

March 14 - 27, 2025 • Vol. 31, No. 5

The Lord rescues the godly; he is their for in times of trouble." Psalm 37:39 (NLT)





# **Moyer's Repair**

**Financing Up To 48 Months with No Down Payment!\*** 

### **Z200 Series**

**Starting @ \$3.300 Kawasaki Engines** Deck sizes 42" - 54" **Welded Steel Deck** 





**Xcite Series Starting @ \$5,299** 

**Suspension Seat 54" Welded Steel Deck** 

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\* Financing Available, W.A.C. See dealer for details.



# 2 HOMES, VARIOUS TRACT SIZES, BLDGS. & MORE

SATURDAY, MARCH 22, 2025 - 10:00AM

TRACT 1 - 0.49 +/- ACRES, HOUSE LOCATED ON QUENTIN DUBRE ROAD, 2 BEDROOM/ 1 BATH

TRACT 2 - 0.37 +/- ACRES, 3 BEDROOM/ 1 BATH HOME, 2 CAR DETACHED GARAGE, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 3 - 21.12 +/- ACRES, FRONTAGE ON QUENTIN DUBRE ROAD

TRACT 4 - 7.49 +/- ACRES, FRONTAGE ALONG QUENTIN DUBRE ROAD

TRACT 5 - 4.56 +/- ACRES, FRONTAGE ALONG OLD GLASGOW ROAD

TRACT 6 - 4.42 +/- ACRES, FRONTAGE ALONG QUENTIN DUBRE ROAD

TRACT 7 - 3.42 +/- ACRES, FRONTAGE ALONG QUENTIN DUBRE ROAD

SCAN HERE TO

TRACT 8 - 21.93 +/- ACRES, FRONTAGE ALONG QUENTIN DUBRE ROAD, TRACT ALSO FEATURES LARGE EQUIPMENT BUILDINGS, CATTLE WORKING FACILITY - SEE WEBSITE FOR MORE DETAILS!

TRACT 9 - 7.30 +/- ACRES, FRONTAGE ALONG HIGHWAY 63/ OLD GLASGOW ROAD

TRACT 10 - 28.14 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD, TRACT FEATURES A LARGE GRAVEL PAD WITH UNLIMITED POTENTIAL OF USES, TRACT ALSO FEATURES TWO GRAIN BINS

TRACT 11 - 11.52 +/- ACRES, FRONTAGE ALONG HIGHWAY 63/ OLD GLASGOW ROAD, TRACT FEATURES TWO LARGE EQUIPMENT BUILDINGS (140' X 54', 84' X 54 WITH A 16' X 42' COVERED PATIO) & A LARGE FOLIPMENT SHED 84' LONG

TRACT 12 - 34.32 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 13 - 54.43 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 14 - 54.41 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 15 - 17.43 +/- ACRES, FRONTAGE ALONG CHANDLER ROAD

TRACT 16 - 8.41 +/- ACRES, FRONTAGE ALONG CHANDLER ROAD

TRACT 17- 12.18 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD & FRONTAGE ALONG CHANDLER ROAD

TRACT FEATURES A LIVESTOCK BARN BUILDING - SEE WEBSITE FOR MORE DETAILS!

TRACT 18 - 4.54 +/- ACRES, TRACT HAS FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 19 - 2.96 +/- ACRES, TRACT HAS FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACTS TO BE OFFERED SEPERATE WITH THE OPTION TO COMBINE MULTIPLE TRACTS OR COMBINE BACK AS A WHOLE THRU A MULTI-PAR BIDDING SYSTEM

THIS WORKING FARM OPERATION IS A RARE OFFERING BOASTING OF THE ACREAGE & STRUCTURES IN SUCH A SOUGHT AFTER AREA

SELLING FOR:

THE ESTATE OF JIMMY RAY GERALD













#### SEE PLAT ON REVERSE PAGE



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#### The Breath of Life

"I have seen wicked and ruthless people flourishing like a tree in its native soil. But when I looked again, they were gone! Though I searched for them, I could not find them!

Look at those who are honest and good, for a wonderful future awaits those who love peace. But the rebellious will be destroyed; they have no future.

The Lord rescues the godly; he is their fortress in times of trouble.

37: 35-40 (NLT)

**Psalm** 

The Lord helps them, rescuing them from the wicked. He saves them, and they find shelter in him."

### **Baillie Liquidators**

TOOLS, HOUSEWARES GARDENING ITEMS, **MISCELLANEOUS & MUCH MORE** 

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**BRAKE SPECIAL:** \$80 plus parts & tax, per axle

**OPEN: MON - SAT** 931-858-7225

3818 S. Grundy Quarles Hwy. (Hwy. 56) Gainesboro, TN

Monday, March 17th

The Shopper Calender Alert:







# Community Events Calendar

Email: Theucshopper@gmail.com for a FREE listing of your event!

#### **ONGOING:**

**FREE Income Tax Return** preparation assistance and filing services available. Sponsored by AARP Foundation through April 9, each Tues. and Wed. from 1am - 3 pm at the Cookeville branch of the Putnam County Library, 50 E. Broad St., Cookeville, TN.

**Coffee With A Vet** Everyone is welcome and Egg Hunt. to come have a coffee with a vet every Thursday

morning at Big O's Donuts at 8 am. All veterans are welcome. For info call Rich Buford at 360-393-1147.

Chair Aerobics and Tai Chi: The Baxter Senior Center will hold chair aerobics and Tai Chi class every Tues. and Fri. at 10 a.m. Info. call 931-858-5657.

The Upper Cumberland Foster Barrel Thrift Store, **Closet:** Donations Needed - for the month of March are toiletries.

Jammin' at the Depot, 116 W. Broad St. Cookeville, TN. Time: 4-7 pm. Every Market Location: Friday night. Hip

Cookeville hosts the weekly acoustic pickers' jam session. Bring your instrument Time: 10 am - 7 and/or chair and enjoy the music.

March 15 2nd Annual Spring Market Location: Algood City Park,461 W. Main St., Algood, TN. Time: 9 am -5 pm. Up to 100 vendors, food, live music, Easter Bunny

<u> March 15</u> **Burgess Falls** Hike, Location: 4094 zone, petting zoo, Burgess Falls Dr., Sparta, TN. Time: 12 noon. Come join us for a hike at the stunning falls. Open to everyone and FREE, although donations to support our mission are always appreciated. This is a moderately strenous hike.

March 21 **Blood Drive** Location: Widows 713 E. Main St., Livingston, TN. Time: be shopping, 1-5 pm. All donors will be entered to win trucks and MORE! a \$500 gift card.

March 22 2nd Annual Easter **Egg Hunt and** 

Roberts Five Farm, 463 Board Valley Rd., Sparta, TN. pm. Vendors will be available from 10 am - 5 pm. Easter egg hunt starts at 3 pm. \$5 admission, kids 3 & under are free.

March 29 5th Annual 'Hello' to Spring Market, Location: 155 Fairground Lane, Cookeville, TN.

Time: 11 am - 4 pm. FREE entry. Kids train & helicopter rides, vendors, food trucks and more!

March 30 **Upper Cumberland** Home & Garden Show. Location: Delmonaco Winery & Vineyards, 600 Lance Dr, Baxter, TN. Time: 12 pm - 5 pm. Home building and remodeling ideas to decorating and landscaping. Admission is \$5. There will giveaways, food

CONTACT INFO TO PLACE YOUR EVENT CAN BE FOUND ON PAGE ~3~ IN THE INFORMATION HEADING. ADS WILL BE EDITED FOR SPACE CONSIDERATIONS.

# DEALER'S CHOICE LIVE PUBLIC AUCTION

## Sunday March 30th 12:30 pm

21098th Ave South, Nashville, Tennessee 37204













We will be selling fine antiques, Art, bronze statues, Cast iron garden urns, cast iron garden benches, Italian, French, American, European and Country Antiques, Early country Cherry chest, cherry sugar chest, French cupboards, Early American Empire Sideboard, China cabinets,

Persian rugs, new furniture and so much more.

Barry Wilkinson/Auctioneer

Barry Wilkinson/Auctioneer TAL#2463

#### For Additional Photos. Visit Our Website: www.DealersChoiceAuction.com



















# DEALER'S CHOICE Antiques & Auction

BARRY WILKINSON, AUCTIONEER TAL#2463 FL#1832 Mon-Sat 10-3 Always Call

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President Andrew Johnson was apprenticed to a tailor at age 13 and for the rest of his life he made his own clothes.



# Crabtree Crace Jewelers 1 Carat Diamond

1 Carat Diamond Hoop Earrings NOW ONLY \$699

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470 NEAL STREET, COOKEVILLE, TN · 931-525-7325



(Oaklawn Estates) and close to everywhere! This nice 3 BR / 2 BA brick home with 2500+ sq ft on a DOUBLE LOT offers front and rear driveways, 2 car garage with covered carport w/ wrought iron posts, front covered porch, back covered patio with wrought iron posts, kitchen with eating area and pantry, formal dining room, great room, family room with gas log fireplace, large wide hallway

back to bedrooms, entrance foyer, master bedroom with large walk-in-closet, master bath with bedroom & hall entry, brand new CH&A and more! Less than 10 minutes to downtown Cookeville, Algood and zoned for Capshaw Elementary school.

Ted McWilliams • Broker/Auctioneer • (931) 261-7821 Lee J. Amonett • Broker/Auctioneer • (931) 252-1907

**AUCTION & REALTY.** 931-526-5335

urrent Year Taxes Pro-Rated. Possession with Deed. PP: Payment & Pickup shall be on Saturday, larch 22 from 9 AM to 12 NOON at 721 Breeding Ave., Cookeville, TN. Cash or Check Only. No hipping. All Property selling "As Is, Where Is" both surface and subsurface with no warranties. dders should complete their own due diligence prior to the sale. Announcements & Updates ake Precedence Over All Other Advertising.

### WWW.EAGLEAUCTIONS.COM

#### **Meteorologists Measure The Seasons Differently**

Not everyone marks the beginning of spring by the spring equinox. Meteorologists measure the seasons differently. They divide the year into four equal seasons that each start on the first day of every third month. For meteorologists, spring begins on March 1 in the Northern Hemisphere and lasts until May 31, no matter when the equinox happens.





Laughter is the shortest distance between two people. - Victor Borge



It wasn't until late in life that I discovered how easy it is to say, "I don't know." - W. Somerset Maugham

# 2740 GLADDICE HIGHWAY • GAINESBORO, TN

3 BR / 1 BATH VINYL SIDED HOUSE (24X24) DETACHED GARAGE 14X56 SINGLEWIDE MOBILE HOME 2.07 ACRES (2 TRACTS)

In obedience to a decree of the Chancery Court of Jackson County, TN the following described property will be SOLD on the premises to the highest bidder on:



## SAT., MARCH 29

10:00 A.M. cst AUCTION LOCATION: 2740 GLADDICE HIGHWAY

GAINESBORO, TN

CHANCERY COURT SALE: Ms. Sherrie Pippin-Loftis Clerk and Master and Special Master; Case #2023-CV-67 Attorneys - E. Guy Holliman, Jackson M. Welch, Jr. and Kayla Collins Cantrell

DIRECTIONS FROM GAINESBORO: Travel Hwy. 53 (West Hull Avenue) to Hwy. 262 (Gladdice Highway), right onto Gladdice Hwy. to property and sale site on the right (signs posted)

REAL ESTATE: Ladies and gentlemen, your attention please! Nestled within the hills of the Upper Cumberland with a "Beautiful View of the Cumberland River" is 2.07 acres with property on (2) roads. Improvements include a 3 BR/1 bath vinyl sided house, 24x24 detached garage and 14x56 single wide mobile home. This property has frontage on Gladdice Highway and

Carrie Lane plus both properties are equipped with city water. This property has been surveyed, platted and staked to be SOLD in (2) Tracts. TRACT #1: 1.03 acres fronting Gladdice Hwy. and Carrie Lane 468.75 feet. This tract improved with a 3 BR/I bath vinyl sided house (approx. 1600 sq. ft.). This historical home continuing with a living room, kitchen/dining room and utility room. It is equipped with city water and C/H/A plus with a little TLC this would be a showplace...not to mention a "priceless view" of the water (Cumberland River)! Other improvements include a 24x24 detached garage.

TRACT #2: 1 04 acres fronting Carrie Lane 393.50 feet. This tract equipped with a 14x56 single wide mobile home. This home equipped with CiH/A and city water. SELLER: Ms. Delores Cook, Ms. Kym Dunham, Conservator.

TERMS: Real Estate - 10% (non-refundable) deposit down day of sale and balance w/the deed.

**AUCTION AGENT:** Ben Bray 615-666-2232. REFERRING AGENT: Penny Kirby 615-388-0441. LEAD BASE PAINT DISCLOSURE: The home was constructed before 1978. Any b lead based paint test. Buyer will be required Information in this ad is believed to be correct but not warranted. Any amounc

**AGENTS** 



#### **BEN BRAY & ASSOCIATES**

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Joe Barber	615-888-7099
Tim Johns	615-655-2761
Penny Kirby	615-388-0441
Jerry Shoulders	615-655-3989
David Painter	615-888-6786
Paulette Colter	615-388-7246
Stacey Brawner	615-388-5595
Tony Ďay	615-388-2873
Necia Borders	615-633-8906
Devon Bray	615-476-9232
Nicole Miller	
Katie Jones	270-618-1617
Katie Bray	
Annette Morgan	
Cameron Roberts	

M	cole Carver att Tuck	615	-633	-869
	red Sullivan aleb Fleming			
Ke	elsey Goolsby	270	-427	-955
C	ayden Shrum	615	-670	-897
	andon Colter			
	ck Hill			
	ennifer Sullivan ennifer Ross			
	anielle Eldridge			
	hitney Shrum			
CI	audiá Sullivan .	615	-388	-908
	/le Woodard			
.le	nnifer West	615	-830	-495

#### **ANIMALS**

Come meet some great Forever Friends that need Homes at the Putnam Co. Animal Shelter located at: 2600 Gainesboro Grade, Cookeville, TN Call 931-526-364 for hours and make sure to bring pet id# with you. **Auzzie:** male, Black & White Labrador Retriever Mix dog, 10 months old. Big T: male, orange tabby, domestic shorthair mix cat. **Clementine:** female, Brown & White brindle & Mountain Cur dog. 2 years old. **George:** Male, Black & White Labrador Retriever/ Australian Shepherd mix, 15 weeks old. Make room for a sweet companion in your life!

Macon Spay Neuter Assistance. We offer Affordable High-Quality Spay & Neuter Services with Bi-Monthly Transports. Greatly reduced rates. Call 615-670-0448 for appointment www.ms-na appointment. www.ms-na.org. Non-Profit 501(c)(3). Macon County

It's that time of year! Spay and Neuter your pets.

#### **CARS**

1961 Ford Falcon. 4 door, 6cyl, stick shift, buildable car, \$700. **2000 Ford Expedition,** Eddie Bauer, 5.4L V8 engine, engine misses. \$600. 1997 Ford Expedition, 5.4L V8, power, new tires and brakes, runs well. \$2,500. 931-607-6274.

2001 Chrysler Sebring LX Convertible. Raymond Johnson 931-265-6258.

You Don't Have to Spend a crazy price for a Battery. Good car & truck batteries for only \$50 + tax with exchange. B&K Auto Sales, 2595 W. Broad St. Cookeville, 931-372-1380.

#### **EMPLOYMENT**

Class A CDL Drivers Wanted: \$800 to 1,200 per week. Home at least 2 days a week. Please call Gary at 615-260-6854.

Now Seeking Self Motivated, apprentice/ helper for professional plumbing co. Call 931-271-

#### **FARMING**

Quick attach trailer wagon tongue - new - \$60; Wagon hitch for square baler - \$50. Call 615-708-9276.

Toulouse goslings will be available after March 27th. \$20 each, straight run only. Check out our website wwfarmtn.com or call/ text 931-252-0176.

> No Future without Farmers

Square Bales of hay, mix of orchard grass & fescue. \$5 per bale. Livingston, TN area 931-337-1000

#### **FARMING**

Farm fresh duck eggs: \$4/ dozen. Cookeville/Putnam Co. Check out our website at: wwfarmtn.com or call/ text 931-252-0176.

### HOUSEHOLD

ABSOLUTELY THE BEST - Your Kitchen Cabinet Headquarters. LOW PRICES Everyday. Finished & Unfinished Oak-Ready to Install Vanity-Ext. Doors-Windows-Kitchen Counter Tops-Tub & Shower Units-Laminate Flooring. Locally owned for over 24 years. BUDGET SALES -1930 E. Spring St. (I-40, exit 290) Cookeville, TN. Call 931-528-8879.

#### **MISCELLANEOUS**

5x10 tilt tailer; Calf Feeder Call after 6 pm. 615-666-

9mm hand gun, new with holster, two clips and clip loader, some ammo, brand Taurus - \$650. Call 615-419-4708.

Lap Steel Guitars custom made in Livingston, TN. Six, eight & ten string models Call Bob Allen at 931-823-0055. Visit us online at: www.melbertguitars.com.

SELLING OFF Entire **Inventory.** Will sell in bulk lots only, or entire store in one lot. New brand name clothes, shoes and boots, toys, furniture, and MORE. Cáll 931-224-2144.



This 1.98+/- acre lot offers a perfect blend of rural charm and functionality, featuring a 3 bed 2 bath neglected mobile home and a shed. Nestled in a peaceful setting, this property provides ample space for various uses, whether you're looking for a homestead or investment opportunity.



# Lee J. Amonett • Broker/Auctioneer • (931) 252-1907 Rene Davis • Clerk & Master • (931) 243-3145

AMONETT'S EAGLE **AUCTION & REALTY** 931-526-5335

erms: Selling under the direction of Clay County Chancery Court Case No 2024-PR-22. 20% Deposit Day of Sale, balance ponCourt Confirmation. Auction Conducted Subject to a 10 Day Raise Period. All Property selling "As Is, Where Is" both

#### DB • Vandes • Farm Litt BIDDING ENDS THURSDAY • MARCH













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For Inventory List, Images, & Bidding, Visit

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# Making Life

#### **Home-Brewed Coffee** That's As Good As It Gets

(NAPSA)-Have you ever pondered the delicious cup of coffee served up at your favorite coffee shop and wished your hurried morning home-brewed cup could be just as good? If you use one of the push-button pod brewing systems, you are choosing convenience and speed but sacrificing flavor, value and the environment. Do you realize that when you buy coffee pods, you are paying about \$40 per pound of coffee and adding greatly to the local landfill? A drip coffeemaker brews somewhat better-tasting coffee but you probably waste half the coffee that you brew. That is like doubling what you pay per pound of coffee.



Enjoy a great cup of coffee at home, knowing you're saving money and helping the environment.

#### Better Taste, Less Waste

There are some great inexpensive devices for brewing a wonderful single cup of coffee. Manual brewers, many say, brew the best cup of coffee you can make at home. With these brewers, you can use your favorite freshly roasted local coffee, and what's more, you don't waste any. You brew only the number of cups you want. With a brewer such as the AeroPress coffeemaker you can brew a smooth, rich cup of coffee with no bitterness in just a minute or two. The AeroPress has the unique capability to brew espresso so you can make café-quality lattes at home. The process is simple, cleanup is fast and easy, and the grounds, including the filter, are compostable. Every ounce of coffee you buy ends up in a cup you drink, so none of your money goes down the drain.

It's possible to brew café-quality coffee at home without spending hundreds of dollars on a machine or wasting half the coffee you brewed. Use a manual brewing device, brew one or two cups at a time using freshly roasted coffee, and you'll get the most out of every bag of coffee you buy.

7 4500 Cookeville Hwy Cookeville, TN

CLINT CONNER BROKER/AUCTIONEER (931)644-7149

Vehicles/ Farm Equipt: 2005 Coachman Aurora, 2016 Keystone RV, 2003 Dodge Caravan, 2004 Honda Accord Coupe, 2008 Ford F550 Diesel, 2006 Ford F350 Diesel, John Deere 2155 Tractor With Bushhog, Massey Ferguson 1560 Hay Roller. Furniture & Appliances: Sewing machine Table, Antique Wooden Hall tree, Dresser With Mirror, Wooden Cobinet, End Tables, Storage Trunk, Desko, Office Chains, Filing Cabinets, Couch & loveseat, Lamps, Estate Dishwasher, Hotpoint Stove, Whirlpool Washer, Whirlpool Microwave & So Much More!!





To Bid & For Complete Inventory Visit

TNbid.com

CROSS ROADS

AUCTION CROUP

Terms: All property in this auction sells "As is, Where is" having giver the right to bidders to inspect prior to bidding. 10% buyer's premium All bidding takes place online. Personal property payment & pickup: Wednesday March 19th 9-4pm.

**BIDDINGENDS** TUESDAY MARCH 18TH

#### MISCELLANEOUS

Warm Morning brand coal Cub Cadet rear tine tiller. \$300. Front tine tiller. new engine, \$175. Cub Cadet 106 garden tractor with belly mower, \$400 Kubota B-5200 compact tractor, 3cyl diesel, with belly mower and 3 point hitch - \$3,750. 931-607-

WANTED: Hot Wheels. 1960's thru 1990's. Matchbox, Corgi, Dinkey, Slot Cars. Also: Models, Toys, 60's through 90's. Text 931-200-7659 or email: franklhw@yahoo.

Honor Your Loved Ones. Large assortment of monuments, vases, date cutting, custom sketched, and more. Affordable, experienced, and professional. Harris Monuments 246 West Bockman Way Sparta, TN. Donnie Daniels 931-205-

Chimney kit available. Hot Blast Model 1551E EPA Medium wood furnace. Hanburg 3kw, 5kw, & 8ks wood stoves. Heats 900 sf, 1100 sf, 1500 sf. Call 423-505-6734.

Native American Terra Cotta and Rare Points and Blades, Caddo, Quapaw, Mississippian bowls, jugs, etc. Many arrowheads are Paleo period, will consider antique guns part trade. Call 731-412-9514.

#### MISCELLANEOUS

**GUITARS!** Most any condition, reasonable cash amounts offered. Call or text Jack at Jack's Guitarcheology, Lebanon. 615.669.4530

Quick attach trailer wagon tongue - new - \$60; Wagon hitch for square baler - \$50. Call 615-708-9276.

**CASH for Comic Book** Collections. My son and I collect comic books and looking for a collection to buy. The older the better! Send pics or contact us at comicdad48@hotmail.com or text/call 615-802-2500.

**CENTRAL BOILER** outdoor wood furnaces. Parts, accessories, insulated underground pipe, and radiant floor heat supplies in stock. Southern KY Wood Furnaces, LLC call 270-459-1840.

Are You Short on Storage Space? We Have YOUR Solution! 20' ad 40' storage containers. Our prices will surprise you! Store it all right at home. Locally owned and operated. Serving all of TN, KY, and Indiana. www.containit.info. 317-409-9000.

Vietnam Veterans of America - Thankfully accepting donations of vehicles, land, & buildings. Please support your veterans. Call 615-708-1796 or 615-579-5383.

### **MISCELLANEOUS**

In Need of Donations of guitars, banjos, fiddles, and some wind instruments for music therapy for veterans. Call 615-804-4404.

Paying Top Dollar for Diamonds, Gold, Watches, Antiques, Collectibles, Toys, Cookie Jars & Pottery, Call 931-525-7325.

Handmade coconut milk soaps. Go to crazycoconutsoap. storenuy.com for all products. 931-644-1994.

100 pound anvils, \$575 each; Natural gas or propane logs; Dual fuel torpedo heater. Call 423-505-6734.

**BCS Two-Wheel Tractors** now available. Big machine capacity in a small machine size. It's about the right tool for the job. See it today at Moyer's Repair Services 3757 Blackburn Mountain Rd. Sparta, TN. 931-738-

Scenic Valley Tire. 4071 Bald Knob Mt. Rd. - Doyle, TN. Specializing in Farm, Forestry, & Industrial Tires. Onsite Service available - we come to you. 931-254-3552.

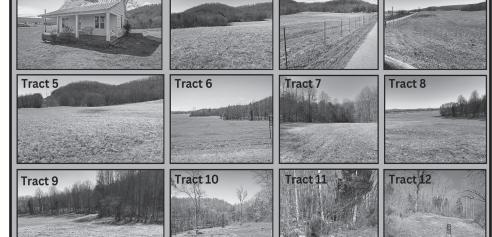
JUST DESIGNS Gift Shop: Fair Trade Volunteer ministry, Pleasant Hill Community Church. Open Wed: 9:30am-12:00pm; First Sat: 10:00am- 2:00pm. Located at 67 Church Drive, Pleasant Hill, TN.



### 137.26 → Acre Farm • Country Home 12 Tracts • Mature Timber

Bidding ends Thursday Mar 20th 3pm





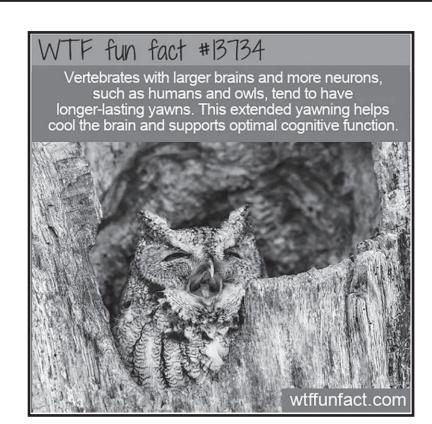
Fixer upper country home & 137.26+- acre farm. This 137.26+- acre farm is a mixture of open pasture ground and young to mature woodland ready for your livestock and dream home. Situated just a few minutes' drive to Rock Island State Park, Center Hill Lake, and Sparta, TN the farm is perfect for development or whatever your heart desires. Farming, building, recreation, and hunting it's your pick. Selling Absolute and

Survey Plat, Terms, & To Bid log onto





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300+/- AC. IN 19 TRACTS • PRIME REAL ESTA THE LONG ADMIRED "JIMMY RAY GERALD" FARM OFFERED LIVE WITH ONLINE BIDDING
TO BID ONLINE ON THIS AUGTION, PLEASE VISIT CHUCKWARSHALL.COM
OR SIMPLY SCAN THIS QR CODE FROM THE CONVENIENCE OF YOUR MOBILE DEVICE TO ACCESS ONLINE BIDDING SALE SITE: 2060 OLD GLASGOW RD. TOMPKINSVILLE, KY 42167 **OPEN HOUSE / PREVIEW SCHEDULE:** SUN. 03/16 - 1-5PM THUR. 03/20 - 4-6PM **GOT QUESTIONS? DAKOTA ELMORE** 270.651.7711 dakota.elmore@gmail.com **CHUCK MARSHALL** 606.782.0374 chuck@chuckmarshall.com **GARETT JUDD** 270.670.7787 garettjudd@yahoo.com **RONNIE LAWSON** 859.494.9305 onnie@chuckmarshall.com IN CO-OPERATION RESIDENTIAL • LAND & FARMS • COMMERCIAL NAME YOU'VE GROWN TO TRUST IN SOUTHERN KY. SINCE 1935 Y RD. • www.elmoreauction.com • GLASGOW, K Dakota Ray Elmore, Principal Broker & Auctioneer Michael R. Elmore, Broker Col. John Ray Elmore, Broker & Auctioneer Corev Parnell. Auctioneer Garett Judd, Auctioneer

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VIEW MORE PICTURES & INFO ONLINE & ELMOREAUCTION.COM

e. Please bring proper Dealer tax nu

March 27, 28, & 29th Thursday, Friday, and Saturday 9:00AM - 4:00PM each day

163 Bilbrey Road **Livingston TN 38570** (just past the city lake) The Estate of the late Jerry and Betty Dugan

Over 200 teapots, over 100 wood kitchen tools vintage Lance jar, Red Riding Hood teapot, copper & brass cookware (France)

Revere copper, brass utensils. over 75 cups & saucers, numerous hand quilted quilts, 1940s mahogany secretary, 1960s French Provincial

bedroom suite. mahogany drum table, small walnut chest, cherry fern stand, 1949-1958 Livingston Acad-

emy annuals, signed oil paintings, \_\_\_\_ cherry coffee & end tables, collectible metal toy trucks, convex glass curio cabinet, oak 2 drawer file cabinet, oak corner hutch. Oak china cabinet, oak table & 6 chairs, glass & brass tier shelf, Sessions wall clock, set of DeCorsi prints, Castle plastic handle silverware, cedar chest, 4 piece 1940s mahogany

bedroom suite. Area wool rugs pair of traditional arm chairs, Tennessee Pottery churn, Texas Ware bowl, Pyrex turquoise Amish butterprint

bowls, Pyrex Verde Green 4 piece set, wooden coffee grinder, Staffordshire bowl & pitcher, brass lamps, concrete outdoor items

> furniture, mid century tufted sofa, cotton cards, cast iron Corelle, old scrapbooks, postcards. old love letters, valentines, greeting cards, Christmas cards. mens clothes and shoes, vintage tins various snack sets, romance paperback books

oressed flower mini pictures, model cars, collection of steins, and MUCH MORE, too numerous to mention.





Donna England, owner 931-260-0086

For more pictures visit: www.pennybestatesales.com Licensed and Insured





Hugs are life's rainbows. - Anonymous



Don't start today on the broken pieces of yesterday. - Anonymous

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A long gravel driveway winds through the trees, leading to this two-story, 4-bedroom, 3.5-bathroom brick home sitting on 15.68± acres of serene woodland that offers privacy, generous space, and endless potential. The main level showcases hardwood floors, a fireplace, a sunroom, an office, and convenient garage access. The second floor features a bonus room that would be perfect for a game room, additional living space, or playroom. The basement offers extra space that could serve as a bedroom, guest suite, or storage area. While this home is in need of some TLC, it offers great bones and incredible potential for the right buyer. Whether you're looking for a fixer-upper, an investment opportunity, or a private country escape, this property is ready for your vision!

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his 75.71+/- acre farm offers a diverse mix of fertile farmland and scenic woodlands, making i a prime opportunity for agriculture, recreation, or investment. The property will be offered in tracts, providing buyers with flexible options to suit their needs. Tracts 1-7 feature convenient oad frontage, ensuring easy access, while Tract 8 boasts stunning frontage along the West Fork Obey River, perfect for those seeking a picturesque retreat. Whether you're looking for tillable land, hunting grounds, or a private escape, this property has something for everyone.

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"So much for the luck of the Irish."



#### **Updated Pneumococcal Vaccine Recommendations Will Help Save Lives**

by Karyne Jones

(NAPS)-Good news for those Americans over the age of 50 (and the people who care about them): You now have access to vaccines to stop the spread of pneumococcal disease, or pneumonia.

The change comes by way of the Centers for Disease Control and Prevention, which updated its recommendation for pneumococcal vaccines, dropping the age to 50 from 65.

#### My Story

I know the importance of being vaccinated against this disease far too well.

In January 2018, I thought I had a bad cold. I was dealing with a terrible cough, chest pain, exhaustion. When I finally ended up in the hospital needing breathing treatments, we realized this was beyond a normal cold or bronchial infection. Pneumonia took me out for the next six weeks. I couldn't work, I could barely eat or drink. I'm an otherwise healthy, on-the-go person. This disease leveled me. And because I was 64 at the time I caught it—I hadn't yet been vaccinated. Make no mistake, I had my sleeve rolled up and was ready for my shot when my birthday rolled around later that year.

#### **Too Many Stories**

I'm far from the only person who has dealt with pneumococcal disease.

Roughly 150,000 people in the U.S. are hospitalized each year with pneumococcal pneumonia and 1 in 20 of those patients die. The risk is greater for older Americans, as is the risk of their cases being fatal.

#### Pneumonia is a Particular Problem For Persons of Color

These numbers only increase for racial and ethnic minorities. Black people are more likely to get pneumonia, be hospitalized longer, and suffer worse economic impact than non-Blacks. This is in part due to the fact that Black Americans have far greater rates of chronic diseases-including cancer, heart disease and diabetes. African Americans are 60 percent more likely to develop diabetes than white adults.



#### Karyne Jones says it's a good thing the CDC now recommends that everyone over 50 get a pneumococcal vaccine.

Vaccination rates are also considerably lower for Black, Hispanic and Asian adults when compared to white adults.

I'm hopeful that streamlining timing of vaccines and the related recommendations will help boost vaccination rates. For far too many adults, there is considerable confusion about what vaccines you need and when, so adding pneumococcal at age 50, when most people know you also need your shingles vaccine is a good way to get more people protected.

#### An Answer

That is why my organization joined forces with other aging and patient groups to advocate for this important change.

As we are in the midst of another respiratory season, I urge all adults aged 50 and older to talk to their healthcare provider about getting vaccinated against pneumococcal disease.

It could be a decision that saves your life.

#### Learn More

For further facts, visit www.cdc.gov/ pneumococcal.

• Ms. Jones is President and Chief Executive Officer of the National Caucus and Center on Black Aging, Inc.

#### Page 11

#### **ONLINE ONLY REAL ESTATE AUCTION**

HOSPITALITY DRIVE | CROSSVILLE, TN 38555

BIDDING BEGINS TO CLOSE: Wednesday, March 26th at 12PM - Noon (CT)





Prime location just off of I-40 exit 322 (Crossville – Peavine Road)

0.50 +/- acre level lot located on a cul-de-sac

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. Kenny Phillips, Auctioneer - Lic #



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Bidding Starts Thursday March 6, 10:00am CST Bidding Ends Thursday March 20, 2:00pm CST 207 CAPP HARLAN RD TOMPKINSVILLE, KY 42167 Open House March 14, 3:00pm - 5:00pm CST







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Do not quench the Spirit. Do not treat prophecies with contempt but test them all; hold on to what is good, reject every kind of evil.

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.



1 Thessalonians 5: 16 - 24



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Saturday, March 29, 2025 @9:00 A.M.

#### 2877 HWY 52E-BETHPAGE (OAK GROVE AREA) TRACTORS-TRUCKS-HAY EQUIPMENT-CATTLE EQUIPMENT

Contact the office at 615-325-4597 to consign your farm items. Items consigned can be brought to sale site from March 20, 21, 22, 24, 25, and 26 ONLY.

NO consignments will be taken on March 23, 2025 (Sunday) or on Thursday, Friday, or Saturday of sale week. Any items not consigned by March 26, 2025 will NOT be accepted into the auction. The sooner you let the office know of your consignments and pictures sent in, the more advertising you will receive.



**TERMS** - Cash, check, or credit/debit cards day of sale. Cards will be charged a 3.5% convenience fee. Online bidders only will have a 10% Buyers Premium.

**DIRECTIONS** - From I-65N Exit 117 right on Hwy 52 approx 15 miles to sale site on the left.



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#### **MISCELLANEOUS**

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Wanting to Buy: YOUR Standing Timber. Certified Logger, references available. Call Eli Miller Logging 270-524-2967.

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The County Veteran Service Office, now located at our NEW, larger offices at 1656 W, Broad Street in Cookeville, TN, provides free services in counseling veterans, surviving spouses, and veteran families on VA benefits. They also file claims on behalf of the veteran or beneficiary with the Veterans Administration to obtain VA Healthcare, Compensation, Pension, Survivor Benefits, Burial Benefits & more. Assistance is also offered in obtaining military records, discharges from TN state records or the National Archives. Hours are Monday- Friday. 8am to 4pm. Anyone can call for Mark Harris or Thomas Jacobs at 931-526-2432.

Wood Furnaces, Parts acc., insulated underground pipe. Plateau Outdoor Wood Furnaces, 931-260-4739, Crossville, TN.

#### MISCELLANEOUS

Farm Fresh Non-GMO Free Range Eggs. \$5 per dozen. West Creston, Crossville, TN. Text or call 720-708-9949.

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#### MISCELLANEOUS

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FREE Online Bible Resource: www. BibleGateway.com. Exc. source for searching Scriptures in multiple translations and languages. Search for verses with ease. Large variety of Biblical resources are available.

The Glory of Heaven sermon booklet: Evangelistic, uplifting, comforting, will be a blessing - \$14.95, free blessing - \$14.95, free shipping. C.Baltzly PO Box 972, Lebanon, TN 37087.

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# ESTATE AUCTION LAND **SATURDAY • MARCH 29, 2025 • 1:00 PM**

342 +/- ACRES IN 11 TRACTS MILLION DOLLAR MOUNTAIN VIEWS

**Estate Auction Land** Beautiful Bldg. Sites ~ Creek ~ Wooded Timber Tracts **Live and Online Bidding Available** 

Across from 984 Safley Hollow Road, McMinnville, TN 37110

This property has been in the family over 100+ years and now selling to the highest bidder at public auction! Located in the Fairview/Irving College Community where land is rarely sold this 342 +/- acres has been carefully surveyed into 11 tracts.

Tract 1-9 range from 5-9 acres mostly cleared and ideal for new home sites, nursery or crop farming or perfect for that hobby farming operation. All these tracts will have perk sites and Ben Lomand fiber too!

Tracts 10 & 11 range from 121-156 acres that are the Mountain and Timber tracts that join Martin Creek. The timber over the years has been selectively cut with lots of timber still on the property. The "Pinnacle" at the top of the mountain is the view of a lifetime. These 2 tracts are ideal for recreational and hunting with several sites for a home or cabin.

Plats are available online, on site, and at our office. Drive out and walk over and pick out your tract or tracts and be ready to bid on auction day where all tracts will sell to the highest bidder. NO regrouping! When we say "SOLD" you bought the property. No restrictions will be placed on the property.



Remember the date: Saturday, March 29th, 2025 @ 1:00PM!

Go to our website for more information and to bid online: www.donaldhillisrealty.com

TERMS: \$5,000.00 down day of sale on each tract, balance due in 15-30 days. Possession known day of sale. 2025 Taxes to be prorated. A 10% buyer's premium will be added to all winning bids to determine the final contract price. Broker Participation Offered.

Donald Hillis Realty & Auction Company - 101 Morrison Street, McMinnville, TN 37110 931-473-7774 - Firm# 7794, Principal Auctioneer# 2232



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Wes Williams, Aff. Broker, Auctioneer, Cell 510-3341 www.donaldhillisrealty.com • www.auctionzip.com

#### **Fun Facts About Spring**

Spring is Tornado Season: While spring might evoke images of sunny days and blooming flowers, it's also a time of increased tornado activity, especially in the US.

Easter's Date is Determined by the Spring Equinox: The date of Easter is calculated based on the first Sunday after the first full moon on or after the vernal equinox.

Children Grow Faster in Spring: A common belief, though not fully proven, is that children experience a growth spurt in the spring.

The Vernal Equinox Marks Equal Day and Night: The vernal equinox, marking the beginning of spring in the Northern Hemisphere, is when day and night are equal in length (approximately 12 hours) across the globe.

Pollen Misconception:

While spring is often associated with pollen allergies, pollen season can actually begin earlier than the start of spring in some areas.



Many wildlife animals are born in spring

# ABSOLUTE

Saturday March 22, 2025 9:00 AM

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#### WTF fun fact #13584

Did you know owls don't have traditional eyeballs? Instead, they've got tubular eyes fixed in place! This unique design allows them to take in more light, making them expert hunters in the dark. But since they can't move their eyes, they turn their heads up to 270 degrees to get a wide view.



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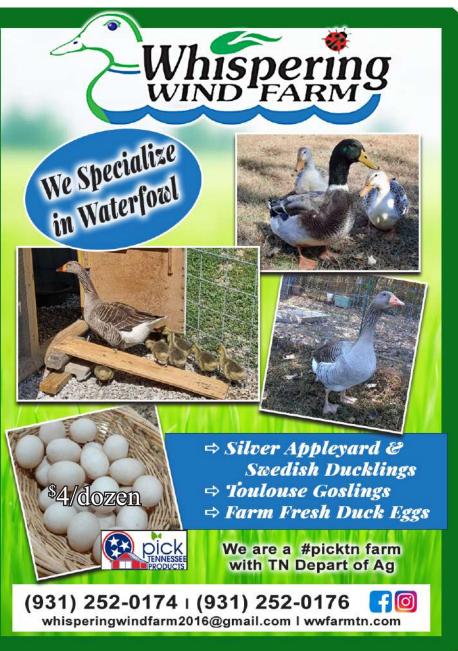
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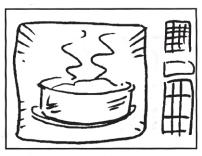
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If you microwave your foods in a square container and aren't happy with the results, try cooking them in a round one. Food cooks better in round containers.



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# Recipe Korner

#### Frozen Strawberries: Just As Nutritious And Tasty As Fresh

(NAPS)—There's nothing quite like the taste of fresh strawberries—every sweet, delicious bite conjures warm memories of spring and summertime. But did you know that same fresh strawberry taste—and the health benefits—can be enjoyed during the chilly months when you select frozen strawberries?

Strawberries are harvested at their peak of freshness in California, hand-picked from the fields and immediately frozen—capturing all of their nutritious benefits.

"When it comes to strawberries, science shows no significant differences in vitamins, minerals, fiber, or antioxidants between fresh and frozen strawberries\*," says registered dietitian Colleen Wysocki. "People can feel good about having affordable, nutritious frozen strawberries with a longer shelf-life all year long."

#### Just 8 a Day

Strawberries are not only low in sugar and calories, they also provide a unique combination of essential nutrients, dietary fiber and phytochemicals. Eight medium strawberries, which is a one-cup serving, has more vitamin C than an orange and is packed with beneficial antioxidants and nutrients including potassium, folate and fiber. Clinical research suggests that eating just one serving of eight strawberries a day may improve heart health, help manage diabetes, support brain health, and reduce the risk of some cancers.

#### Ways to Use Frozen Strawberries

Choosing frozen is a great way to enjoy delicious strawberry goodness all year long. Frozen strawberries are the perfect ingredient for making sauces for dessert toppings, adding to smoothies, and making jams or jellies. Frozen strawberries can be used to make festive cocktails, and even savory appetizers like salsa or gazpacho.

For more information and recipe ideas, visit: californiastrawberries.com.

Entertaining soon? This Strawberry Crisp is the perfect dessert to feed a large group for the holidays! Top it off with vanilla ice cream or frozen yogurt.

#### Strawberry Crisp

Prep Time 15 minutes Cook Time 45 minutes Total Time 1 hour Servings 8



This sweet strawberry crisp can easily be made at any time of year with frozen strawberries.

#### Ingredients

#### For topping:

- 3 cup old fashioned oats
- 3 cup flour of choice
- 6 Tbsp cold butter (or coconut oil)
- 2 Tbsp granulated sugar
- 2 Tbsp brown sugar
- ¼ tsp ground cinnamon
- ½ cup walnuts, chopped

#### For filling:

- 4½ cups frozen unsweetened whole strawberries, thawed and chopped
  - 3 Tbsp cornstarch
- 4 cup maple syrup
- 1 Tbsp lemon juice
- 1 tsp vanilla extract

#### Instructions

- Preheat the oven to 375° F.
- Add the dry topping ingredients to a large bowl and mix well.
- Use forks or a pastry cutter to mix in the butter, mixing until clumps form.
   Place the topping mixture in the refrigerator while making the filling.
- In a large bowl, mix together the thawed and chopped strawberries, cornstarch, maple syrup, lemon juice, and vanilla. Stir until they are well combined.
- Place the filling into a 9x9 baking dish or a skillet.
- Sprinkle the topping evenly over the strawberries.
- Bake the crisp for about 40-50 minutes, or until the topping is golden brown and the fruit is bubbling.
- Remove from the oven and let cool.
- Serve with vanilla ice cream or frozen yogurt and enjoy!

But now apart from the law the righteousness of God has been made known, to which the Law and the Prophets testify. This righteousness is given through faith in Jesus Christ to all who believe. There is no difference between Jew and Gentile, for all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus. God presented Christ as a sacrifice of atonement,

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Love cures people, both the ones who give it and the ones who receive it. - Dr. Karl Menninger

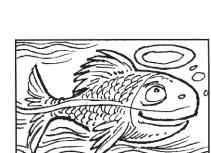
# children's consignment sale

**MARCH 19TH-22ND** Wednesday & Thursday 9am-7pm

Friday 9am-5pm 1/2 Price Day on Saturday 8am-3pm

Sale will be held at Algood Middle School 540 Dry Valley Rd. - Algood, TN

FOR MORE INFORMATION CALL 931-261-0498 WWW.PASSITONCONSIGN.COM



Page 15

The name of the halibut fish comes from the word holy since it was widely used as food on Christian holy days.

# **YOU Can Help Us to Give Hope and a Future** To The Homeless



**LUKE 15:4-7** 





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"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11

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One good thing about Internet dating: you're guaranteed to click with whomever you meet. - Mongo



The superior man is modest in his speech but exceeds in his actions. - Confucius

# ESTATE AUCTION

**SATURDAY • MARCH 29, 2025 • 10:00 AM** 

#### - HOME ON THE RIVER! -

224 McGee Road, McMinnville, TN



#### **Estate Auction Sale Private Convenient Home** 3 Level Home/Cabin on the River Property of Betty Rhea and the late James Rhea

Here is a property everyone is looking for! This 3-level home or cabin has 2 bedrooms and could be made 3. Great room, kitchen area with all appliances included, dining room, ½ bath, and utility on main level. One level lower is the den or 3rd bedroom just by adding closet, then one level lower is a bedroom with tub.

The entire rear of this home/cabin has windows overlooking the Collins River. Add your personal touches. Solid western cedar and solid pine board paneling is throughout the home/cabin. Mr. Rhea used screws not nails to build this! A metal roof too! A detached 2 room storage or unfinished cottage is on the property too.

If you are looking for this one-of-a-kind property, then here it is! Tax map says 2 acres with 500 feet on Collins River! If you have ever wanted an Airbnb here it is!

Call our office today to see inside before the auction. Selling to the highest bidder!

TERMS: \$25,000.00 down day of sale, balance due in 15-30 days. Possession with deed at closing. 2025 Taxes to be prorated. A 10% buyer's premium will be added to the winning bid to determine final contract price. Broker participation offered.

Donald Hillis Realty & Auction Company - 101 Morrison Street, McMinnville, TN 37110 931-473-7774 - Firm# 7794, Principal Auctioneer# 2232



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Wes Williams, Aff. Broker, Auctioneer, Cell 808-324

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CASA OF THE TENNESSEE VALLEY

# 2025 BASS TOURNAMENT FUNDRAISER

CANAL RAMP - LENGIR CITY TN

TELLICO/FT. LOUDOUN LAKE APRIL 12TH, 2025

Blast-off at Safe Light | Weigh-In at 3:00PM Breakfast and Lunch Provided

#### REGISTRATION

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For more information, please contact event organizer, Travis Williams (865)356-4794 or CASA Executive Director, Sherri Hundley (606)682-1522



Payout based on minimum of 100

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A009446 Male, Great Pyrenees & Austrailian Shepherd. 1 yr 2 months old.



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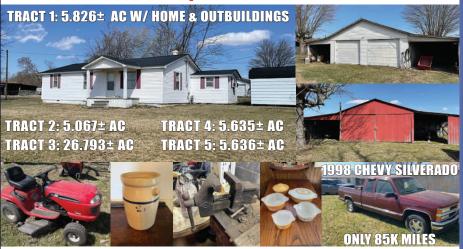
**HOURS: M-T & TH-F • 12PM-4PM** 2606 Gainesboro Grade, Cookeville, TN • 931-526-3647 • cpas@frontiernet.net

# AUCTION SATURDAY APRIL 12th @ 10:00 AM

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**Tools:** 8' utility trailer, 2-wheel yard cart, Craftsman pressure washer, Craftsman tool box, Redline tool box, crosscut saws, Homelite 4400w generator 8hp, Craftsman LT3000 42" riding mower, Craftsman air compressor, Craftsman 2550 PSI-2GPM pressure washer, handsaw, red metal cabinet, ratchet sets, 49 pc. screwdriver kit, Wizard 6-amp battery charger, Task Force weed eater w/ 2 batteries & charger, Feather Light weed eater FL-26, squirrel fan, cabinet, table w/vice & bench grinder, Littlestown, PA vise, bench grinder, Task Force blower, 22" weed trimmer, air tank, 2 ½ ton hydraulic floor jack, crowbar, metal cabinet & contents, duster, potato fork, mechanics creeper, Craftsman drill w/charger, Black & Decker hedge trimmer.

**Furniture & Appliances:** Antique dining set including China cabinet, whiskey stand, buffet, expandable table & 6 chairs, Davis made table w/ 4 chairs, stereo cabinet, matching champagne chairs, gold arm chair, cabinet w/ glass shelves, piano, La-Z-Boy overstuffed recliner, bookshelf, queen size 4 post bed, 9 drawer dresser w/ mirror, 5 drawer chest, wardrobe, bench, gun cabinet, glider rocker, seaman's chest, full size bed, pink dresser w/ mirror, pink chest, camelback trunk, Hotpoint fridge/ freezer, ice cream maker, NIB GE 11,900 BTU window a/c unit, Kenmore electric dryer, Maytag washer, Frigidaire dehumidifier, Thermolaire gas stove.

Home Décor & MISC: Early American Prescott punch bowl w/ cups, 1983 Kroger 100th anniversary Coca-Cola platter, 9" cast iron skillet, set of Pyrex yellow daisy pattern, cake decorator set, Anchor Hocking casserole dish, Tupperware deviled egg dish & lid, vintage canister set, electric skillet, cobalt glasses & salt & pepper, brass napkin rings, set of 8 blue ceramic plates & 7 bowls, casserole dish, egg plate, blue cookie jar, figurines, #2 crock, Brother XL-3010 sewing machine, Boxcar children's book collection, gospel record collection, nesting chicken tureen, Chattanooga Intelect Tens machine, 1992 Bill Clinton/Al Gore campaign signed postcard, floor lamp, magnetic dart board, crock w/ lid, oil lamps, heavy glass candle sticks, amber candy dish, matching green lamps

#### AND MANY MORE ITEMS TOO NUMEROUS TO MENTION!

**Directions:** From the Hwy. 70S & Hwy. 56 intersection in McMinnville head west on 70SW 1.1 mi. Take the Woodbury exit 7.3 mi. Right onto W Green Hill Rd/TN-287N 2.7 mi. Left onto Cherry Springs Rd. 2.1 mi. Right onto Smith Town Rd. .5 mi. Auction on the left.

**Real Estate Terms: 10% BUYER'S PREMIUM.** 10% will be added to final bid to determine contract price. 10% down day of sale. Balance due at closing within 30 days. Taxes to be prorated. Possession with deed.

Personal Property Terms: 10% BUYER'S PREMIUM. Cash or check day of sale.

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friends had already earned \$20,000 with their fledgling computer data tracking company.

#### Love Hard

Right before I was married, my mom told me that she once overheard me on the phone when I was 14 years old. I was talking to my brother who was in college. Apparently, I was ranting that it was hard being at home without him because our mom embarrassed me and wasn't like "other moms." My mom told me she cried for three days after that phone call. I never knew.



She made a tremendous effort to connect with me and provide the fun teenage years she never had, and even though she knew we were going through typical pains associated with teenagedom she didn't know how I truly felt.

As I listened to her words as an adult, I felt the heat of shame creep up on my cheeks. Of course, I was mortified. I attempted a feeble apology for my behavior during those years and claimed that it must have been my hormones.

But even though decades have passed by, and we have an amazing relationship now, I remember feeling that way. I remember feeling embarrassed of my mother and wishing I could be a little 'cooler" than my family could manage. Luckily, that was a short phase, and it didn't take long for me to realize that I was acting like an idiot, and my mother was a living, breathing saint. God and karma had the last laugh, however, and blessed me with three

I think about that story a lot when I am in the weeds of parenting three teenage girls, which, to be honest, is every day. I think about how I broke my mother's heart and how she often tells me she course-corrected a lot based on my attitude toward her. If I was belligerent, she knew it was often something going on with my friends. She let me get away with a little bit more then. If I was exceedingly obedient, she knew I was guilty of something and she tightened the reigns. When I lashed out at her, she knew she

needed to reel me back in a little tighter.

But to think that I didn't hurt her during these times, to think that she didn't take it personally, well, I could tell by her face that she carries a little bit of that pain with her to this day. It's this knowledge that frustrates me sometimes when experts say, "Don't take what your teen says or does personally." I mean, I understand it in theory They will make bad choices that are not a reflection of your parenting. Sometimes they just want to get a rise out of you. It could just be hormones or "hanger" or simply them slowing breaking away. But my relationship with my children is the most personal thing in this world to me, and during this tumultuous time their words and actions often shatter my heart. I often tell myself that I'm too emotional, too invested, but I don't know how to parent any other way. I'm not even sure if I would want to. But instead of telling parents not to take it personally, let's start acknowledging that there will be times your teen strikes you where it hurts, perhaps even where you are most vulnerable. Let's start by admitting that watching your teen make poor choices is by admitting that watching your teen make poor choices is gut-wrenching. Let's start supporting each other through those times when our teens break our hearts. Because every one of us is going through it, feeling it, trying to figure out what we're doing wrong. And if you're not, consider yourself lucky. It's all personal. I'm not glad I hurt my sweet mom, but I'm glad she kept feeling my emotions. I'm glad she didn't respond in kind, and instead parented the kid in front of her at any given moment. I'm glad she called me out when I acted like a brat and lost her temper because I pushed too hard and coddled me when I needed it most. She simultaneously felt every emotion as I went through it, and loved me through it all. It was personal to her and part of our story. I wish the experts would say, "Your teen will break your heart, but I promise you'll survive. In fact, one day, if you're lucky, your relationship will be stronger because you felt it all—the good times

Because I'm no expert on raising teens, but that's the one thing Whitney Fleming, Author

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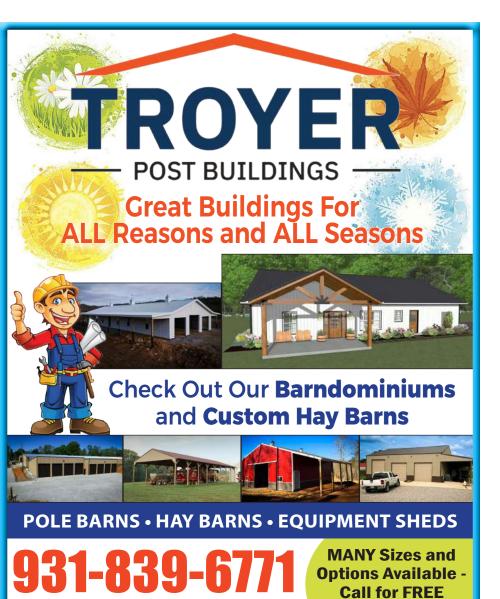


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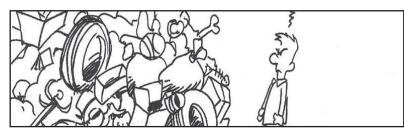


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engenders wisdom.
- Menander



You can't have a light without a dark to stick it in. - Arlo Guthrie







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He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem. Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. We all, like sheep, have gone astray, each of us has turned to our own way; and the Lord has laid on him the iniquity of us all.



Isaiah 53: 3 - 6

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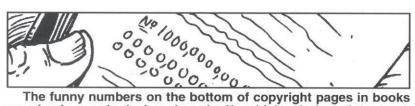
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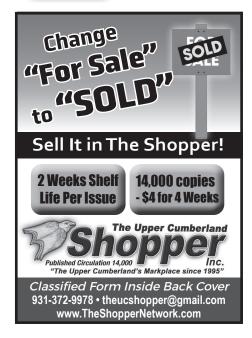
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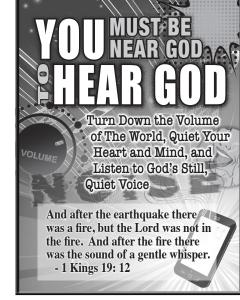


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We are rich only through what we give; and poor through what we refuse and keep. Madame Swetchine





SALVATION PATHWAYS



Speak clearly, if you speak at all; carve every word before you let it fall. Oliver Wendell Holmes, Jr.

### **Tennessee Waste to Jobs Act** by Lisa Luck



Tennessee has a huge problem. Landfills are filling up rapidly. Population in middle Tennessee continues to increase which also increases the amount of waste that counties manage. Waste in Tennessee is 30 percent higher than the U.S. average. Approximately 10% or less of the waste is currently recycled. Seventy-five percent of the waste we discard could be captured and either recycled or composted instead of being taken to a landfill.

The Tennessee Waste to Jobs Act (TWTJ) is a new initiative that can reduce waste in Tennessee. The bill is currently making it's way through the state legislature. The Senate has chosen to defer action until 2026. The Legislature has assigned further discussion to the Agriculture & Natural Resources Committee. This bill is important as it will reduce waste and create economic opportunities for our state, counties and municipalities. Waste management is currently funded by county and municipality taxpayers, and financial support is provided via grants funded by the State of Tennessee's Department of Environment and Conservation.

Billions of dollars worth of materials are discarded in a landfill on an annual basis by businesses, government, and individuals. These landfilled materials are needed by manufacturers to reduce costs when purchasing raw materials. Materials such as glass can be collected and ground to be used in the place of sand by tile producers. The ability to purchase recycled glass locally will reduce transportation and other costs involved in purchasing sand from other states. Cardboard can be reused over and over again for making more cardboard packaging. Aluminum cans, pie pans and other aluminum packaging can be reused indefinitely. Two-thirds of the aluminum used in U.S. manufacturing comes from Canada. Tariffs will increase the cost of goods and packaging for consumers. Recycling aluminum locally could keep prices from rising to levels that are beyond what the consumer can pay. An increase in costs can be avoided by reusing resources rather than discarding them.

TWTJ will require manufacturers who produce packaging for goods to participate in recycling, reusing and composting through Producer Responsibility Organizations. Waste from one producer can provide materials for another producer. This will create a local circular economy in Tennessee and provide revenue and savings for all manufacturers and consumers. There are not enough materials being collected and recycled to provide adequate materials for manufacturers. Much of the current packaging cannot be recycled or composted and the cost of collection and landfilling these materials is managed by taxpayer dollars.

Many residents get angry when the materials they collect for recycling cannot be recycled. This is an infrastructure problem – not a problem that a county can solve alone. It takes the inclusion and participation of all stockholders. Ask your state representatives to support this bill. Passage of this bill will create revenue for the State of Tennessee, businesses, counties and municipalities. This bill will promote the reuse of expensive feedstock and create a circular economy in our state and create new jobs. TWTJ is a win-win proposal that will benefit all Tennesseans.

Lisa Luck is a writer living in Cookeville, TN

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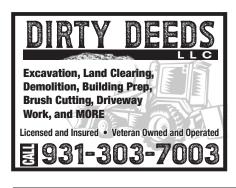
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'Can God really clean up the mess in my life? Am I so important to Him that He would hear my voice above all the other voices that call on Him every day? Do I make a difference to Him when so many others seem to have more significant issues than I? Should I really bother Him if I don't really have much faith? Can God do a few miracles for me? If I don't have money to give will He still hear me?" We often hear of God's power but question whether or not He can do what He says He is able to do. Sometimes when we ask the question can God we do so with hope and other times with hopelessness even resignation

wondering if He really is a can do God! In Psalm 78:19 our writer makes an interesting statement: "They spoke against God" because they questioned His ability when the Israelites were walking in the wilderness and had no food. They even asked, "Can God furnish a table in the wilderness?" They guestioned God's ability to do something when they saw nothing. But God can do anything with nothing. Perhaps they forgot about Creation: "In the beginning God created" everything - and He did it from nothing Nothing! God has unlimited resources and might that exceed anything we can imagine. And we must not forget His unlimited love! So, when we add His resources to His might and mix in His love then add His wisdom with the plan He has laid out for each of us, it is not "CAN GOD" - it is GOD CAN! Our God is a CAN DO GOD!



#### Drink To Your Health

(NAPSA)-If you're like 64 percent of Americans, you drink a cup of coffee every day.

While many coffee drinkers still prefer their coffee black in its most natural form, coffee tastes have evolved over the years. Today, the market offers many caffeinated beverages formulated with sugar and fat that add calories and can offset the inherent benefits of caffeine, such as alertness and a feeling of increased energy.

Health-conscious consumers, however, are making dramatic changes to their diet and choosing food and beverages that not only taste good but offer nutritional benefits as well. There is an almost endless number of new drink products that provide more than great taste-they help people reduce calorie intake and fuel their day. Recently, the coffee category has started growing with novel alternatives to sugary coffeehouse beverages with healthy ways to start the day or provide an afternoon pick-me-up.

While people drink coffee throughout the day, they are, increasingly, seeking something more than a caffeine pickme-up. Alternatives are available that are great tasting, low fat, packed with protein and deliver a feeling of energy all in one. Coffee drinkers who want alternatives to sugary drinks, as well as something that offers nutritional benefits, are turning to Herbalife Nutrition High Protein Iced Coffee. It contains two grams of sugar and no artificial flavors or added colors. The 100-calorie drink mix is big on taste and provides 15 grams of protein and 80 mg of caffeine per serving.

"Everyone loves the refreshing taste of iced coffee but not the calories and sugar that come with many coffeehouse options," said Susan Bowerman, MS, RD, CSSD, CSOWM, FAND, Senior Director of Worldwide Nutrition Education and Training at Herbalife Nutrition. "Our high-protein iced coffee is the perfect healthy snack and is a great



You can enjoy a refreshing pickme-up without drinking something loaded with fat and sugar.

alternative that can be enjoyed at home or on the go."

Bowerman offered some additional delicious and nutritious beverage suggestions:

#### Digestive Health

Gut health is a hot topic as people try to find new ways to keep the body in balance by consuming foods and beverages that support a healthy digestive system. Kombucha, vinegar and probiotic-enhanced drinks continue to garner a lot of interest to support a healthy gut. However, many probiotic drinks are filled with sugar to counter the taste of yogurt. A healthy, old-fashioned option to aid digestion is to keep hydrated by drinking a lot of water. Drinking too little water slows down the digestive system. Perhaps best of all-water has zero calories.

#### Sugar Reduction

Obesity rates in the U.S. continue to soar. Fortunately, it can be easy to cut sugary drinks out of the diet and swap with lower-calorie options. Instead of hitting the juice bar, consider replacing juice with fruit.

#### Learn More

For more facts and tips, go to www. herbalife.com.



We often repent of what we have said, but never, never, of that which we have not. - Thomas Jefferson



### Open Hearts Can Open Doors



Youth Villages is a private, nonprofit organization dedicated to helping children with emotional and behavioral problems and their families live successfully.

We provide direct help to thousands of children and families each year; partner with innovative states and high-performing nonprofit organizations that use our effective program models; and advocate for positive change to child welfare systems around the country.

Our approach involves intensive work with the child and family; a focus on measuring outcomes; keeping children in the community whenever safely possible; and providing accountability to families and funders. The Youth Villages approach produces lasting, positive change for children.

While we help children from birth to age 22, the majority of the children who receive services from Youth Villages are between 12 and 17.

Children come to us because of emotional and behavioral disorders, physical or sexual abuse, substance abuse, or suicidal ideation or attempt. Our LifeSet program is a bridge from foster care to successful adulthood for young people who have experienced foster care.

More than 85% of Youth Villages children have multiple problems, which may include developmental or learning disabilities, as well as family issues and instability.

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See, they will come from afar - some from the north, some from the west, some from the region of Aswan." Shout for joy, you heavens; rejoice, you earth; burst into song, you mountains!

For the Lord comforts his people and will have compassion on his afflicted ones. But Zion said, "The Lord has forsaken me, the Lord has forgotten me."

"Can a mother forget the baby at her breast and have no compassion on the child she has borne? Though she may forget, I will not forget you! See, I have engraved you on the palms of my hands; your walls are ever before me.

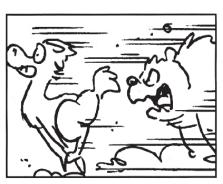


49: 12 - 16

80% OF







A brown bear can run faster than a horse at full gallop.



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The only love worthy of a name is "unconditional." - John Powell

As Americans, we need to be outraged at the pace of borrowing and spending by our Federal Government! Our national debt has ballooned to more than 35 trillion dollars, and in only two years will be greater than all of the goods and services produced by everyone in the entire United States in an entire year (GDP), for the first time since 1946. At that time, the United States, along with allied countries, were fighting World War II, so at least there was a purpose for the extra borrowing. Since that time. there is no reasonable explanation for all the

even more terrifying is that our elected representatives are now spending \$963 BILLION on interest alone on our National Debt in 2024. That amount is more than our entire annual military budget! Keep in mind that this huge amount is only the interest on all the money that our government has already borrowed, so with them continuing to borrow more and more money every year, this bill continues to grow every year. This is UNSUSTAINABLE and

excessive borrowing. What is

MUST STOP NOW!

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Let's be clear: as Americans, this is **OUR MONEY** that they are borrowing. The interest on our National Debt is paid with **our tax dollars!** Currently, our government

appears to be content with continuing the spending and borrowing spree that they have been on for many years. All of the new spending proposals from both major parties will increase the national debt substantially year after year, which will increase the amount of interest that WE, as Americans, will have to pay with our tax dollars. We have all heard the adage "there is no free lunch" - this is true. Everything in life is paid for somehow by someone. When our government promises to

to help more Americans, it is always done with borrowed money, since our government spends more money every year that it brings in from taxes. As a country, we cannot promise the do everything for everyone, and stick the taxpayers with the bill! We must have a balanced budget in Washington, and stop

spending more money than we

come up with more money

Our Constitution guarantees us a government "by the people and for the people." As Americans, we have to do our part to hold our elected representatives accountable for their actions. We are their bosses, and they have the responsibility to represent ALL Americans. Let's all hold their feet to the fire and INSIST that they put an immediate end to this insane, runaway spending BEFORE they run our entire economy **OVER a Cliff!** 

bring in with taxes.

 $Sources: New\ York\ Times,\ USDebtClock.org,\ Fiscal Data. Treasury. gov$ 

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.



4: 29 - 32, 5: 1 - 2

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Sorrow looks back, worry looks around, faith looks up. - Anonymous



Control oil and you control nations;
Control food and you control the people.
- Henry Kissinger

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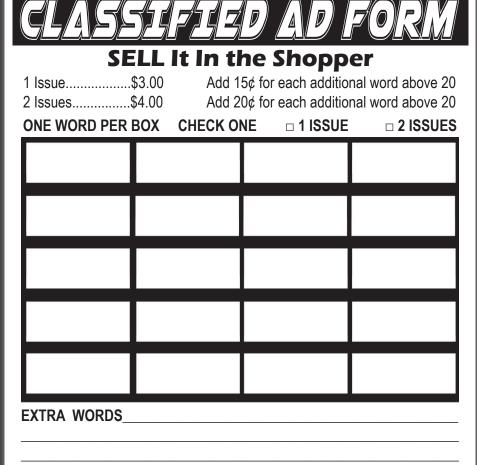
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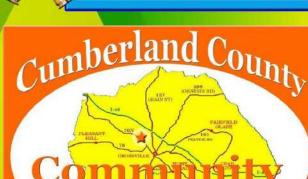
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