

Feb. 28 - March 13, 2025 • Vol. 31, No. 4

"Love prospers when a fault is forgiven, but dwelling on separates close friends." Proverbs 17:9 (NLT)







## **MOYER'S REPAIR**

田

**2 LOCATIONS TO SERVE YOU** 

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# RITCHASON

AUCTIONEERS .

# 3 RING LIVE ONSITE ALLOW OF THE STREET OF TH

MARCH 8TH

9AM CST

CONSIGNMENTS DUE FEB 28TH



Visit Bid.Ritchason.com to view the FULL CATALOG!

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"You're getting sleepy. Very sleepy. Sleepy because work is a lot. And the kids are driving you nuts. Also your parents, all the normal day to day crap, and don't even get me sstarted on the news..."



2920 Old Union Rd., Sparta, TN 38583

Residential and Commercial - Big or Small

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#### The Breath of Life

"Teach those who are rich in this world not to be proud and not to trust in their money, which is so unreliable. Their trust should be in God, who richly gives us all we need for our enjoyment. Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others. By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life. Timothy, guard what God has entrusted to you. Avoid godless, foolish discussions with those who oppose you with their so-called knowledge. 1 Timothy 6: 17-21 Some people have wandered from the faith



by following such foolishness."



(NLT)



'OK, kids, this is the moment we've been preparing for."



# Community Events Calendar

EMAIL: THEUCSHOPPER@GMAIL.COM FOR A FREE LISTING OF YOUR EVENT!

**ONGOING:** 

**FREE Income Tax Return** preparation assistance and filing services available. Sponsored by AARP Foundation through April 9, each Tues. and Wed. from 1am - 3 pm at the Cookeville branch of the Putnam County Library, 50 E. Broad St., Cookeville, TN.

**Coffee With A Vet** Everyone is welcome Fellowship Hall, to come have a coffee with a vet every Thursday morning at Big O's Donuts at 8 am. All veterans are welcome. For info call Rich Buford at 360-393-1147.

Tai Chi: The Baxter Senior Center will hold chair aerobics and Tai Chi class every Tues. and Fri. at 10 a.m. Info. call 931-858-5657.

**Arts and Crafts** Corner: Mondays from 10:15-11:15 a.m. at the Putnam County Library. Join us for a new adult art or craft project each week. Supplies are provided.

March 4 Parent-Child **Connection Winter** 

Series, Location: Stephens Center, 880 W. Jackson St., Ste E, Cookeville, TN. Time: 3-4:30 pm. Topic of the week: Make-up Session. Call 931-823-6432 for more information.

March 4 **Cookeville Coin** Club Meeting, Location: First Presbyterian Church 20 N. Dixie Ave.. Cookeville, TN. Time: Door open at 5:30 pm, meeting starts at 6:30 pm. Meeting will feature door prizes, raffle items and an auction of member items. Please use the Chair Aerobics and basement entrance.

> March 8 WestSide Scavenger Hunt Location: Cookeville Depot Museum, 116 W. Broad St., Cookeville, TN. Time: 10:30 am -2:30 pm. Explore Cookeville's West Side, solve clues and snap photos. Lucky winners will received prize baskets filled with local goodies.

March 15 2nd Annual SPring Market Location: Algood City Park,461

W. Main St., Algood, TN. Time: 9 am -5 pm. Up to 100 vendors, food, live music, Easter Bunny and Egg Hunt.

March 15 **Burgess Falls** Hike, Location: 4094 Burgess Falls Dr., Sparta, TN. Time: 12 noon. Come join us for a hike at the stunning falls. Open to everyone and FREE, although donations to support our mission are always appreciated. This is a moderately strenous hike.

March 30 Upper Cumberland Home & Garden Show, Location: **Delmonaco Winery** & Vineyards, 600 Lance Dr, Baxter, TN. Time: 12 pm - 5 pm. Home building and remodeling ideas to decorating and landscaping. Admission is \$5. There will be shopping, giveaways, food trucks and MORE!

**CONTACT INFO TO PLACE** YOUR EVENT CAN BE FOUND ON PAGE ~3~ IN THE Information HEADING. ADS WILL BE EDITED FOR SPACE CONSIDERATIONS.

# AUCTION

Saturday March 8, 2025 10:00 AM

2306 RASPBERRY LANE, LEBANON, TN 37087

ROCK & VINYL SIDED HOUSE ON LARGE LOT - 150' X 525' 1708 SQ. FT. • 4 BEDROOM • 2 BATH • 2-CAR GARAGE







Well Maintained Rock & Vinyl Sided House, Built in 1978, 1708 sq. ft. per tax records. Consists of Living Area with Vaulted Ceiling, Hardwood Floor, Gas Fireplace, Kitchen with Granite Tops and SS Appliances, Huge Florida Room with Tile Floor, 3 Bedrooms with Hardwood Floors, 4th Bedroom or Office, Laundry Room, Covered Patio, Two-Car Garage, New Metal Roof - 2024, Blacktop Drive - 4 Years Old. Nice 150' x 525' Deep Lot in Quiet, Established Kontiki Estates. Move In Ready.

#### FURNITURE • GLASSWARE • TOOLS • ZERO TURN MOWER 10'x10' STORAGE BUILDING - TO BE MOVED

**FURNITURE:** King Bedroom Suit - Chest and Two Nightstands · Depression Era Buffet · Dining Room Table w/ 12 Chairs · Oak China Cabinet · Glass Top Table w/4 chairs · China Buffet · China Cabinet · Chair & Ottoman · 3 Door Cabinet · Mobile Island · Metal Patio Table w/ 4 Chairs · Patio Table w/ 6 Chairs · Patio Swing · Patio Chair - Glider · Much More

HOUSEHOLD: McCoy Cookie Jar · Cast Iron Skillets · Lenox Spice Box Village 24p · Iridescent Glasses 6p · Avon Dishes 36p Set · Bavarian Tea Set 10p · Gold Rim Glasses · Gold Rim Fruit Bowls 5p · Ruby Red Vase · Corn Dishes · Pheasant Glasses 8p · Royal Norfolk Cups 9p · Baum Moroccan Dinnerware · Anchor Hocking Measuring Cup · Pyrex Mixing Bowls, Etc. · Miscellaneous Glasses · Calphalon Cookware · Contemporary Native American Vase · Folk Art Canvas · Wall Shelf, Sconces · Gazing Balls · Cornhole Board · Dog Kennel · Whirlpool Upright Freezer · Maytag Washer & Dryer 3 Y/O · Much More

TOOLS: Arien IKNO XD 60 Zero Turn Mower - 181 Hrs - Kawasaki FR691 V Engine · Fifth Wheel Hitch · Clarke ZAZ Reciprocating Saw · Belt Sander · Wheel Grinder · B&D Electric Weedeater · Water Wrench · B&D Electric Blower · Pruning Saw · Pump Sprayer · Box Drill Bit · Rigid Shop Vac · Yard Cart · Floor Jack · Gas Cans · Brass Pliers · Portable Saw Horses · Framing Square · Hand Saw · Crow Bar · Aluminum Extension Ladder · 8' Aluminum Stepladder · Yard & Garden Tools · Seed Distributer · Work Table 2 Drawers · Storage Cabinet · Coleman Propane Camp Grill · Much More

Call Jim Agee at 615-504-0963 For Further Information Seller: Mrs. Patricia Cochran Is Selling Her Home Of 40 Years And Moving To Assisted Living



615.444.0909

www.AgeeAndJohnson.com
Jav White. Principal Auctioneer - License #2009

#### Geese and the Art of the Hiss!

When geese feel threatened or cornered, they may exhibit defensive behaviours to protect themselves and their territory. Hissing is one of these behaviours. It's a vocalization that geese use to communicate their unease and to establish boundaries.

The hissing sound itself is created by the expulsion of air through their beaks. Geese might raise their necks, spread their wings slightly, and open their bills while emitting this hissing sound. This display serves as a warning to potential threats, such as humans or other animals, that they are feeling threatened and are prepared to defend themselves if necessary.



Geese are naturally protective of their nests, mates, and young goslings. By hissing and displaying aggressive body language, they attempt to deter perceived dangers and maintain their safety. It's important for humans and other animals to respect these warning signals and give geese the space they need to feel secure.

# POWER HOUSE AUCTION

288 TOAD RD. DOWELLTOWN, TN 37059





Year Metal Panels or Lifetime Metal Panels



Stone & Shake • Architectural • Custom Trim Shop Dimensional Lumber & Trusses In Stock • Fasteners



"WE MOVE STORAGE BUILDINGS"





PHONE 931-738-7335 FAX 931-738-7302 5161 HICKORY VALLEY ROAD SPARTA, TN 38583

ALL PROPERTIES SELLING FROM OAK KNOB ROAD LAFAYETTE, TN (2000 BLOCK)

CITY WATER • SOILS FOR SEPTIC
MILD RESTRICTIONS • LEVEL TO GENTLY ROLLING "RESIDENTIAL HOMESITES OR **MINI-FARM ACREAGE PROPERTIES"** 



#### SAT., MARCH 8 10 A.M.

**AUCTION LOCATION: ALL PROPERTIES SELLING FROM** OAK KNOB ROAD, LAFAYETTE, TN (2000 BLOCK)





RECTIONS TO SALE SITE: Travel
Hwy. 10N (Scottsville
Rd.) to Memaw's
Grocery and Oak Knob Road; right on Oak Knob Road bearing right @ forks to remain on Oak Knob Road to property and sale site on the left (signs LADIES AND

GENTLEMEN: These are some nice

Residential Tracts with a nice Country Atmosphere! All properties will be SOLD from the Oak Knob

TERMS: 10% (non-refundable) deposit down day of sale and balance with the deed or Macon Bank & Trust is offening non-qualifying terms by paying a total of 20% down and financing the remaining 80% payable monthly @ 9.6% locked for 36 months and amortized up to a 15 year repayment plan depend on the amount of your purchase. Questions on bank terms call Macon Bank & Trust @ 615-666-2121.

AUCTION AGENT: Ben Bray 615-666-2232. REFERRING AGENT: Joe Barber 615-888-7099

## Better

#### **BEN BRAY & ASSOCIATES**

ESTATE PRIVATE SALES AND ALICTIONS

672 Hwy. 52 By-Pass W. • Lafayette, TN 37083 • (615) 666-2232 125 E. Prince St., Suite 102 • Gallatin, TN 37066 • (615) 899-6089 BEN BRAY, AUCTIONEER - Lic. #4817, Broker Lic. #262922 Auction Firm Lic. #194 • Real Estate Lic. #250140 Ky. Lic. #7189 • Ky. Real Estate Lic. #24023

www.benbrayrealestate.com

#### **AGENTS**

TRACTS #3, #4, #5 AND #18 - OAK KNOB ROAD AND OAKMERE LANE PROPERTY:

7099	Nicole Carver615-655-3621
2761	Matt Tuck615-633-8691
)441	Jared Sullivan615-670-7097
3989	Caleb Fleming615-655-7098
3786	Kelsey Goolsby270-427-9555
7246	Cayden Shrum615-670-8972
5595	Landon Colter615-633-5378
2873	Nick Hill615-388-1186
3906	Jennifer Sullivan615-476-2062
9232	Jennifer Ross615-473-7647
2161	Danielle Eldridge615-489-7865
1617	Whitney Shrum615-489-6821
3224	Claudia Sullivan615-388-9085
5298	Kyle Woodard615-388-7715
576	Jennifer West615-830-4956

**108 YOUNG AVENUE • LAFAYETTE, TENNESSEE** 



# 3 BR / 1 BATH HOUSE WITH BASEMENT

**CORNER LOT WITH FRONTAGE ON 3 ROADS (2 TRACTS)** PAVED DRIVEWAY • CITY UTILITIES • ZONED R-2 2008 FORD EDGE • GLASSWARE (FENTON, FOSTORIA)

**CROCK • CAST IRON • MARBLE TOP TABLES VICTORIAN FURNITURE • OAK DINING ROOM SUIT** PLUS OTHER FURNITURE, GLASSWARE, ANTIQUES & COLLECTABLES

MS. REBECCA CUTRELL ESTATE



SAT., MARCH 15

(REAL ESTATE TO SELL @ 10 A.M.)

**LOCATION: 108 YOUNG AVENUE • LAFAYETTE, TN 37083** 



PUBLIC SQUARE: Travel Hwy. 10N (Scottsville Road) approx. ½ mile to Young Avenue, right on Young Avenue to property and sale site (signs posted). REAL ESTATE: "Right in the Heart of the Downtown Residential District of

Lafayette." A (1-owner) 3 bedroom, 1 bath vinyl sided house with basement and sunroom (built 1956, approx. 2000 sq. ft.); living room, kitchen/dining room, den and utility room plus lots of storage space. The home is equipped with C/H/A, city utilities, plus built-in appliances. Other improvements include a deck and paved driveway. All of these improvements positioned on a large lot that fronts Young Avenue, Courthouse View and Wootten Avenue. This property has been surveyed better and very lot of the country of the coun platted and staked to be SOLD in (2) Tracts.

**TRACT #1:** House and lot @ corner of Young Avenue and Courthouse View. This lot contains 10,535 square feet and 215 feet of road frontage.

TRACT #2: Corner lot with frontage on Courthouse View and Wootten Avenue. This lot contains 10.250 square feet and 195 feet of road frontage

THESE PROPERTIES ARE ZONED R-2 WITH CITY LITILITIES AVAILABLE!

TENT • CONCESSION • PORT-O-JON

LEAD BASE PAINT DISCLOSURE: The home was const ed during the 10 days prior to the sale to conduct a on in this ad is believed to be correct but not warranted. Any anno cement made day of sale takes precedence over all other advertising

Joe Barber ......
Tim Johns ......
Penny Kirby ....
Jerry Shoulders
David Painter ...
Paulette Colter...
Stacey Brawner
Tony Day ...
Necia Borders ...
Devon Bray

Devon Bray ......
Nicole Miller .....
Katie Jones .....
Katie Bray ......
Annette Morgan

.615-633-629



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PRIVATE SALES AND AUCTIONS

672 Hwy. 52 By-Pass W. • Lafayette, TN 37083 • (615) 666-2232 125 E. Prince St., Suite 102 • Gallatin, TN 37066 • (615) 899-6089

www.benbrayrealestate.com









TERMS: REAL ESTATE - 10% (non-refundable) deposit down day of sale and balance with the deed. **PERSONAL PROPERTY** - cash or good

check (positive ID required)

AUCTION AGENT: Ben Bray 615-666-2232

REFERRING AGENT: Katie Bray 615-388-3224

## Better

## **ASSOCIATES**

BEN BRAY, AUCTIONEER - Lic. #4817, Broker Lic. #262922 Auction Firm Lic. #194 • Real Estate Lic. #250140 Ky. Lic. #7189 • Ky. Real Estate Lic. #24023

#### Α

GE	NTS	
1	Nicole Carver	615-655-362
	Matt Tuck	615-633-869
	Jared Sullivan	615-670-709
)	Caleb Fleming	
;	Kelsey Goolsby	270-427-955
;	Cayden Shrum	615-670-897
,	Landon Colter	615-633-537
,	Nick Hill	615-388-118
;	Jennifer Sullivan	615-476-206
	Jennifer Ross	615-473-764
	Danielle Eldridge	
•	Whitney Shrum	
	Claudia Sullivan .	
}	Kyle Woodard	615-388-771

Man's Ioneliness is but his fear of life. Eugene O' Neill



A lot of people financing optimists.

become pessimists from

- C.T. Jones

## **ANIMALS**

Come meet some great Forever Friends that need Homes at the Putnam Co. Animal Shelter located at: 2600 Gainesboro Grade, Cookeville, TN Call 931-526-364 for hours and make sure to bring pet id# with you. **Detroit:** male, Black & White German Shepherd & Pit Bull mix dog, 4 months old. **German** Chocolate: male. orange tabby, domestic shorthair mix cat, 12 weeks old.

Nauti: female, Brown &
White domestic short hair mix cat, 4 months old. **Pony Deal:** Male, Cream/White Catahoula Leopard Hound & American Staffordshire Terrier mix, 15 weeks old. Make room for a sweet companion in your life!

Macon Spay Neuter Assistance. We offer Assistance. We offer Affordable High-Quality Spay & Neuter Services with Bi-Monthly Transports. Greatly reduced rates. Call 615-670-0448 for appointment. www.ms-na.org. Non-Profit 501(c)(3). Macon County.

#### **CARS**

1961 Ford Falcon. 4 door, 6cyl, stick shift, buildable car, \$700. **2000 Ford Expedition,** Eddie Bauer, 5.4L V8 engine, engine misses. \$600. 1997 Ford Expedition, 5.4L V8, power, new tires and brakes, runs well. \$2,500. 931-607-6274.

#### **CARS**

2001 Chrysler Sebring LX Convertible. Raymond Johnson 931-265-6258.

You Don't Have to Spend a crazy price for a Battery. Good car & truck batteries for only \$50 + tax with exchange. B&K Auto Sales, 2595 W. Broad St. Cookeville, 931-372-1380,

#### **EMPLOYMENT**

Class A CDL Drivers Wanted: \$800 to 1,200 per week. Home at least 2 days a week. Please call Gary at 615-260-6854.

Now Seeking Self Motivated, apprentice/ helper for professional plumbing co. 931-271-0216.

#### **FARMING**

Square Bales of hay, mix of orchard grass & fescue. \$5 per bale. Livingston, TN area 931-337-1000.

Farm fresh duck eggs: \$4/ dozen. Putnam Co. We will have goslings available at the end of March. \$20 each, straight run only, limited supply on this first hatching. We will have additional goslings available later spring. Ducklings will be available in April. \$10 each, straight run only. Silver Appleyard, Swedish, & Mixed breed. Check out our website at: wwfarmtn.com or call/text 931-252-0176.

#### HOUSEHOLD

ABSOLUTELY THE BEST - Your Kitchen Cabinet Headquarters. LOW PRICES Everyday. Finished & Unfinished Oak-Ready to Install Vanity-Ext. Doors-Windows-Kitchen Counter Tops-Tub & Shower Units-Laminate Flooring. Locally owned for over 24 years. BUDGET SALES - 1930 E. Spring St. (I-40, exit 290) Cookeville, TN. Call 931-528-8879.

#### **MISCELLANEOUS**

5x10 tilt tailer; Calf Feeder - Call after 6 pm. 615-666-2940.

Singer Sewing Machine in maple cabinet. \$160 firm. 931-858-1340.

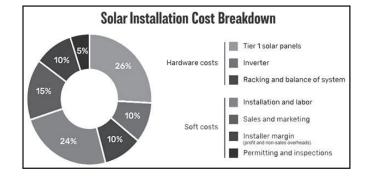
9mm hand gun, new with holster, two clips and clip loader, some ammo, brand Taurus - \$650. Call 615-419-4708.

Find it all in The Shopper!

SELLING OFF Entire Inventory. Will sell in bulk lots only, or entire store in one lot. New brand name clothes, shoes and boots, tovs, furniture, and MORE. Call 931-224-2144.

Christian, Single Senior (64), female wants to rent a room in a house with the same in McMinnville, TN. I currently live in Alabama and plan on moving there in the latter part of March. Call 256-577-9193.

## **SOMETHING TO SELL?** The Shopper CLASSIFIEDS has your buyers! Classified Form is inside the back cover Ph. 931-372-9978 theucshopper@gmail.com Large Circulation - 14,000 Copies • Affordable Rates • \$4 for 4 weeks coverage



## **3 AUCTIONS 3883 Dobbins Pike-Portland**

#### PORTION OF THE GARY SIMPSON ESTATE

#### **AUCTION #1-ONLINE ONLY**



ANTIQUES, CROCKS, FURNITURE, GLASSWARE, LAMPS, PHONOGRAPH, ANTIQUE TOOLS, AND MORE

Bidding Begins February 27, 2025 @10:00 A.M. Bidding Ends March 11, 2025 @5:00 P.M.

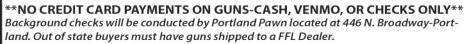
Pickup will be March 14, 2025 9:00 A.M.-4:30 P.M & March 15, 2025 9:00 A.M.-12:00 P.M.

#### **AUCTION #2- SATURDAY, MARCH 8, 2025** 9:00 A.M.

Tool & Die Equipment-Starrett Surface Block-Tools-Air Compressors-Hand Tools-Parts Washer, Tool Boxes, and



Guns-Smith & Wesson, Colt, Marlin, Stevens, Beretta, Winchester-Shotguns, Rifles, Pistols, Gun Cases/Sleeves, Scopes



TERMS - Cash, check, or credit/debit card day of sale except on guns. NO cards will be taken for gun purchases. Credit/debit cards will be charged a 3.5% convenience fee to sale total. There is a 10% Buyer's Premium for all online purchases.

**<u>DIRECTIONS</u>** - From Portland Hwy 52E towards Westmoreland, right on Dobbins Pike to sale site on the right.



www.gilliamrealtyandauction.com

#### Gilliam Statist St Auction Sales

406 N. Broadway - PO Box 7926 Portland, TN 615-325-4597 TNFL#2621 KYFL#RP2749



∑Online Bidding

Available at

Proxibid.com

#### **MISCELLANEOUS**

Warm Morning brand coal heater, model 44A, \$200. Cub Cadet rear tine tiller, \$300. Front tine tiller, new engine, \$175. Cub Cadet 106 garden tractor with belly mower, \$400 Kubota B-5200 compact tractor, 3cyl diesel, with belly mower and 3 point hitch - \$3,750. 931-607-

MISCELLANEOUS

WANTED: Hot Wheels. 1960's thru 1990's. Matchbox, Corgi, Dinkey, Slot Cars. Also: Models, Toys, 60's through 90's Text 931-200-7659 or email: franklhw@yahoo.com

Honor Your Loved Ones. Large assortment of monuments, vases, date cutting, custom sketched, and more. Affordable, experienced, and professional. Harris Monuments 246 West Bockman Way Sparta, TN. Donnie Daniels 931-205-

Wood Stove - Ashley AW2020, other sizes available. Ashley LP red porcelain heater. Also, chimney kit available. Hot Blast Model 1551E EPA Medium wood furnace. 423-505-6734.

Native American Terra Cotta and Rare Points and Blades. Caddo, Quapaw, Mississippian bowls,jugs, etc. Many arrowheads are Paleo period, will consider antique guns part trade. Call 731-412-9514.

**GUITARS!** Most any condition, reasonable cash amounts offered. Call or text Jack at Jack's Guitarcheology, Lebanon. 615.669.4530.

Paying Top Dollar for Diamonds, Gold, Watches, Antiques, Collectibles, Toys Cookie Jars & Pottery, Call 931-525-7325.

**CENTRAL BOILER** outdoor wood furnaces. Parts, accessories, insulated underground pipe, and radiant floor heat supplies in stock. Southern KY Wood Furnaces, LLC call 270-459-1840.

Are You Short on Storage Space? We Have YOUR Solution! 20' ad 40' storage containers. Our prices will surprise you! Store it all right at home. Locally owned and operated. Serving all of TN, KY, and Indiana. www.containit.info. 317-409-9000.

Vietnam Veterans of America - Thankfully accepting donations of vehicles, land, & buildings. Please support your veterans. Call 615-708-1796 or 615-579-5383.

In Need of Donations of guitars, banjos, fiddles, and some wind instruments for music therapy for veterans. Call 615-804-4404.

Blacksmith anvils. 423-505-6734.

#### **MISCELLANEOUS**

Craftsman Table Saw. Good condition, includes extra 8" dado blade. \$75 for all. 931-528-4604.

**Lap Steel Guitars custom** made in Livingston, TN. Six, eight & ten string models. Call Bob Allen at 931-823-0055. Visit us online at: www.melbertguitars.com.

Handmade coconut milk soaps. Go to crazycoconutsoap storenuy.com for all products. 931-644-1994.

Buy - Sell - Trade

2- 100 pound anvils, \$575 each; Natural gas or propane logs; Dual fuel torpedo heater. Call 423-505-6734.

CASH for Comic Book Collections. My son and I collect comic books and looking for a collection to buy. The older the better! Send pics or contact us at comicdad48@hotmail.com or text/call 615-802-2500.

**BCS Two-Wheel Tractors** now available. Big machine capacity in a small machine size. It's about the right tool for the job. See it today at Moyer's Repair Services 3757 Blackburn Mountain Rd. Sparta, TN. 931-738-

Scenic Valley Tire. 4071 Bald Knob Mt. Rd. - Doyle, TN. Specializing in Farm, Forestry, & Industrial Tires. Onsite Service Tires. Onsite Service available - we come to you. 931-254-3552

## **SPRING CONSIGNMENT** AUCTION

Saturday, March 29, 2025 @9:00 A.M.

#### 2877 HWY 52E-BETHPAGE (OAK GROVE AREA) TRACTORS-TRUCKS-HAY EQUIPMENT-CATTLE EQUIPMENT

Contact the office at 615-325-4597 to consign your farm items. Items consigned can be brought to sale site from March 20, 21, 22, 24, 25, and 26 ONLY

NO consignments will be taken on March 23, 2025 (Sunday) or on Thursday, Friday, or Saturday of sale week. Any items not consigned by March 26, 2025 will NOT be accepted into the auction. The sooner you let the office know of your consignments and pictures sent in, the more advertising you will receive.



WE WILL NOT BE ACCEPTING ANY ITEMS THAT ARE NOT FARM OR CONSTRUCTION RELATED. WE WILL NOT BE ACCEPTING TIRES, WHEELS, OR HOUSEHOLD ITEMS.

**CALL THE OFFICE TO** CONSIGN YOUR ITEMS NOW!

TERMS - Cash, check, or credit/debit cards day of sale. Cards will be charged a 3.5% convenience fee. Online bidders only will have a 10% Buyers Premium.

**DIRECTIONS** - From I-65N Exit 117 right on Hwy 52 approx 15 miles to sale site on the left.



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Statily St Auction Private & Auction Sales

406 N. Broadway - PO Box 7926 Portland, TN

615-325-4597 TNFL #2621 KYFL #RP2749



But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because he is kind to the ungrateful and wicked. Be merciful, just as your Father is merciful.

"Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.

## **CONNECTING BUYERS AND SELLERS**

For Only \$10 Per Week







#### **REACH OVER 35,000 READERS**

Only \$40 for 4 Weeks in the Newsstands

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theucshopper@gmail.com



To disarm the people is the best and most effectual way to enslave them. - George Mason



The most important thing a father can do for his children is to love their mother. - Henry Ward Beecher





tory home situated on 2.45 acres and located in Allardt This home offers over 2,000 soft of living area plus an attached garage. Enter the home through a fover while boasting a large master suite with abundant closet space, a formal dining room, eat in kitchen and large laundry room. A spacious living room in the center of

the floor plan allows for lots of room for inside entertaining or head outside to the covered back porch well suited for grilling and gathering. The exterior of the

home offers a tastefully done stucco finish with keystones over windows as well as coined corners. The 2.45 acres is mostly level and wooded allowing for lots of privacy. This is a wonderful residential opportunity in a fantastic location. Also selling quality personal property such as a Korg Electric Piano, Furniture, Appliances, Quilts, Yard Tools and More!

#### More Images. Virtual Tour & Bidding @ EAGLEAUCTIONS.COM

AMONETT'S EAGLE **AUCTION & REALTY** 931-526-5335

LEE J. AMONETT , BROKER/AUCTIONEER , (931) 252-1907

## **CROSSVILLE** E OUTL





MON-SAT 8am-4pm 931-484-4248 346 SWEENEY DR. CROSSVILLE, TN (I-40, EXIT 320)



"I just wanted to reserve this tree."

## Crabtree Crace Jewelers

1 Carat Diamond **Hoop Earrings** NOW ONLY \$699

3 Carat Diamond **Solitaire Rings** NOW ONLY \$1,999

**Storewide Savings 30-50%** Large Assortment of Levian.

**Lafont, & Citizens Watches** 

Coins. Watches. Diamonds, Gold, Silver, and Any Type of Jewelry and Collectibles

NOW \$599

1 Carat

Diamond

**Earrings** 

Financing & Layaway Available Jewelry & Watch Repair In Store

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Brake Work • Axle & Bearing Repairs Oil Changes • Motorcycle & ATV Tires

**New and Used Tires** All Brands of Tires Available

MARCH TIRE SALE Going on NOW

Check Out Our **NEW Trailer Tire** Specials |

**We Now Have a Code Reader. Trailer Tires, and Roadside Service** 

- Light Mechanical Repair
- We Now Turn Brake Rotors and Drums
- Radiator Flush
- Now Installing & Programming **Air Pressure Tire Sensors**
- Newest Tire Balance Technology
- Installing up to 28" Tires and Wheels

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#### Statistically Speaking

tion to a village of precisely 100 people, with all the existing human ratios remaining the same, it would look something like the following: There would be: 57 Asians 21 Europeans 14 from the Western Hemisphere (both north and south), 8 Africans. 52 would be female, 48 would be male. 70 would be nonwhite, 30 would be white, 70 would be non-Christian, 30 would be Christian. 6 people would possess 59% of the entire world's wealth, and all 6 would be from the United States. 80 would live in substandard housing. 70 would be unable to read. 50 would suffer from malnutrition, and 1 would be near death; I would be near birth. Only I would have a college education, and I would own a computer. When one considers our world from such a compressed perspective, the need for acceptance, understanding, and education becomes glaringly apparent. The following is also something to ponder... If you woke up this morning with more health than illness...you are better off than the million who will not survive this week. If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation... you are ahead of 500 million people in the world. If you can attend a church meeting without fear of harassment, arrest, torture, or death... you are better off than three billion people in the world. If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep...you are richer than 70% of this world. If you have money in the bank, in your wallet, and spare change in a dish someplace... you are among the top 8% of the world's wealthy. If your parents are still alive and still married...you are very rare, even in the United States and Canada. If you can read this message, someone was thinking of you, and furthermore, you are better off than over two billion people in the world who cannot read at all. Statistically Speaking, next time you feel like complaining about how bad your day is going, or how you wish it was different..

just remember how fortunate you are compared to the rest of the world.









BIG TRUCKS, BIG EQUIPMENT, & BIG DEALS

SATURDAY, APRIL 12TH 9 AM CST

> **CONSIGNMENT DEADLINE** FRIDAY, APRIL 4TH, 2025

**COREY KING LICENSE #7145** 

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Mix a little foolishness with your serious plans: It's lovely to be silly at the right moment. - Horace



Our lives begin to end the day we become silent about things that matter. Dr. Martin Luther King, Jr.

Saturday - March 8, 2025 319 Enigma Rd. **Chestnut Mound, TN** 



2 BEDROOM HOME & 5.36 ACRES SELLING IN TRACTS **OUTBUILDINGS - VEHICLES - TOOLS - GUNS** FARM EQUIPMENT - 6X12 BOX TRAILER - PERSONAL PROPERTY

DIRECTIONS: From I-40 exit 258, head north on Highway 53 and go approx. 3.5 miles and take the exit ramp on Hwy 70/Cookeville Hwy, go approx. 8 miles to Chestnut Mound and turn left onto State Hwy 53/Granville Hwy, and go approx. 2.5 miles and turn right onto Enigma Road. Go approx. 2 miles and see the property on the right. See signs!!!







te has approx. 928 sq ft with a year-round lake view. It has 2 bedrooms (10x13) (10x11) 1 bath (5x8), Eat-in Kitchen (8x11), oom (11x26), Laundry Room (6x6), Office with Lakeview (7x17), Wood Side Porch w/ ramp (4x7), Wood Covered Porch wit v (10x17). These lots have been septic approved and city water available. The tracts are open daily for viewing and we invok at your convenience.

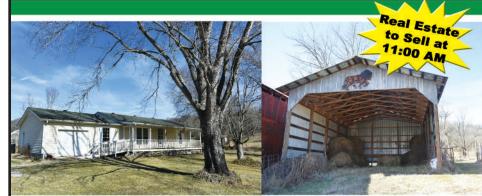
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POINDEXIER REALTY & AUCTION 615.735.2244

## **Absolute** Carthage, TN

# UCTIO

Saturday - March 15, 2025 • 10:00 AM



Home has approximately 1092+ sq ft, two bedrooms (14x15) (12x12), living room (14x21), eat in kitchen (12x17), office/bedroom (11x14), utility room (6x8), full bath (8x10), half bath (4x7). Home also has a (13x26) one car garage, (6x8) pressure treated rear deck, (13x15) concrete rear patio, and a (6x40) pressure treated front covered porch with handicap ramp. There is a new (30x40) hay barn, a (30x50) feed barn, and a (32x72) shop/implement shed. There has been no timber cut on this property in 10 years. Home has city water, and there is also a well in the back yard that has never been pumped dry.







Home & 36.82 Acres selling in Five Tracts Barns • Tools • Farm Equipment • Personal Property





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You can help us ensure that no Veteran is left behind. Make your donation to the Lebanon/Wilson County Veterans Center, Inc., and support those who have given so much to our community and nation. Contact us today to learn more.

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Online Only Auction • Bidding ends Monday Mar 3rd 6pm





















lit level fixer upper home on a flat to rolling 2.23+- surveyed acres. Located just minutes to Dale Hollow Lake this home has over 2,500 sq/ft of finished living space with 3 beds, 2 baths, eat in kitchen, laundry room, and enough space for multiple families. Fantastic investment opportunity for investors or someone's primary residence. Selling ABSOLUTE and 1 tract. Proud to offer a large assortment of personal property. Case Backhoe, case skid steer, clean

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Clean and move in ready this solid home is situated on large 0.52+- acre level lot. This 3 bed 2 bath affordable home is improved with a gas fireplace, gas cookstove, office, updated walk-in shower, and is less than a 5-minute drive to I-40. Do not miss this well kept home selling at ABSOLUTE AUCTION.

To register to bid visit:TNbid.com



**CROSS ROADS** #6589 AUCTION 🔦 GROUP



#### **Home & 2.79-- Acres • Personal Property**

Bidding ends Tuesday Mar 11th 3pm

Online Only Auction

3291 Francis Ferry Rd McMinnville TN





flat mostly open 2.79+- acres. This 3 bed 1 bath affordable home is a fantastic investment property with lots of potential located just up the road from Rock Island State Park. The 2.79+acres gives you room to develop and is a nice buffer for privacy. Selling ABSOLUTE and in 1 tract

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CROSS ROADS #6589 AUCTION 🔦 GROUP



Lakes and Land Realty/Auction

#### **ONLINE ONLY AUCTION**

4 BEDROOM 1 BATHROOM BRICK HOME ON 8.932+/- ACRES IN TOMPKINSVILLE, KY





Bidding Starts Thursday March 6, 10:00am CST Bidding Ends Thursday March 20, 2:00pm CST 207 CAPP HARLAN RD TOMPKINSVILLE, KY 42167 Open House March 14, 3:00pm - 5:00pm CST







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Lakes and Land Realty/Auction

May the Lord answer you when you are in distress; may the name of the God of Jacob protect you. May he send you help from the sanctuary and grant you support from Zion. May he remember all your sacrifices and accept your burnt offerings. May he give you the desire of your heart and make all your plans succeed. May we shout for joy over your victory and lift up our banners in the name of our God. May the Lord grant all your requests. Now this I know: The Lord gives victory to his anointed. He answers him from his heavenly sanctuary with the victorious power of his right hand.



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Go confidently in the direction of your dreams. Live the life you imagined. - Henry David Thoreau



Failures are fingerposts on the road to achievement. - Charles F. Ketterling

# EARLY SPRING 2-DAY AUCTION

**1234 HWY 68, SWEETWATER, TN 37874** 

DAY 1 WED. MARCH 12 • 9AM • LIVE AND ONLINE DAY 2 THURS. MARCH 13 • BEGINS TO CLOSE @5PM • ONLINE ONLY



**Check our website regularly for updates** 

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Bidding ends Thursday Mar 13th 3pm







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Nearly 6,000 sq/ft commercial building located in the heart of the updated and renovated Church Street neighborhood in Livingston, TN.

Ilmost endless possibilities this investment property is ready for you and your business. Upstairs is improved with 3 apartments making this mix use commercial property an investors dream.

Selling ABSOLUTE and in 2 tracts.

s: All property in this auction sells "As is, Where is" having given the right to bidders to inspect prior to bidding. No Warranties or Guarantees. 19% deposit with the balance due on or before 30 days. 16 buyer's premium. 2025 property taxes are prorated to the date of closing. All bidding takes place online. Tract 2 has 10° easement to benefit Tract 1 access to upstairs apartments.







- Located in the heart of Celina
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**AUCTION & REALTY.** 931-526-5335 WWW.eagleauctions.com





#### Taming A Snack Attack

(NAPSA)—According to the Centers for Disease Control and Prevention, 16.9 percent of children and adolescents ages 2 to 19 years are obese, and the incidence is rising.

Some say constant, unhealthy snacking is the culprit. All that extra fat and calories are adding up to a snack monster that has become difficult to tame. Fortunately, there are healthy alternatives. One example is CowRageous!, a delicious, all-natural pudding snack with vitamins A and D from Kozy Shack.



One way to tame the snack monster is to offer a moo-velous pudding instead of calorie-laden snacks.

For on-the-go snacks before band or basketball practice, or to toss into school lunch boxes, CowRageous! pudding meets the high nutritional standards that moms demand, yet provides the creamy, delicious taste wanted by kids.

The pudding is available in three kid-approved flavors—chocolate, vanilla and strawberry—and is a good source of vitamin A, vitamin D, calcium and fiber, making it a quick and healthy snack option. CowRageous! pudding does not contain artificial colors, flavors or preservatives. It is low in fat and sodium and it's gluten-free.

Best of all, it's available in convenient six-packs weighing in at 100 calories per serving.



931-397-4364 • thekidscloset2024@gmail.com

find us on Facebook



"I like the first 100 days, and the ABC countdown at the end. The stuff in the middle, not so much.'

## WTF fun fact #1300

'WAS IT A CAR OR A CAT I SAW' is the only full English sentence that, when read in reverse, will be the same!

wtffunfact.com

Tract 4

#### **ONLINE ONLY REAL ESTATE AUCTION**

110 HIGDON LANE - MONTEREY, TN 38574

BIDDING BEGINS TO CLOSE: FRIDAY, MARCH 14TH AT 12PM - NOON (CT)

**OPEN HOUSE:** 

WEDNESDAY, MARCH 12TH FROM 11AM-1PM (CT)



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The fringe benefits of farming kept him going.

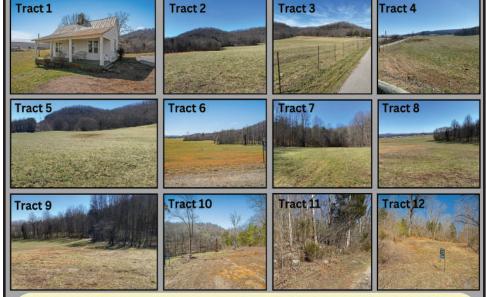




### 137.26 → Acre Farm • Country Home 12 Tracts • Mature Timber

Bidding ends Thursday Mar 20th 3pm





Tract 2

Fixer upper country home & 137.26+- acre farm. This 137.26+- acre farm is a mixture of open pasture ground and young to mature woodland ready for your livestock and dream home. Situated just a few minutes' drive to Rock Island State Park, Center Hill Lake, and Sparta, TN the farm is perfect for development or whatever your heart desires. Farming, building, recreation, and hunting it's your pick. Selling Absolute and

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#### fun fact #13699

A lightning bolt can reach temperatures of approximately 30,000 Kelvin, hotter than the surface of the Sun, which is around 5,500 Kelvin. This intense heat from lightning illustrates the immense energy released during these brief but powerful atmospheric discharges.







#### **MISCELLANEOUS**

JUST DESIGNS Gift Shop: Fair Trade Volunteer ministry, Pleasant Hill Community Church. Open Wed: 9:30am-12:00pm; First Sat: 10:00am-2:00pm. Located at 67 Church Drive, Pleasant Hill, TN.

Wanting to Buy: YOUR Standing Timber. Certified Logger, references available. Call Eli Miller Logging 270-524-2967.

You Don't Have to Spend a crazy price for a Battery. Good car and truck batteries for only \$50 plus tax with exchange. B & K Auto Sales, 2595 W. Broad St. Cookeville, TN. 931-372-1380.

The County Veteran Service Office, now located at our NEW, larger offices at 1656 W, Broad Street in Cookeville, TN, provides free services in counseling veterans, surviving spouses, and veteran families on VA benefits. They also file claims on behalf of the veteran or beneficiary with the Veterans Administration to obtain VA Healthcare. Compensation, Pension, Survivor Benefits, Burial Benefits & more. Assistance is also offered in obtaining military records, discharges from TN state records or the National Archives. Hours are Monday- Friday. 8am to 4pm. Anyone can call for Mark Harris or Thomas Jacobs at 931-526-2432.

#### MISCELLANEOUS

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#### **MISCELLANEOUS**

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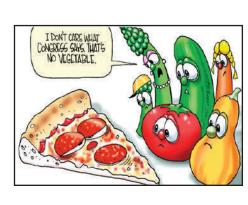
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2065 Clarkrange Monterey Hwy. Clarkrange, TN

# Recipe Korner

Shepherd's Pie

If you're looking for a delicious and easy-to-make meal that brings warmth and comfort, Shepherd's Pie is the perfect choice.

This traditional British dish is made with a layer of cooked meat and vegetables, topped with creamy mashed potatoes, and baked until golden brown.

#### Ingredients List for Shepherd's Pie

For the Meat Filling:

1 pound ground lamb or beef (ground turkey or chicken if preferred.)

1 large onion, finely chopped

2 cloves garlic, minced

2 carrots, peeled and diced

1 cup frozen peas

1 cup beef broth

2 tablespoons tomato paste

1 tablespoon Worcestershire sauce

1 teaspoon dried thyme

1 teaspoon dried rosemary

1 teaspoon salt ½ teaspoon black pepper

2 tablespoons olive oil

#### For the Mashed Potato Topping:

2 pounds potatoes, peeled and cut into chunks

½ cup milk

1/4 cup butter

½ cup grated cheddar cheese

(optional)

Salt and pepper to taste

Prepare the Meat Filling: Heat olive oil in a large skillet over medium heat. Add the chopped onion and cook until softened, about 5 minutes. Add minced garlic and cook for another minute Cook the Meat: Add ground lamb or beef to the skillet, breaking it up with a spoon. Cook until browned and cooked through, about 8-10 minutes. Drain any excess fat.

**Add Vegetables and Seasoning:** Stir in diced carrots and cook for 5 minutes. Add tomato paste, Worcestershire sauce, dried thyme, dried rosemary, salt, and pepper. Mix well to combine.

Simmer the Filling: Pour in beef broth and bring the mixture to a simmer. Reduce heat and cook for 10-15 minutes, until the sauce has thickened. Stir in frozen peas and cook for an additional 2-3 minutes.

Prepare the Mashed Potatoes: While the meat filling is simmering, boil the potatoes in a large pot of salted water until tender, about 15-20 minutes. Drain well.

Mash the Potatoes: In a large bowl, combine the drained potatoes with butter and milk. Mash until smooth and creamy. Season with salt and pepper to taste. If desired, stir in grated cheddar cheese.

Assemble the Pie: Preheat your oven to 400°F (200°C). Spread the meat filling evenly in the bottom of a baking dish. Top with mashed potatoes, spreading them out to cover the filling completely. Use a fork to create a pattern on top for a decorative touch.

Bake the Shepherd's Pie: Place the baking dish in the preheated oven and bake for 20-25 minutes, until the top is golden brown and the filling is bubbly.

6:46-49 gr hou

"Why do you call me, 'Lord, Lord,' and do not do what I say? As for everyone who comes to me and hears my words and puts them into practice, I will show you what they are like. They are like a man building a house, who dug down deep and laid the foundation on rock. When a flood came, the torrent struck that house but could not shake it, because it was well built. But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete."







"I'm updating my privacy policy"

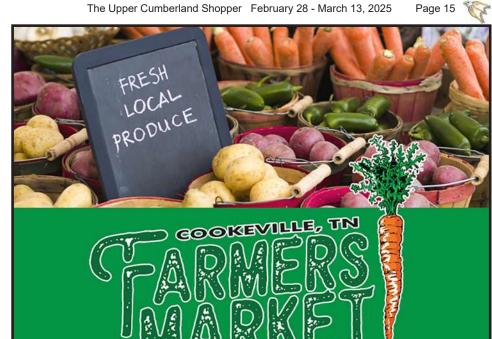




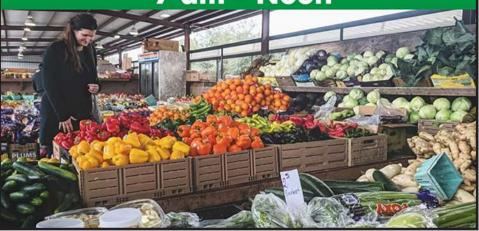
My best friend is the one who brings out the best in me.
- Henry Ford



I take a simple view of life: keep your eyes open and get on with it. - Sir Laurence Olivier



530 Mahler Ave. Cookeville, TN 7 am - Noon



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"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11

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If you want total security, go to prison. There you're be fed, clothed, given medical care and so on. The only thing lacking...is freedom.

- Dwight D. Eisenhower

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When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.





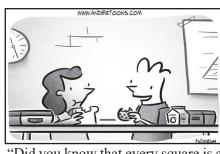
To conquer a nation, first disarm its citizens. - Adolph Hitler



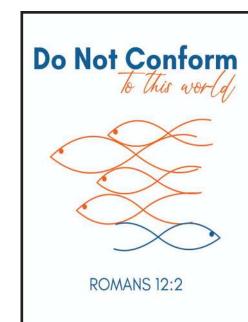
He that is good for making excuses is rarely good for anything else. - Benjamin Franklin

2606 Gainesboro Grade, Cookeville, TN • 931-526-3647 • cpas@frontiernet.net





"Did you know that every square is a rhombus, but not every rhombus is a square? I mean, you can't make this stuff up!"



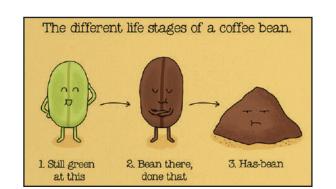


Those who trade liberty for security have neither.
- John Adams



I'm afraid of a world run by adults who were never spanked as kids and got trophies just for participating. - Anonymous





#### **Be Where Your Feet Are**

I watched as the two students noticed I was walking toward them and both stealthily slid their math homework under their writing notebooks and pretended to be totally engaged in thinking of their next writing idea. I, of course, was not fooled.

I came up behind them, crouched low and whispered, "I want to tell you both something. It's what I would tell my own kids if they were sitting in your seats. It is so important for you to learn to be where your feet are." They looked at me confused. Probably partially because they thought they were going to be in trouble and also a little bit because they didn't think this crazy teacher was making much sense. "Be where your feet are," I repeated. "That means if your feet \_\_\_\_\_ are in writing then BE in writing. Do the work, listen to the teacher, learn writing things, put down words. When you are in math BE in math, do the problems and ask the questions and do math things. If your feet are in writing and you are doing math you are only kind of doing your math and kind of doing your writing, your attention is split and you can't do your best at anything. Be where your feet are kiddos, OK? Trust me it's a whole life lesson." They nodded and smiled, so did I. Were they humoring me and happy to not be in any sort of trouble? Who knows. But I hope I planted a little seed they will think of now and then. Don't we all need the reminder to be where our feet are? Especially during this crazy busy life?

When my feet are at home, in my family room I am tempted to also be working online instead of listening to my kids or talking to my husband. When my feet are in the kitchen making dinner I am tempted to also be making lists of things left undone or looking at my phone to see what I am missing out in the world. {Let's face it our phones always want us to be anywhere but where our feet are.} When my feet are in the car I am running through lists of things I still need to do at work instead of grabbing a few minutes of silence or relaxing music that would get me ready for the next place my feet will be.

When my feet are at work I am thinking about all of the things I need to do when I get home or trying to use my lunch to get a few more deals from Amazon instead of chatting with a colleague or going for a walk. It is so darn hard to be where your feet are.

Even during the special times, the concerts and parades and dinners and celebrations we can find ourselves wondering about the next thing we need to do or rushing our people on so we can get home to do some other thing that apparently needs doing.

But we work the best when our brains stay where our feet are. When we live in the moments, right in them, even if they are really hard and even if they are really wonderful. When we are honestly and truly present to the people around us. It is so very hard, but so very life changing to even try to be where our feet are. And so worth trying. So let's all put our math homework in our backpacks for homework time and listen carefully and intently in writing class.

Let's work really hard at work during the day and then leave that place behind us at night.

Let's look into our children's joy filled eyes when we are baking cookies with them and not try and rush us all through so we can sit on the couch

Let's take a minute to linger as we drive home and let's have dessert together after dinner and read just one more story at night and let's stop always thinking about the next thing and the next thing and the next.

Let's be where our feet are my friends.

That can be the best gift we all give our people.



"I know I didn't do my homework, so I understand keeping me in from recess. Then again, recess offers badly needed exercise, social interaction, and the opportunity to refocus. It's a quandry."





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### WTF fun fact #401

At birth and throughout life, 95% of a child's intelligence is acquired from the mother.

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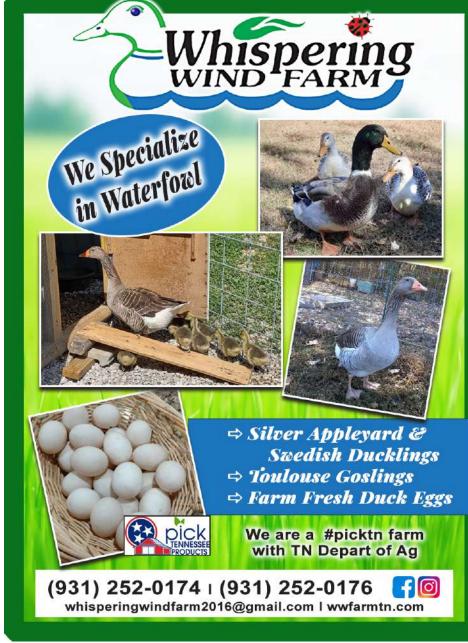




"OK, which one of you had roast beef?"



EPHESIANS 5:1-2





"He gathered his courage, looked over his shoulder, and that's when he saw it - the 8-year-old with a magnifying glass!"



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Deuteronomy 8:17-20

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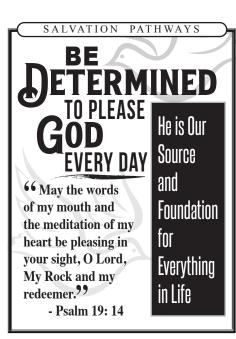
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It is the forgotten past that enslaves us. - C.S. Lewis





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To get nations back on their feet we must first get down on our knees. - Billy Graham

#### **Worried About Picking Up Cold And Flu Germs** This Winter? Stop And Scrub For 20

(NAPSA)—With last year's swine flu epidemic still on the minds of Americans, many are getting flu shots and stocking up on anti-bacterial products in an attempt to ward off infection. Despite all these proactive steps, it remains to be seen if we are doing the single best thing to prevent infection and illness—proper hand washing.

According to the Centers for Disease Control and Prevention (CDC), up to 80 percent of all infections, including the flu, can be spread by hand contact. In an effort to cut down on the spread of cold and flu germs, Seventh Generation, the nation's leading brand of environmentally responsible household and personal care products, and maker of a new Hand Wash featuring purely plantderived cleansing ingredients, is encouraging Americans to learn and adopt proper hand-washing techniques all year long.

"Many people think that antibacterial soaps are the only way to prevent the spread of cold and flu. Seventh Generation's new Hand Wash, which doesn't contain triclosan, synthetic fragrances or dyes, will do the trick if hands are washed properly," said Dr. Alan Greene, practicing pediatrician and best-selling author.

Here are several precautionary steps that Dr. Greene recommends taking to prevent the spread of cold and flu germs:

Wash hands properly: Rub hands together for 15 to 20 seconds (long enough to sing "Happy



Proper hand washing can fight flu and other germs.

Birthday" twice) to make a rich, foamy lather that covers all hand surfaces.

Know when to wash: The most important times to wash hands are after nose wiping or sneezing, after visiting the restroom, before meals and before food preparation.

Watch where you touch: Avoid touching areas of the body where germs can enter, including eyes, nose or mouth.

Go for the elbow: Refrain from coughing or sneezing into your hand. Sneeze and cough into your elbow, to prevent hands from becoming contaminated with germs.

If you can't wash, sanitize: Hand sanitizers are a convenient way to kill germs on hands when you can't get to a sink. A little dab will kill 99.99 percent of germs without any water or towels.

For more hand-washing tips or for more information about alternatives to traditional hand-washing products, visit www.Seventh Generation.com/Hand-Soap.

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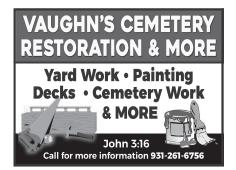
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""Be careful what you wish for - it just might come true!" is a saying most of us have grown up with. It comes with no guarantee or assurance that what we ask for is what we will get. In fact, according to some, it may be the exact opposite and result in problems. Wishing is imagining something in our minds that we want to come true - believing that our lives will be better or filled with happiness or joy or riches. It is wanting our lives to be more fulfilling or better or happier without our having to do anything or making any effort or changes. But wishing is different from hoping - especially the hope that believers have in God. We

can have unflinching and unwavering hope in God because He has done everything He has ever said He would do. There is no room for any doubt in Him or any of His promises. They are well documented and are a testimony to the fact that God is faithful and can be trusted to keep His Word. God's faithfulness, the psalmist reminds us, is so predictable that it has become "a law in Israel." And this testimony of God's faithfulness is to be passed on by fathers to their children so they put their hope in God and "never forget His deeds." God wants fathers to teach their children that hope does not come from politicians or policies. Nor does He want fathers to teach their children that they are to place their hope in acquiring wealth or worldly goods. And He does not want them to teach their children to place their hope in the knowledge or skills or talents they possess.



It's not what you gather, but what you scatter.

- Helen Keller



The Church is who we are, not where we go. - Anonymous

## Scent-sational Ideas

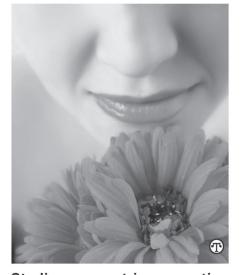
#### Feeling Overwhelmed? Stop And Smell The Roses

(NAPSA)——For decades, people have advised friends to cope with stress by taking some time to "stop and smell the roses." Now, research shows that the old cliché might be onto something—that floral scents might actually increase productivity and mental performance.

For example, a study conducted by the Smell & Taste Treatment and Research Foundation in Chicago found that people exposed to a mixed floral aroma completed memory-testing portions of neuropsychological tests 17 percent faster than those not exposed to the aroma. A study published in the journal Science showed that students exposed to the smell of roses while studying performed tests with 97 percent accuracy, compared to 86 percent accuracy among those not exposed.

"Learning and memory retention can depend on multiple variables: attention span, interest in the subject at hand, task difficulty, state of mind and what's going on around you," said Dr. Alan Hirsch, executive director of the Smell & Taste Treatment and Research Foundation. "The area of the brain that regulates arousal and sleep-wake transitions is particularly sensitive to odor. Floral odors like rose, jasmine and lavender have been shown to enhance the brain's learning mechanisms and positively impact memory."

Fresh flowers, however, aren't the only way to reap the benefits. According to Dr. Hirsch, other



Studies suggest incorporating aromatherapy into your daily routine to take advantage of the many benefits of floral scents.

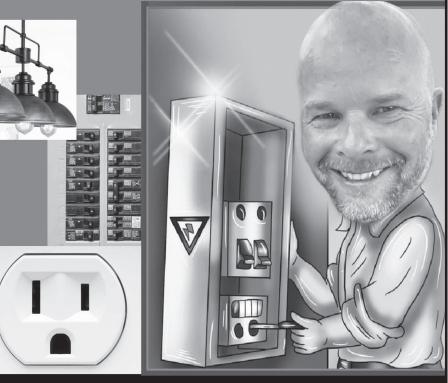
ways to incorporate floral aromas into a daily routine include:

- Use floral-scented body washes and lotions;
- Drink a cup of green or black tea rich in aromatic scents;
- Use a rose-scented room freshener at night;
- Light scented candles in high traffic areas always—just remember to keep them out of reach of young children;
- Keep sachets of lavender in dresser drawers;
- Float orange rinds in glasses of water:
- Incorporate scented cleaning products, such as Pine-Sol Lavender, which has a calming floral

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We provide direct help to thousands of children and families each year; partner with innovative states and high-performing nonprofit organizations that use our effective program models; and advocate for positive change to child welfare systems around the country.

Our approach involves intensive work with the child and family; a focus on measuring outcomes; keeping children in the community whenever safely possible; and providing accountability to families and funders. The Youth Villages approach produces lasting, positive change for children.

While we help children from birth to age 22, the majority of the children who receive services from Youth Villages are between 12 and 17.

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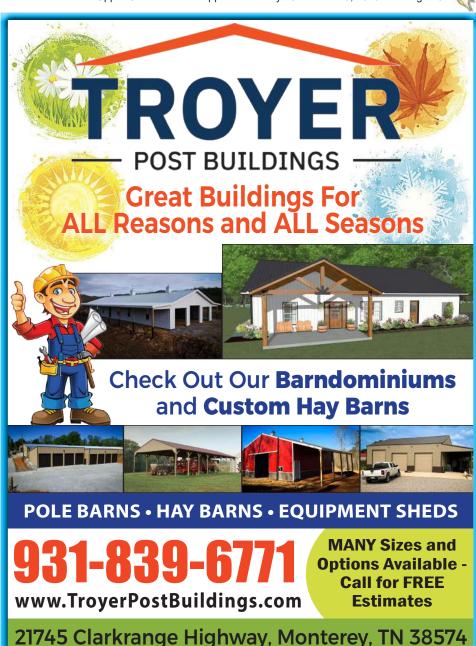
## 10 Ways to Reduce Waste by Lisa Luck

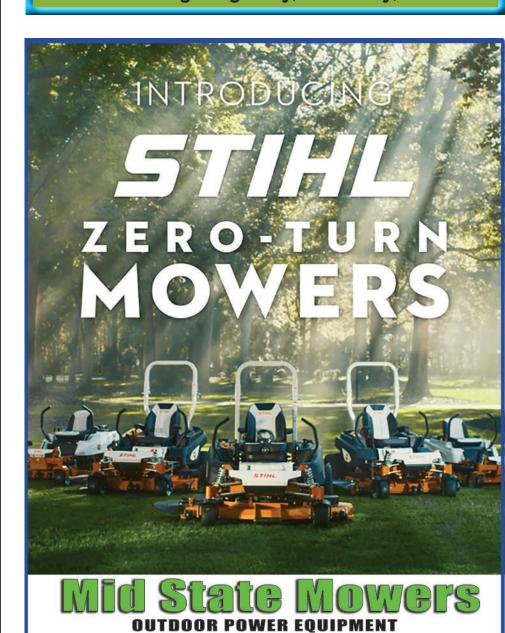


The amount of trash we discard continues to grow. With a little effort, we can reduce our waste from approximately 2,000 pounds per year to less than 500 pounds by recycling and composting. Following are some of the ways you can decrease waste.

- 1. Decrease dependence on fossil fuels. The use of fossil fuel is Earth's greatest source of pollution. Emissions from burning fossil fuels have accumulated in the atmosphere and are affecting the climate. Storms, floods, drought and extremes of cold and hot temperature complicate lives around the world. Walking is the best way to reduce emissions.
- 2. Stop using single-use plastics. They are not easily recycled and their final resting place is still in the landfill or in the oceans. Plastic products degrade into microplastics which permeate the environment. We now all breathe, drink and eat plastics as they are pervasive. Plastics are made from fossil fuels.
- 3. Support the use of clean energy. Solar, geothermal, hydro and wind power are readily available for capture depending on where in the country you live. Support the transition to clean energy by voting for candidates who are not supported by, or beholden to, the fossil fuel industry. Sustainable energy is not a priority of those who continue to reap benefits from corporations which pollute the earth.
- 4. Manage waste responsibly. Reduce, reuse, repair, recycle and refuse. Sorting your trash to remove recyclables can reduce the amount of waste you generate by 50% or more. Always compost food waste. Composting can reduce organic waste by 25% or more and reduces the amount of methane gas that is released when it decomposes in a landfill. Methane gas is a byproduct of organic materials that decompose without oxygen.
- 5. Reduce your consumption. Buy only what you need not what you want. Most of what we buy becomes garbage within six months. Save space in the landfill while saving cash in your wallet.
- 6. Limit clothing purchases. Cheap clothing often only lasts for three to four washes. These are primarily made from nylon, polyester and rayon which are manufactured from fossil fuel. As cheap clothing and bedding are washed and dried, they release microplastics into the air and water. Instead, buy quality items made from natural materials such as bamboo, cotton or flax that can last for years.
- 7. Eat foods that are grown locally and seasonally. This will reduce transportation costs and packaging waste while supporting the local economy. Approximately 40% of all food purchased is thrown away before it is eaten. Always shop with a list.
- 8. Hang clothing outside to dry. This can reduce one's utility bill by up to 20%! An added bonus is that clothes will last longer.
- 9. Reduce waste by saying "no" to products that pollute the earth. Google can assist you in finding safer options.
- 10. Plant a tree. Grow a few weeds. Support bird and insect populations by planting flowers. Avoid pesticides and herbicides. Turn out the lights at night to give everyone a rest.

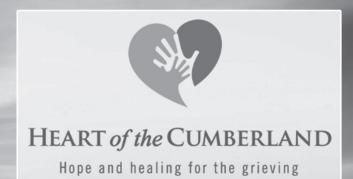
Lisa Luck is a writer living in Cookeville, TN





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Our Christ-centered community groups provide peer support for the entire family from various situations of loss. A mom or dad grieving the loss of their child can find others who share what should never be and who are the only ones who can truly understand what each other are going through. A child whose brother, sister, mother or father left this world far too soon can come to an age-appropriate group while other family members are down the hall in their own groups. For a suicide loss survivor needing hope, a widow or widower who has lost their life partner and is searching for a new normal, or a son or daughter who has to let go of a beloved aging parent - our community peer support groups are a safe place for all to grieve.

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TRACT 3 - 21.12 +/- ACRES, FRONTAGE ON QUENTIN DUBRE ROAD

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TRACT 5 - 4.56 +/- ACRES, FRONTAGE ALONG OLD GLASGOW ROAD

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TRACT 13 - 54.43 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 14 - 54.41 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD

TRACT 15 - 17.43 +/- ACRES, FRONTAGE ALONG CHANDLER ROAD

TRACT 16 - 8.41 +/- ACRES, FRONTAGE ALONG CHANDLER ROAD

TRACT 17- 12.18 +/- ACRES, FRONTAGE ALONG HIGHWAY 63 / OLD GLASGOW ROAD & FRONTAGE ALONG CHANDLER ROAD

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