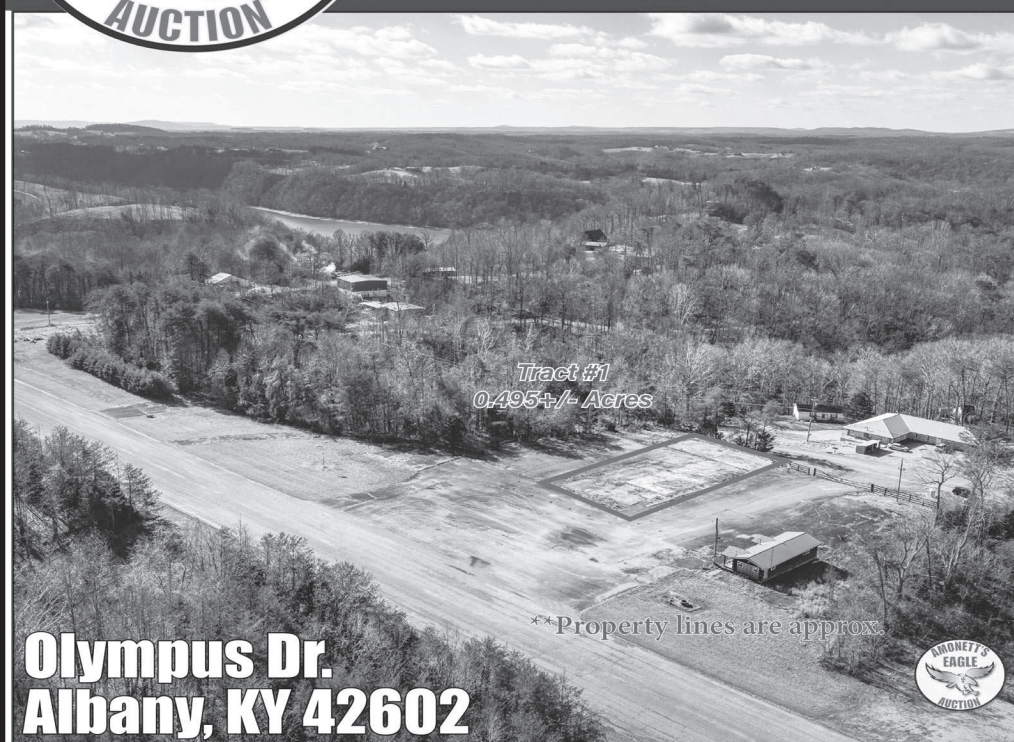
An opportunity to purchase real estate near Dale Hollow Lake!

The property is offered in 5 tracts with each tract allowing investment opportunity.

Tract 1 offers a concrete/asphalt pad adjoining Olympus Drive and Spring Creek Airstrip.

Tracts 2-5 offer great access and lakeview.

Selling absolute and by new survey.



Tract #1
0.495 +/- Acres

**Property lines are approx.



Tract #2

Tract #3

Tract #5

Tract #4

eagleauctions.com

Nathan Groce • Agent/Auctioneer • (606) 688-1925

Lee Amonett • Broker/Auctioneer • (931) 252-1907

Terms: 10% Buyer's Premium. 20% Deposit at conclusion of sale, with balance due in 30 days. Current Year's Taxes Pro-Rated. Possession with Deed. All Property selling "As Is, Where Is" both surface and subsurface with no warranties. Bidders should complete their own due diligence prior to the sale. Announcements & Updates Take Precedence Over All Other Advertising.

AMONETT'S EAGLE AUCTION & REALTY LLC
2276 Livingston Hwy. • Monroe, TN 38573
25-090 **931-864-5335**
TN 6150 KY 2965 IN AU1200022
www.eagleauctions.com



Online Only Auctions!

4500 Cookeville Hwy Cookeville, TN



Boat • Tools • Guitars • Antiques • Pers Prop

Bidding Ends Tues Feb 17th 6pm

We are proud to offer a very large selection of personal property! Pontoon Boat, ATVs, 1927 Martin 0-18, Vintage Guitars, Antiques, Decor, Glassware, Furniture, Tools, Shop Items, Appliances, Knives, & More!

4500 Cookeville Hwy Cookeville, TN



Morgan Dollars • Silver Rounds • Coins
• Sports Cards

Bidding Ends Wed Feb 18th 6pm

We are proud to offer a large selection of coins & sports cards. Over 400 lots! Bid now!

1324 James White Rd Celina, TN



Home & 5.3+/- Acres • Private • Woodland Retreat • Near Dale Hollow Lake

Bidding ends Friday Feb 20th 3pm

1 bed, 1 bath home on 5.3+/- acres. Enjoy privacy and seclusion just minutes from Dale Hollow Lake. Whether you're seeking a starter home or a quiet getaway retreat, this ABSOLUTE auction is one you don't want to miss!

For complete terms & to bid visit: TNbid.com
Clint Conner Broker/Auctioneer (931)644-7149 (931)498-BIDS

15% deposit with the balance due on or before 30 days. 10% buyer's premium. 2026 property taxes are prorated to the date of closing. Homes built prior 1978 may contain lead-based paint. Buyer to sign lead-based paint disclosure.



Online Only Auctions!

Silver Dollars • Morgan Dollars
Peace Dollars • Coins

Bidding Ends Fri Feb 20th 6pm

We are proud to offer a very large selection of coins including Silver Dollars, Wheat Cents, Morgan Dollars, Franklin Half Dollars, Peace Dollars, & More!



Lot 1

4500 Cookeville Hwy Cookeville, TN

2 Homes & 3+/- Acres • Outbuildings
Personal Property

Bidding Ends Tues Feb 24th 6pm

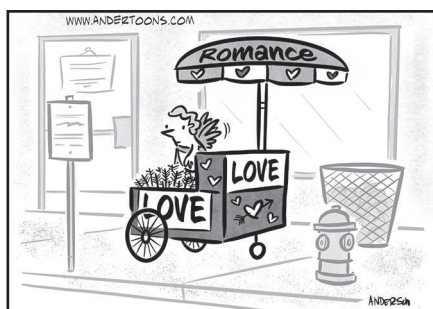
We are proud to offer two conveniently located homes just a 10-minute drive from Crossville, TN. This property sits on 3+/- acres & also includes two outbuildings and a shed, offering plenty of space for storage or projects. Don't miss this ABSOLUTE auction—bid now!



41 Bonanza Dr Crossville, TN

For complete terms & to bid visit: TNbid.com
Clint Conner Broker/Auctioneer (931)644-7149 (931)498-BIDS

15% deposit with the balance due on or before 30 days. 10% buyer's premium. 2026 property taxes are prorated to the date of closing. Homes built prior 1978 may contain lead-based paint. Buyer to sign lead-based paint disclosure.



Cookeville Putnam County ANIMAL SHELTER

Many Forever Friends all in One Place



LEON the SNOWMAN

Male. Brown Tabby & White Shorthair. 2 years old.



RAVIOLI

Female. Bull Terrier/Pit Bull Mix. 6 months old.



TATER

Female. Black Labrador Retriever Mix. 2 years old.



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Female. Torbie Domestic Mediumhair. 5 months old.

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Worry ends where faith begins.
- Anonymous



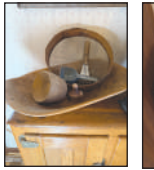
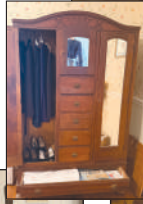
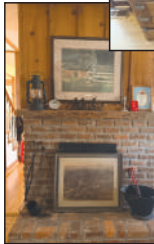
Be careful what you plant today; it will determine what you reap tomorrow. - Anonymous

ESTATE SALE

February 27th & 28th
Friday and Saturday
9:00am - 4:00pm both days
7630 Walking Horse Lane
Cookeville, TN 38501

The Estate of Bill Baird Griffith and Naomi Griffith

Farmhouse Items: Primitive wood dough bowl, Western Flyer metal pedal tractor, 2 gallon Tennessee Pottery jug, vintage oak icebox, vintage Fisher Price castle, Fisher Price parking garage, Star Wars 14" Boba Fett figure, Star Wars R2D2, Star Wars X Wing Fighter toy, Star Wars sheet set, mahogany wardrobe. 1930s red coat & dress, 1940s blue wool dress and cape, feather weight Singer sewing machine & case, large early Winnie the Pooh bear, oak wall phone, wood butter molds, wooden kraut cutter, framed prints by Michael Sloan, 'Sorghum Mill' by Ben Hampton. Brass and marble justice scales, advertising wooden biscuit box, early wooden coffee box, silver plate trays, etc. Ornate mission oak desk and chair, vintage clothes, large vintage Winnie the Pooh bear, old hand tools, vintage Christmas brass candlesticks, vintage celluloid rattles, vintage baby clothes, wooden drop leaf table, 4 shaker chairs, Buddy L toy cars, cast iron dinner bell, 1960s Baba Looney bank, Nylint Bike buggy truck toy, large wooden dominoes, Masters of the Universe case and dolls, cases of matchbox cars, Lesney toy cars, crock bowls, vintage bottles, old doors, shutters, garden tools, and MUCH, MUCH MORE!!!!



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MISCELLANEOUS

Model 1892 Winchester Rifle: 169 rounds 25-20 ammo - \$800; **1851 Colt Black powder replica** with powder horn. Call 931-510-0940.

Looking for elderly female in good health, that needs a place to live to help take care of my wife with dementia. Call 931-287-1978.

For Sale: 2024 John Deere Lawn Mower. 40" cut, only 8 1/2 hours, brand new - \$2,500. Call 615-563-2772.

Browning .300 Winchester Mag with 220 rounds of ammo, Nikon scope, bipod and case included - \$850. Call 931-349-4397.

Caregiver Looking to stay with elderly people at home. Cook, clean, do laundry and care for them. My hours are 7 am - 5 pm. Mon, Thur., Fri., Sat., and Sun. for \$10 hour. Have stayed with dementia and Alzheimer's people. My patience is very good. Have references. Call 931-319-3237.

Leather - small pieces to big pieces, a few colors. \$1 to \$50 per piece. 931-224-2144.

Dolls, BB (Beanie Baby) for sale. 8 limited edition Barbies, 50+ BB (Beanie Babies), mint condition, 1 Princess Diana BB, full set, no duplicates, Cookeville, TN. Call 615-804-7746.

MISCELLANEOUS

Wanted to Buy: Russian Dragunov Tiger Rifle, caliber 7.62x54R. Call 865-850-2729.

Lawn Mower for sale. Craftsman, 42", 17 hp, 3 years old - \$500. Cookeville, TN. Call 615-804-7746.

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Thru Thursday, February 26th at 4:00 pm (soft close)
Pickup Saturday, February 28th - 1:00 - 3:00 pm

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Spring officially begins on the vernal equinox, which usually falls between March 19th and 21st. At this time, the length of day and night are nearly equal, signaling the start of longer, sunnier days.



KIDMINDS.ORG

"The Delivery Kid"

I paid a homeless stranger to sit in my unlocked truck every Tuesday and Thursday for two months. I told him it was for my dog's safety. I lied. It was the only way to save his life.

My name is Leo, and I drive for a delivery app. My copilot is Barnaby, a German Shepherd I pulled from a kill shelter last year. Barnaby is missing his back left leg and half his left ear. He's ugly to some, but to me, he's beautiful. He's also the worst guard dog in history.

This past winter was brutal. The wind chill was hitting ten below, and the economy was even colder. One afternoon, I pulled into a superstore parking lot to grab a sandwich. That's when I saw the van. It was a rusted-out 90s model, tires bald, windows covered with cardboard. Standing next to it was a man I'd later know as Silas. He was wearing a thin, faded army jacket that had seen better decades. He was trying to pour the last few drops of a gas can into his tank, shaking it desperately. He looked freezing. His hands were cracked and bleeding from the cold.

I walked over, pulling a twenty-dollar bill from my pocket. "Hey man," I said. "Looks rough. Here, grab some lunch." Silas stiffened. He stood up straight - spine like a steel rod - and looked me dead in the eye. "I'm not a beggar, son," he said, his voice like gravel. "I have a pension coming. I'm just... waiting on the paperwork."

He wasn't waiting on paperwork. He was starving. But I knew that look. It was the same look an old woman named Martha used to give me. It was pride. It was the refusal to be a charity case in a world that had already written him off. I put the money away. "My mistake, sir."

I walked back to my truck. Barnaby was in the passenger seat, nose pressed against the glass. He usually barked at strangers, but he was staring at Silas and whining. A soft, high-pitched cry.

That gave me an idea.

I rolled down my window and yelled back. "Hey! You looking for work?"

Silas paused, narrowing his eyes. "Depends on the work."

I put on my best stressed-out face. "Look, I have a problem. I have to go into this store to pick up a catering order. It's gonna take twenty minutes. My dog, Barnaby, he has severe separation anxiety. If I leave him alone, he destroys the upholstery. I can't afford to fix the seats again."

I patted the truck door. "I need someone to just sit in the driver's seat. You don't have to do anything. Just be a presence so he stays calm. I'll pay you fifteen bucks. It's cheaper than reupholstering my truck."

Silas looked at the truck. Then he looked at Barnaby. Barnaby thumped his tail against the seat - thump, thump, thump.

"Fifteen dollars?" Silas asked. "To save my leather seats? Yeah. You'd be doing me a huge favor."

"Alright," Silas grunted. "I can handle a dog."

For the next eight weeks, this became our routine. Every Tuesday and Thursday, I'd "need help" with a pickup.

I'd leave the engine running so the heater would blast. I'd go into the store, buy a coffee, and watch from the window.

The first time, Silas sat rigid, staring straight ahead. But then, Barnaby—who was actually terrified of men in hats—did something he never did. He hobbled over on his three legs and rested his heavy head on Silas's lap.

I watched this hardened veteran, a man who wouldn't take a dime from me, slowly take his hand out of his pocket. He stroked Barnaby's ears. Then, I saw him reach into his jacket, pull out a dry cracker—probably his only food for the day—break it in half, and give the bigger half to the dog.

"You and me, buddy," I read his lips. "We've both got some battle scars, huh?"

Those fifteen dollars became thirty. I started "accidentally" leaving sandwiches on the dashboard. "Hey, they gave me the wrong order, I was gonna toss this, you want it?"

Silas always ate the sandwich. But he always did the job first. He wasn't taking charity; he was earning his keep.

Then last week, Tuesday came. The van was gone. I waited an hour. Nothing. My stomach dropped. You hear stories about people freezing in their cars. I asked around the lot. A cart attendant told me the ambulance had come two days prior. "Collapsed," he said. "Heart condition."

I felt a hollow ache in my chest. I didn't even know his last name. I thought that was it. Just another ghost in the system.

Yesterday, I walked out to my truck and saw something tied to the side mirror. It was a small, worn envelope.

Inside, there was no money. There was a medal. A Purple Heart, old and tarnished. And a note scrawled on the back of a soup label.

"To the Delivery Kid,

I'm at the VA hospital now. They finally processed my paperwork. I've got a bed and a warm room. You're a terrible liar, son. I was a K9 handler in the Army for twenty years. I know what a dog with separation anxiety looks like. Barnaby doesn't have anxiety. He's rock solid. He wasn't scared. He was comforting me. You knew I wouldn't take your money, so you gave me a job. You gave me a reason to unlock my door and sit in the warmth without feeling like a failure. You let me protect your dog, so I could feel like a soldier again. I can't pay you back. But give this to Barnaby. He earned it. - Silas"

I sat in my truck and cried. I tied that Purple Heart to Barnaby's collar. He sat up straighter, chest out, like he knew exactly what it meant.

We live in a culture that is obsessed with self-reliance. We are taught that needing help is a weakness. But sometimes, the greatest kindness isn't writing a check. It's creating a space where someone can accept help without losing their dignity.

We didn't just save Silas. He saved us, too. He reminded me that everyone - no matter how broken they look on the outside - has something of value to offer. Sometimes, you don't need a hero. Sometimes, you just need a German Shepherd and a job to do.



Credit: Cheryl Purcell

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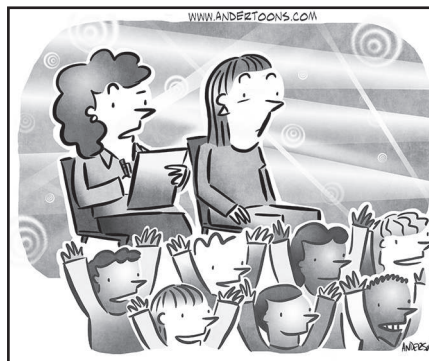
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Isaiah 30: 19 - 22



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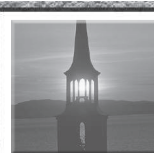
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- Plato



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Making Life More Fun

New Year, New Adventures: Tucson Treasures that Give Back

(NAPS)—You can kick off the New Year by exploring experiences and meaningful finds that celebrate the Southwest's natural beauty and cultural heritage. Western National Parks (WNP), a nonprofit partner to 72 national parks, operates park stores and visitor centers across the West, including such favorites as Saguaro National Park and Tumacacori National Historical Park, plus The National Parks Store in Oro Valley.

Whether you're refreshing your home, picking up something special for a birthday, or treating yourself to a new year of adventure, here are ways to shop and explore with purpose.

To Start: The National Parks Store

The National Parks Store is a favorite for thoughtful, nature-inspired items. Inside, you'll find:

- Southwest and Native artisan-made jewelry and crafts
- Park-themed children's books and hands-on learning sets
- Decor, pottery, prints, and textiles inspired by desert landscapes
- Pocket-sized finds like patches, stickers, magnets, field notebooks, and mineral sets

Every purchase directly supports educational programs, research, and cultural preservation across national parks in the West—meaning your gift creates impact long into the future.

Make It an Outing

The store regularly hosts community events, including artist demonstrations, book talks, and cultural conversations. Start the year by exploring something new or simply enjoy a welcoming space filled with history and art.

Pair Your Shopping with a Nature Escape: Saguaro National Park

A fresh year is a great reason to step into the desert and reset.

Just minutes from Tucson, Saguaro National Park spans two districts filled with ridgelines, sunset overlooks, interpretive trails, and iconic silhouettes. It's an easy way to find calm, reconnect with the outdoors, or inspire visiting friends and family. While exploring, stop by the park store operated by WNP to discover field guides, locally inspired gear, and gifts rooted in the landscape.



Shopping and traveling America's great Southwest can be a wonderful experience.

New Year Inspiration

Start a nature-walk tradition, then choose a Saguaro-inspired keepsake from The National Parks Store to celebrate the moment.

Plan a Southern Arizona National Park Road Trip

If your New Year goals include adventure, consider a road trip through Southern Arizona's national parks. With WNP-operated stores along the way, you can pair time outside with meaningful shopping stops that support the places you love.

From Tumacacori National Historical Park—where culture and riverside trails meet—to other nearby parks and monuments, you can create a day trip or multi-day itinerary that feels restorative and enriching.

For inspiration, explore WNP's trip ideas, including:

- 10 Days in Southern Arizona's National Parks & Monuments
- 8 Hours at Tumacacori National Historical Park

You'll find suggested stops, timing, and ideas for making the most of your time outdoors whether it's a single afternoon or a weekend escape.

Support What You Love

Shopping local can also mean investing in the landscapes and communities that define Southern Arizona. When you shop with WNP (in person or online) your purchases support conservation, youth access initiatives, tribal artist partnerships, and the stewardship of these incredible places.

This year, you can choose gifts and experiences that tell a story of the desert, of our parks, and of the people dedicated to protecting them for generations to come.



Dancing on the River

Kids Dance Party • Ages 10 & Under
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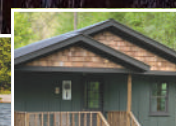
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INK AND STRINGS

SONGWRITERS COMPETITION

Highlights Local Talent

Clay County recently hosted the Ink and Strings Tennessee Songwriters Competition, held at the Painted Pig, 16150 Clay County Hwy, Red Boiling Springs, TN, showcasing an impressive lineup of regional songwriting talent. These are the top three winners



Trevor Daniel
FIRST PLACE



Gary Gentry
SECOND PLACE



Linda Purrs
THIRD PLACE

Daniel and Gentry will advance to the next round of the competition in Portland, Tennessee, on February 27, where they will continue representing Clay County. Community members are encouraged to show their support as they move forward.

The evening was made possible by strong community support, with a great turnout of attendees cheering on their favorite performers. Events like Ink and Strings continue to highlight the strength and creativity of Clay County's music community.



EPHESIANS 5:1-2



"Well clearly there's been some sort of scheduling error."

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For the best baking results, ingredients such as baking powder, baking soda, and flour must be fresh.

According to a recent survey of home bakers, freshness is very important. More than 70 percent of people surveyed ranked freshness as a significant factor when buying baking ingredients and 74 percent say they look for the manufacturer's expiration date when shopping and when baking. To ensure freshness of your baking powder, the makers of Clabber Girl are introducing a new "fresh lid" that encourages you to write the "opened date" on the top of the can.

To get the best leavening, it's not only important to know the expiration date, but also to remember when you opened the can. Baking powder starts to react as soon as the can is opened and the powder is exposed to heat and moisture. That's why you should get a new can after six months. The manufacturer's date stamped on the bottom refers to the latest date you should open the sealed can. After that, the baking powder may not react well.

Smart Storage

Baking powder should be stored in a cool, dry place, away from heat or moisture. Make sure the lid is on securely at all times. Don't store it in the refrigerator or freezer. Condensation will gather on the inside of the can, causing the powder to react in the can.

If you're not sure whether your powder has been properly stored, you can test it easily. Take 1 teaspoon of baking powder and mix it with ½ cup very hot water. If it fizzes and bubbles, go ahead and bake away. If it doesn't react or the reaction is delayed or weak, it's time to get a new can.

Once you know your powder is fresh, you may care to try it out with this delicious cake:

Bourbon Pecan Pound Cake

Cake:

- ½ c. vegetable shortening
- ½ c. butter
- 1½ c. granulated sugar

- 2 c. cake flour
- 1½ tsp. Clabber Girl Baking Powder
- ¼ tsp. Clabber Girl Baking Soda
- ½ tsp. salt
- ½ c. sour cream
- 3 Tbsp. bourbon whiskey
- 4 eggs
- ¾ c. chopped pecans

Glaze:

- 1 c. confectioners' sugar
- 1½ tsp. bourbon whiskey
- 1½ Tbsp. water

Instructions:

Set oven rack to middle location and preheat oven to 350 degrees F.

Cake:

In a large bowl, cream together shortening, butter and sugar until smooth then set aside. In a medium bowl, sift together flour, Clabber Girl Baking Powder, Clabber Girl Baking Soda and salt; combine well, add to creamed mixture, and mix on low speed 1 minute. Add sour cream, whiskey, eggs, and beat on medium speed 2 minutes; mix in pecans. Pour batter into greased 9-inch tube pan or 9 x 5 x 3-inch loaf pan.

Bake (middle rack) at 350 degrees F for 55 minutes or until cake tests done. To test cake, insert a toothpick into the cake and visually check to ensure toothpick is clean when removed. Allow cake to cool before applying glaze.

Glaze:

Beat sugar, whiskey and water together until smooth. Pour over cake.

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Don't be deceived, my dear brothers and sisters. Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.



James 1: 13 - 17

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Nearly all of us have some method for planning our daily activities. With no plan to follow, our time will likely be wasted and our days meaningless. Often, however, our carefully detailed plans can be completely disrupted by an emergency or unexpected demand. In Psalm 92, however, we find a simple way to open and close each day and bring God's presence into our lives. The Psalmist suggests that we begin the day with a "proclamation" - we are to "proclaim the love of God." If we begin each day by proclaiming the love that God has for us, it will remind us that we are safe and secure in His love and that nothing or no one can destroy us. Then, as the day unfolds and when the unexpected occurs and things seem upside down, we can know that He is holding us close to Himself and that He will protect us from that which might harm us. It is in His love that we are safe and secure. As Paul wrote, "Nothing can separate us from the love of God which is in Christ Jesus our Lord." It is His love that keeps us close to Him and no one or nothing can break this bond that comes from Him. As we end each day, we are advised to praise God for His faithfulness. Indeed, by His grace He has brought us through another day and He has proven Himself to be trustworthy. Even when tragedy strikes or the light of His presence is dim, we have the assurance that He is with us. If "things" look bad today, we can always look back at our "yesterdays" and see God at work in our lives and praise Him for His trustworthiness and faithfulness.



Health is not simply the absence of sickness.
- Hannah Green



Never interrupt your enemy when he is making a mistake.
- Napoleon Bonaparte

health hints

You Can Quit Smoking

(NAPS)—There could be good news for many Americans who feared their resolve to quit cigarettes would go up in smoke.

When To Quit

Quit now! Doctors point out that these days kicking the habit may be easier to do than ever before.

For one thing, science's understanding of tobacco dependence has increased. It seems it's a chronic condition that often requires repeated treatment, much like high blood pressure and diabetes. Fortunately, research also shows treatment works and can produce long term or even permanent recovery.

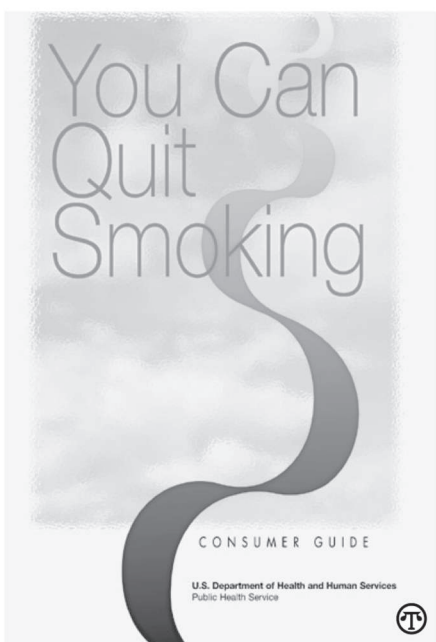
Why To Quit

This is good for several reasons. If you quit you can:

- Live a longer and healthier life.
- Have more energy and be able to breathe easier.
- Lower your risk of heart problems, strokes and cancer.
- Ensure that people in your household, especially children, will be healthier.
- Save money. If you spend \$3 a day on cigarettes, you can save over \$1,000 in a year.

How To Quit

With the help of a healthcare professional, you can find a quit plan that's right for you. This can include counseling; nicotine replacement with an over-the-counter product such as the nicotine patch or gum or a prescription product, for instance, a nicotine inhaler, nasal spray or new non-nicotine pill. While many smokers try to quit on their own, or cold turkey, studies have shown that those who



No butts about it, even if you have tried to quit smoking before, now may be the time you succeed.

work with their healthcare professional achieve a higher success rate.

Where To Get Help

A new booklet, "You Can Quit Smoking," developed by the U.S. Public Health Service, can help you on the road to becoming tobacco free. The booklet features a five step program to help you quit and includes questions to ask yourself, your family and your healthcare provider. It also offers tips to help you establish a support network to handle relapses, find alternatives to tobacco and understand the reasons now is the time to make this life-saving decision.

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Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.

1 John 4: 7 - 12



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Plastic Substitutions

by Lisa Luck



Most of us use plastics everyday. It really is completely unavoidable because so many products are made from plastic. Some plastics are used over and over again. Single-use plastics will only be used once before being discarded. They are convenient but that doesn't mean we should be using them on a daily basis. There are numerous problems plastics cause in the environment. One problem is that plastic does not decompose. Instead it degrades and breaks into tiny pieces. The visible pieces are called microplastics. These get washed into creeks, lakes, and rivers. Because they are lightweight, they follow the current of the water and they travel to the ocean where they accumulate. As the plastic travels, it begins breaking into pieces and gets washed into the ocean. Fish and birds consume bits of plastic confusing it with food. Humans end up eating plastic that has accumulated in fish.

Other particles are invisible to the eye, and are called nanoplastics. These often become suspended in the air carried by the wind where they are dispersed throughout the earth. Nanoplastics also enter food or beverages when these are packaged in plastic containers. They are also dispersed into the atmosphere when clothes made from plastic fibers, such as nylon, polyester, and rayon are dried in a dryer. Nanoplastics are breathed into the lungs, and can also enter the body through eating or drinking. Scientists are just learning about the impact that plastic waste has on the living body. Plastic waste can be found everywhere.

As far as disposal, many people think that recycling plastics solves the worldwide plastic problems. But, it does not. Recycling contributes to the plastic breaking down into micro- and nanoplastics. The only solution is to avoid plastics whenever possible. They are toxic to the environment and to the human body. Plastic is made from fossil fuels with a cocktail of chemicals that are added to give it the versatile qualities we all know and (used to) love.

Following are a list of items that are frequently made from plastic that can easily be substituted with environmentally products. Instead of plastic flatware, use metal or bamboo. Instead of plastic plates or cups, use ceramic or cardboard (non-coated). Plastics last indefinitely in the environment and negatively affect all life on earth. According to Aquasana, over 60 million plastic water bottles are purchased and discarded every day in the United States, and 1.3 billion are used daily across the world. Instead of drinking bottled water, buy a stainless steel thermos and/or water bottle as these will last a lifetime. A stainless steel container will prevent the ingestion of plastic particles that are sloughed off from plastic bottles. Buy milk and juice in waxed cardboard containers instead of plastic jugs. Although the cardboard containers cannot be recycled, they have less of an impact on the environment than plastic jugs. Purchase compostable bags for food storage, trash and pet waste. Until packaging can be made from biodegradable or recyclable materials, it is best avoided.

Lisa Luck is a writer living in Cookeville, TN

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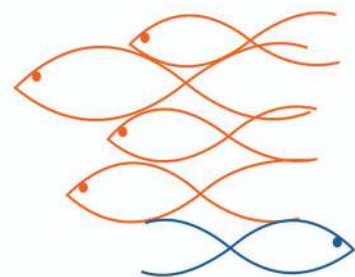
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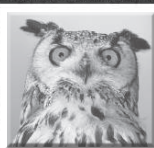


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Prayer invites God.
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Winter Weather Can Be Source Of Hidden Dangers *Project Impact Offers Tips To Prevent Winter Damage* TM

(NAPS)—When most Americans worry about disasters, winter storms rarely rank at the top of their list. But as the season kicks into high gear, people everywhere must be aware that winter weather poses hidden threats. However, enacting preventive measures beforehand can significantly reduce those dangers.

Roofs risk collapse under the weight of heavy snow, and weak tree limbs coated with ice and snow buildup can become dangerous hazards. A burst pipe can potentially ruin a home's interior. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.

In fact, last year winter weather caused nearly \$62 million in damage, according to the National Weather Service.

To cut back on winter damage, the Federal Emergency Management Agency's (FEMA) *Project Impact: Building Disaster Resistant Communities*, is encouraging people to take preventive actions now.

"Many people don't realize winter weather can cause severe damage to your home," said FEMA Director James Lee Witt. "But there are simple actions you can take in advance to ensure your home is a safe haven to wait out the storm."

Winter storms can often last for days, and usually are accompanied by high winds, freezing rain or sleet, heavy snowfall and cold temperature that can inflict costly

structural damage to homes.

To protect yourself and your home in advance from the dangers associated with winter weather, *Project Impact* recommends:

- Hiring a contractor to check the structural ability of the roof to sustain unusually heavy weight from snow accumulation.
- Cutting away tree branches that could fall on a house or other structure during a storm.
- Clearing leaves and other debris from gutters.
- Repairing roof leaks.
- Insulating pipes with insulation or newspapers and plastic to keep them from freezing and allowing faucets to drip a little during cold weather to avoid freezing.
- Keeping heaters at least three feet from flammable objects.
- Avoiding the use of kerosene heaters, which pose significant risk. If you must use one, refuel outside.
- Learning how to shut off water valves.
- Promptly removing ice and snow from tree limbs, roof and other structures.

Project Impact has been changing the way America deals with disasters since 1997. The nationwide initiative began with seven pilot communities and today boasts nearly 250 designated communities and more than 2,500 business partners.

For more information about Project Impact, visit www.fema.gov/impact or call 202-646-4117.

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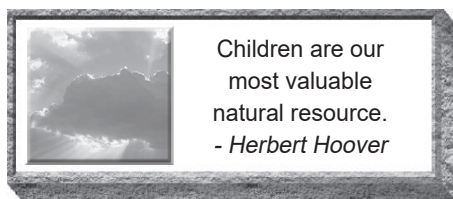
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Health Awareness

Understanding Thyroid Health

(NAPS)—An estimated 20 million Americans have some form of thyroid disease.¹ During January, recognized as Thyroid Awareness Month, YARAL Pharma is raising awareness of thyroid disease, particularly hypothyroidism, a condition in which the thyroid gland does not produce enough thyroid hormone. Despite its prevalence, thyroid disease remains widely misunderstood, with many people unaware of its signs and symptoms.

The Role of the Thyroid

The thyroid, a small butterfly-shaped gland located in the neck, plays a vital role in regulating metabolism, energy levels, and overall hormonal balance. Conditions such as hypothyroidism, hyperthyroidism, and thyroid nodules can significantly impact health and quality of life. However, up to 60% of individuals with thyroid disease are unaware of their condition, often due to a lack of awareness about the signs and symptoms, leading to delays in diagnosis and treatment.¹

Signs and Symptoms

Thyroid disorders can manifest in various ways, including fatigue, weight changes, mood fluctuations, and cognitive difficulties. These symptoms often resemble common day-to-day ailments, making them easy to overlook. As a result, many patients live with thyroid conditions for years before seeking treatment.

What Can Be Done

Treatment for thyroid disease varies depending on the type and severity of the condition, as well as the patient's age and overall health. Some common treatments include:²

- Antithyroid drugs: These medications stop the thyroid from producing hormones.



Once properly diagnosed, thyroid disease can be treated in many ways.

- Radioactive iodine therapy: A widely used and effective treatment involving the oral intake of radioactive iodine. Most patients who undergo this therapy eventually develop hypothyroidism.
- Beta-blockers: These medications don't affect the thyroid but can help manage symptoms such as rapid heart rate, tremors, and nervousness.
- Surgery: In rare cases, a healthcare provider may recommend surgically removing the thyroid. Patients undergoing this procedure will need to take synthetic thyroid replacement hormones for the rest of their life.
- Thyroid hormone replacement: For hypothyroidism, patients typically take a daily dose of synthetic thyroxine (T4), a hormone that replaces what their thyroid can no longer produce.

Take Control of Your Thyroid Health

If you're experiencing symptoms of thyroid disease or have concerns about your thyroid health, don't wait—talk to your healthcare provider to learn more about diagnosis and treatment options.

References

¹American Thyroid Association. Press Room. <https://www.thyroid.org/media-main/press-room/>. Accessed 20 Dec. 2024.

²Cleveland Clinic. Thyroid Disease. Cleveland Clinic, <https://my.clevelandclinic.org/health/diseases/8541-thyroid-disease>. Accessed 20 Dec. 2024.

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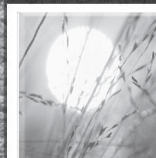
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*"So we fix our eyes not on
what is seen, but on what is
unseen, since what is seen
is temporary, but what is
unseen is eternal."*

- 2 Corinthians 4: 18



A quitter never
wins and a winner
never quits.
- Anonymous

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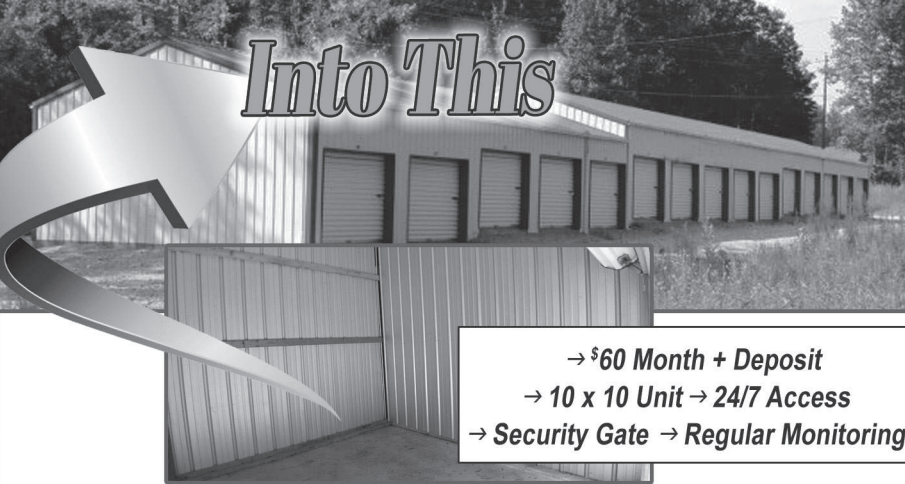

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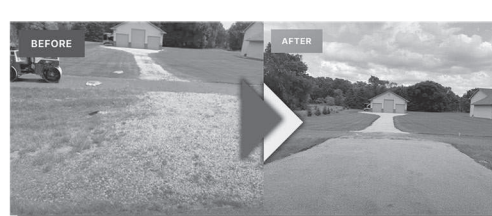
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Change is
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- Anonymous



Jesus reminds us of who
we are; Satan reminds
us of who we are not.
- Pastor Bobby Davis

Safety Around The Home

When Using A Generator: Keep Safety In Mind

**When Using a Generator:
Keep Safety In Mind**



Install a working carbon monoxide detector.

Use the right fuel and make sure it's fresh. Ideally, use E10 or less fuel.*

Use only an outdoor-rated extension cord and one long enough to be a safe distance.**

Set up the generator a safe distance from the house.**

Never place your generator inside your home, garage or carport, or near an open window or door.

Plan ahead to prevent theft.

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** See owner's manual for distancing.

(NAPS)—Generators are pretty handy when the weather is bad but it's generally a good idea to follow a few simple safety rules about using one, advise the experts at the Outdoor Power Equipment Institute (OPEI). First, never use it inside the house, garage or any other enclosed space. Next, install a working carbon monoxide detector. Use the right fuel, ideally E10 or less, and make sure it's fresh. Use an outdoor rated extension cord only and be sure it's long enough that you can set up the generator a safe distance from the house. Learn more at WeatherItBetter.com.

Even in darkness light dawns for the upright, for those who are gracious and compassionate and righteous. Good will come to those who are generous and lend freely, who conduct their affairs with justice.

Surely the righteous will never be shaken; they will be remembered forever. They will have no fear of bad news; their hearts are steadfast, trusting in the Lord. Their hearts are secure, they will have no fear; in the end they will look in triumph on their foes. They have freely scattered their gifts to the poor, their righteousness endures forever; their horn will be lifted high in honor.

Psalm 112: 4 - 9



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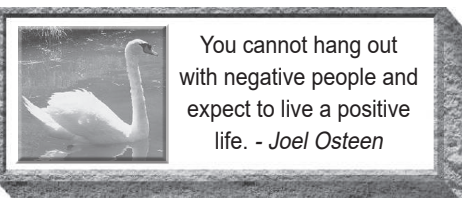


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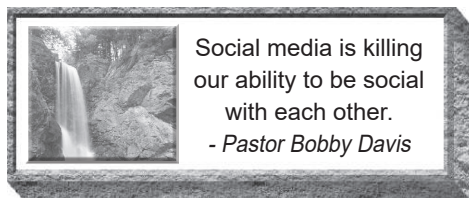
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You cannot hang out with negative people and expect to live a positive life. - Joel Osteen



Social media is killing our ability to be social with each other. - Pastor Bobby Davis



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OUT OF SIGHT OUT OF MIND

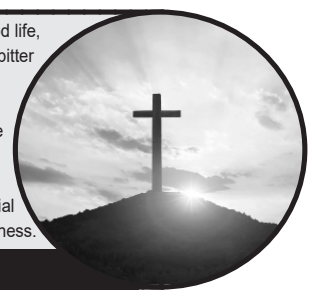
Most of us have heard the expression "Out of Sight, Out of Mind." This expression applies to many different situations in life. In many situations, it means that if we don't see something happening, read about it, or see it on TV or online, then we don't think about it. Sometimes this situation can be good, and sometimes it can be harmful. It can keep us from having to view or hear about things that are harmful to our lives, but it can also isolate us from things that are happening in the world that need our attention and action.

We all need to be aware of people who need our help and attention. God created us to need each other. To be focused only on ourselves and not also on other people will grow selfishness in our hearts. It will make us self centered. This is a basic truth that applies to each of us: the world does not revolve around me, and it does not revolve around you. God created us to be givers, not takers.

"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of others."
- Philippians 2: 3 - 4

Instead of being self centered, we need to be God centered. He blesses us so that we can bless others. Being focused outside of our own personal space enables us to see the people around us who need help. It can be people in our own community, our state, our nation, or other nations of the world. All of us can do something to help people in need. First, we need to pray for them. Second, we need to take action to help their actual situation. We can donate some amount of money (any amount), and we can give our time and labor to help make someone's difficult situation get better. We can also offer encouragement and spend time visiting with people or simply calling them on the phone. Showing people that we care can make a world of difference in their lives. Whatever it is, all of us need to help others. Our actions will show our love and compassion for others. So, don't be "Out of Sight, Out of Mind." Show your love for others by what you do for them.

Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice.
But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace reap a harvest of righteousness.
James 3: 13 - 18




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Is prayer your steering wheel or your spare tire?
- Corrie Ten Boom



Life has no remote. get up and change it yourself!
- Anonymous

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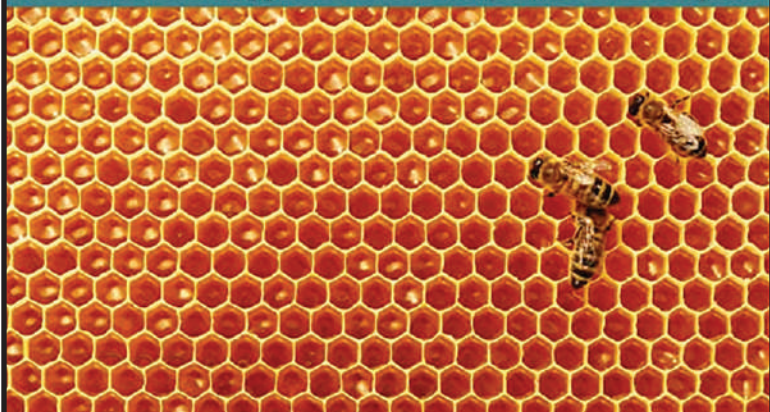


103 Randolph Rd. Crossville, TN
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The holes in honeycombs start as circular tubes staggered with one another. The heat formed by the activity of the bees then softens the wax, which connects the gaps between the holes. Finally, the wax hardens into the the most energy efficient shape, the hexagon.



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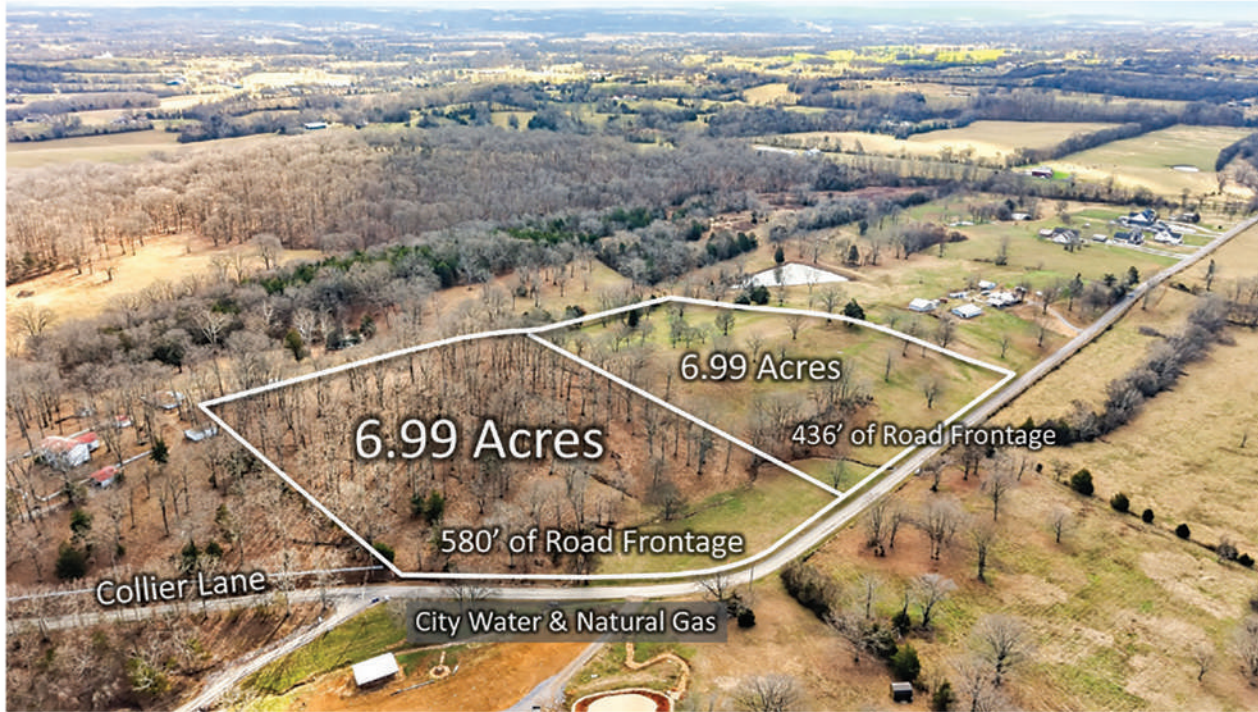
8308 Roberts Matthews Hwy (111 frontage road) - Cookeville, TN
821 Tennessee Hwy 68 South - Crossville, TN
931-202-1151 (office) • 931-335-0971 (cell)

ABSOLUTE AUCTION

SATURDAY, FEB. 21st AT 1:15PM

No liens, no mortgages, sellers' homestead for over 50 years

344 Collier Lane, Gallatin, TN 37066



- 13.98 prestigious ac. in Sumner County
- Selling in two separate tracts
- Both Tracts are Septic Approved for 5 bdrms
- City Water & Natural Gas

FOOD TRUCK ONSITE 11:00AM

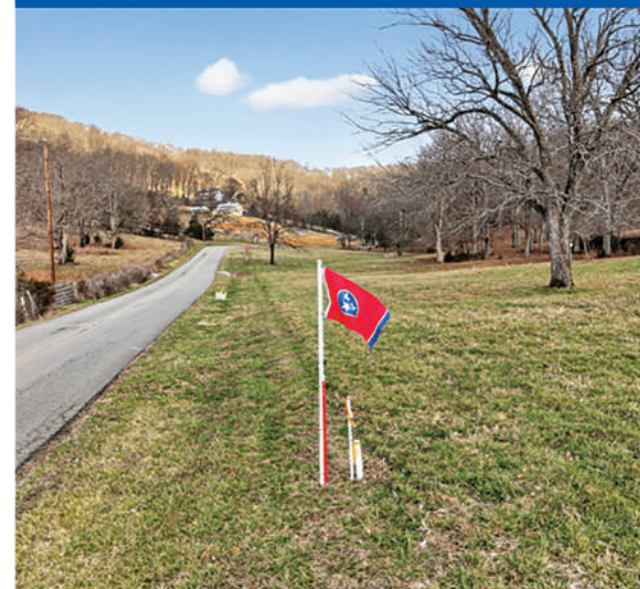
Make plans, drive out and preview this property! This is one auction you don't want to miss!

Directions: Use GPS or Take I-65 N toward Louisville. Go for 6.95 miles keep right onto TN-386 N (Vietnam Veterans Blvd) toward TN-386/Vietnam Veterans Blvd/Hendersonville/Gallatin. Go for 16.09 mi, turn left and take ramp onto TN-109 N toward Portland. Go for 0.82 mi, turn left onto Red River Rd (TN-25). Go for 2.22 mi, turn right onto Collier Ln. Go for 0.72 mi, arrive at 344 Collier Ln. Your destination is on the right.

Terms: The Buyer to invest non-qualifying 15% of the total purchase price, including 5% Buyer's Premium, day of auction. Balance due and payable at the end of 25 days or sooner.

ATTENTION:
In the event of severe weather, auction will be held indoors at RGRA Studio.
123 Upper Station
Camp Creek Rd.
Gallatin, TN 37066.
SEE YOU THERE!

Liberty Creek school zone!



615-851-9115
615-943-2309

Email: Rongregory35@gmail.com



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